

**POSITION STATEMENT NO: M - 008**

**POSITION STATEMENT: DIABETES**

**ORIGINAL POLICY: OCTOBER 1995**

**LAST REVIEW DATE: OCTOBER 2002**

**REVIEW DATE: CURRENTLY UNDER REVIEW**

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Diabetes Mellitus is a common disorder of body metabolism and can occur at any age. It is controlled by a combination of Diet, Exercise, and perhaps Medication.

In general, Diabetes does not preclude a person from any of the activities of The Royal Life Saving Society Australia.

However, it is the policy of the Society that Diabetics requiring insulin treatment can only participate in aquatic activity if they have the approval of their medical attendant who is fully aware of the nature of that activity.