

## **Royal Life Saving NATIONAL RECORDS**

The Royal Life Saving Society Australia will recognise both RLSSA National Lifesaving Records and RLSSA National Lifesaving Championships Records. A competitor or team may hold either or both records concurrently.

### **1. RLSSA National Lifesaving Records**

- a) Records may be achieved only at competitions sanctioned and conducted by a Branch of RLSSA.
- b) The events are conducted in accordance with the current edition RLSSA National Competition Conditions.
- c) The event is conducted in a duly recognised 50m, 8 lane 'Olympic Standard' pool.
- d) There are 3 timekeepers per competitor or team, except in Line Throw events, where there must be a minimum of 2.
- e) The application for RLSSA National Lifesaving Records is made on the Official RLSSA form within 6 months of the record being achieved.
- f) The conditions of the event detailed in the Current Competition Handbook are strictly adhered to.

### **2. RLSSA National Lifesaving Championship Record**

- a) These records can only be achieved at any officially organised and hosted RLSSA National Lifesaving Championship approved by RLSSA National Council.

In addition;

- a) The event must be conducted in accordance with the RLSSA National Competition Conditions.
- b) The event must be conducted in an appropriate pool as outlined in the current edition of the Competition Handbook.
- c) There must be 3 Timekeepers per competitor or team, except in Line Throw events, where there must be a minimum of 2.
- d) The conditions of the event detailed in the Current Competition Handbook are strictly adhered to.

### 3. Events

Records may be set in the following events:

Under 14 years	Male	100m Freestyle with Obstacles
Under 14 years	Female	“ “ “
Under 16 years	Male	200m Freestyle with Obstacles
Under 16 years	Female	“ “ “
Under 19 years	Male	
Under 19 years	Female	
Open	Male	
Open	Female	
30 years and over	Male	
30 years and over	Female	

Under 14 years	Male	100m Manikin Carry with Fins
Under 14 years	Female	“ “ “
Under 16 years	Male	“ “ “
Under 16 years	Female	“ “ “
Under 19 years	Male	“ “ “
Under 19 years	Female	“ “ “
Open	Male	“ “ “
Open	Female	“ “ “
30 years and over	Male	“ “ “
30 years and over	Female	“ “ “

Under 16 years	Male	100m Manikin Tow with Fins
Under 16 years	Female	“ “ “
Under 19 years	Male	“ “ “
Under 19 years	Female	“ “ “
Open	Male	“ “ “
Open	Female	“ “ “
30 years and over	Male	“ “ “
30 years and over	Female	“ “ “

Under 14 years	Male	10m Line Throw
Under 14 years	Female	“ “ “
Under 16 years	Male	12m Line Throw
Under 16 years	Female	“ “ “
Under 19 years	Male	“ “ “
Under 19 years	Female	“ “ “
Open	Male	“ “ “
Open	Female	“ “ “
30 years and over	Male	“ “ “
30 years and over	Female	“ “ “

Under 14 years	Male	50m Manikin Carry
Under 14 years	Female	“ “ “
Under 16 years	Male	“ “ “
Under 16 years	Female	“ “ “
Under 19 years	Male	“ “ “
Under 19 years	Female	“ “ “
Open	Male	“ “ “
Open	Female	“ “ “
30 years and over	Male	“ “ “
30 years and over	Female	“ “ “
Under 16 years	Mixed	4 x 50 Medley (Rescue Tube) Relay
Under 19 years	Mixed	“ “ “
Open	Mixed	“ “ “
30 years and over	Mixed	“ “ “
Under 16 years	Mixed	4 x 50 Obstacle Relay
Under 19 years	Mixed	“ “ “
Open	Mixed	“ “ “
30 years and over	Mixed	“ “ “
Under 16 years	Mixed	4 x 25 Manikin Relay
Under 19 years	Mixed	“ “ “
Open	Mixed	“ “ “
30 years and over	Mixed	“ “ “
All Age	Male	8 x 50 Fin Relay
All Age	Female	8 x 50 Fin Relay
Open	Male	200m Australia Cup (Super Lifesaver)
Open	Female	200m Australia Cup (Super Lifesaver)

#### **4. General Criteria**

- a) All records must be made in scratch competition
- b) No pacemaking shall be permitted, nor may any device be used or plan adopted which has that effect.
- c) Records can only be set in the event the competitor or team competed in, irrespective of age.
- d) Only Records standing at the conclusion of the final of an event (listed in Section 3) or at the end of the meet will be officially recognised in the form of a Certificate.
- e) Records set in the course of one event series (heats, semi finals etc.) will be recognised verbally by the announcer.

#### **5.**

**Timing**

**a) Manual (Watch)**

Any timing device actuated by an official shall be considered a watch. Such manual times must be taken by three timekeepers, or in the case of Line Throw events be two, appointed by the organisers, and preferably certified by the National Branch.

All watches shall be certified as accurate by the organisers Chief Timekeeper and to the satisfaction of National Branch.

Manual timing shall be registered either to 1/10<sup>th</sup> of a second, or if there are at least 2 digital watches which read out to 1/100<sup>th</sup> of a second, to 1/100<sup>th</sup> of a second.

If two of the three watches record the same time and the third disagrees, the two identical watches shall be the official time.

If all three watches disagree, the watch with the intermediate time shall be the official time.

If there are two watches used, the mean of the two shall be the official time.

**b) Automatic**

Where Automatic Timing Equipment is used, the Rules as defined by FINA in their current rulebook shall be used.

Times which are equal to 1/100<sup>th</sup> of a second will be recognised as equal records and lifesavers achieving these equal times will be called 'Joint Holders'.

On receipt of the RLSSA National Lifesaving Record application, the National Technical and Competition Committee shall communicate with the RLSSA National Branch. Records thus approved and ratified shall be published and certificates provided to those people where application have been accepted.

At RLSSA National Lifesaving Championships, records thereat created shall be approved and ratified by the RLSSA National Branch. Certificates shall be provided as soon as practical to the person/team achieving the record.

For Relay events, a fifth record certificate will be issued to the Branch or club whose team members have created the record.



# Royal Life Saving

THE ROYAL LIFE SAVING SOCIETY AUSTRALIA

## NATIONAL LIFESAVING RECORD – APPLICATION FORM

Competition: \_\_\_\_\_

Event: \_\_\_\_\_ Date of Event: \_\_\_\_\_

Distance of Event: \_\_\_\_\_

Name of Pool: \_\_\_\_\_

Length: \_\_\_\_\_ Depth: min \_\_\_\_\_ max \_\_\_\_\_ Lanes: \_\_\_\_\_

Name of Lifesaver: \_\_\_\_\_

Branch/Club: \_\_\_\_\_

Relay Team Names: \_\_\_\_\_

\_\_\_\_\_

Times Recorded: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Record Time: \_\_\_\_\_

City and State in which record created: \_\_\_\_\_

How many persons in event: \_\_\_\_\_

Was event a Heat/Semi Final/ Final?: \_\_\_\_\_

Name of Chief Timekeeper: \_\_\_\_\_

Received: \_\_\_\_\_ Date: \_\_\_\_\_

Approved: \_\_\_\_\_ Position: \_\_\_\_\_ Date: \_\_\_\_\_

Certificate Raised: \_\_\_\_\_

Certificate Presented: \_\_\_\_\_