

THE SOCIETY

Royal Life Saving Society Australia is one of the largest water safety and lifesaving education organisations in the world, being active in over 40 countries.

The Lifesaving movement began in England in 1891. As a means of overcoming the considerable loss of life due to drowning. The techniques were introduced in Australia in 1894 and the movement quickly spread to all States and Territories.

The Society has Branches in all States and Territories and these Branches are responsible for the management and development of programs within their geographical area. Programs are developed co-operatively at a National level and they provide all Australians with a unique National based water education program.

AIMS

The purpose of Royal Life Saving Society Australia is to prevent loss of life and injury to the community with particular emphasis to the aquatic environment.

It aims to:

- Promote safe participation in water activities through education in all aspects of water safety, personal survival, lifesaving resuscitation.
- Raise public awareness of the Society and its work and to encourage participation in its formal education programs.
- Encourage participation in a wide range of water activities, which will be of benefit in the performance of lifesaving skills.
- Promote education classes, competitions and Lifeguarding activities to help further lifesaving work in the community.

Royal Life Saving NT also conducts the following programs:

- Swim and Survive Awards
- School Basic Resuscitation
- Resuscitation and Emergency care
- Oxygen Resuscitation
- Oxygen Equipment Award
- Bronze Medallion Award
- Pool Lifeguard Award
- Teacher of Lifesaving Award
- Award of Merit
- Distinction
- Home Pool Safety
- Infant Aquatic Program
- Sunday Lifesaving
- Vacation Swimming
- Swimming Teacher Rescue Award
- Police Rescue Award
- Senior First Aid

Royal Life Saving Society (Australia) NT Branch Inc is also a registered Training Provider – RTO 076- and offers Units of competency and Certificate courses in the Community Recreation Training package.

Course dates and details can be obtained by contacting Royal Life Saving Society (Australia)-NT Branch Inc on 8981 5036 or by calling in at our office at Sports House, Waratah Cres, Fannie Bay, NT.

PH – 08 8981 5036

Fax – 08 8941 8442

Email - ntswimsurvive@rlssa.org.au

The Royal Life Saving Society Australia – NT Branch

Vacation 

Swim and Survive

4 years and up

CASUARINA POOL

Casuarina



**11th to 22nd January 2010
(Week days only)
Incorporating Junior Pool
Life Saving Sport
Development**

Royal Life Saving Society (Aust) NT
Branch Inc
GPO Box 1229, Darwin, 0801
Waratah Cres, Fannie Bay
PH: 8981 5036 FAX: 8941 8442
ntswimsurvive@rlssa.org.au

Since 1982 nearly 10 million Australians have participated in the Royal Life Saving Society's Swim and Survive Program. During this time there has been a 75% reduction in drowning in the 5-14 age group

SWIM AND SURVIVE

Swim and Survive provides a broad balanced program of swimming, water safety and survival skills in preparation for a lifetime of safe activity in, on or near the water.

Level D1	Developing Water Discovery
Level 1	Water Discovery
Level D2	Developing Water Awareness
Level 2	Water Awareness
Level D3	Developing Water Sense
Level 3	Water Sense
Level 4	Water Wise
Level 5	Junior Swim and Survive
Level 6	Swim and Survive
Level 7	Senior Swim and Survive

Following the Swim and Survive Levels is the Bronze Rescue awards (12 years to adults)

Bronze Star (12 years)
Bronze Medallion (14 years or turning 14 in that calendar year)

Royal Life Saving Society - NT BRANCH INC.

Cancellation/Refund Policy

The following procedure will apply in the event of Vacswim being cancelled or a student withdraws:

1. If the RLSSA-NT cancels Vacswim, the candidate will be notified and have the opportunity to transfer to another date. If the candidate does not wish to transfer to another date then the fee paid will be refunded in full *.
2. If notification of withdrawal is received from the candidate within 48 hours or less, prior to the course commencing, then no part of the fee or deposit will be refundable. (Unless there are extenuating circumstances.)
3. If notification of withdrawal is received from the candidate between fifteen (15) days and 48 hours prior to the course commencement, then the full fee/deposit will be refunded with a 10% administration fee deducted.

* Minimum numbers apply

About the Swim and Survive Program...

Each level of Swim and Survive has skills relating to :

- Entries and Exits
- Sculling and Body Rotation
- Movement and Swimming Strokes
- Survival and PFD Skills
- Rescue Skills
- Water Safety Knowledge

There are 7 core levels in the Swim and Survive Program. The core levels are supported by 3 development levels that sit prior to Levels 1, 2 and 3.

The Swim and Survive program can be conducted following the 7 core levels only, or as a 10 level integrated program.

Most activities are aquatic based, with some land based activities.

REMEMBER TO SLIP, SLOP, SLAP AND WRAP!

Course fees:

Swim and Survive levels D1- L4 \$90
(10 x 1 hour sessions) 0900-1000 or 1000-1100

Swim and Survive Levels 5 – 7 \$180
(10 x 2 hr sessions) 0900 – 1100

Bronze Star \$190
(10 x 2hour sessions) 0900 - 1100

Enrolment forms can be sent along with course fee to:

RLSSA-NT
GPO Box 1229
Darwin NT 0801

Tel: 8981 5036

Fax: 8941 8442

As minimum numbers apply enrolments are required by 6th January 2010

Should we not achieve minimum numbers participants will be advised by the 8th January 2010

ENROLMENT FORM

Child's Name: _____

Date of Birth: _____ **Age:** _____

Postal Address: _____

Contact Numbers:

(H) _____ **(M)** _____

Email _____

Medical Considerations: that may affect your child during this program? (Eg. Asthma, Epilepsy, Ear Disorders etc.)

Details: _____

I wish to enrol in ____ **(level) D1 – L4 Time:** _____^{1st choice}
_____^{2nd choice}

Please tick your preferred method of payment
Cash Cheque Credit Card (refer below)

Credit Card Details Visa/Bankcard/Mastercard

No. ____ / ____ / ____ / ____

Name on card _____

Card expiry date __ / __ Amount \$ _____

Signature _____

PLEASE TICK IF YOU DO NOT GIVE RLSSA NT PERMISSION TO :

Photos of your child from the Vacswim Program, to be used in RLSS(A) NT promotions?

Administer first aid to your child, in your absence?

I have read and understood the policies of Vacswim.

Parent/Guardian Signature and Name:

_____ Date _____

Office Use Only

Rec # _____ Amount \$ _____ Date _____