

Photo of the Month:
Administrator's Medal Award



KICKING BACK



ROYAL LIFE SAVING
NORTHERN TERRITORY

EDITION #154



Welcome to the July edition of Kicking Back.



World Drowning
Prevention Day



Royal Darwin Show
with our Patrons



NT Administrator's
Medal Award winner
Neil Hummerston

MISSION, VISION AND STRATEGY

MISSION: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

VISION: To build a healthy, strong and safe aquatic community through access to water safety education and training.

STRATEGY: Our People, Our Lifestyle, our Water

Patrons: His Honour the Honourable David Connolly and Ms Susan Brosnan OLY

President: Randall Cook

Royal Life Saving Society (Australia) NT Branch Inc Notice of Annual General Meeting Friday 11th September 2026

- Annual General Meeting of
- Royal Life Saving NT
- **Venue:** 77 Ross Smith Ave Parap
- **Date:** Friday 11th September 2026, 6-7pm
- **Details:** Agenda, Previous Minutes, Board Nominations and Audited Financial Statements are available from the Public Officer, email nt@rlssa.org.au
- Current financial members will be emailed the AGM documents. A TEAMS meeting will be available for Members who cannot make it in person.
- A Member-Q will precede the AGM from 5-6pm with nibbles and drinks
- **Please RSVP by 4th September 2026**
- **Email:** nt@rlssa.org.au
- **Phone:** 8981 5036

OUR PEOPLE



It's Membership renewal time, have you renewed yours?

Remember your membership is much more than a monthly newsletter, it's a commitment to making our communities safer around water! Every member makes a difference!

Membership RLSSA NT 2026/2027
[2026.2027-RLSSA-Membership-Form.pdf](#)



OUR PEOPLE



Our annual Administrator's Medal Award was presented at Government House on Thursday 30 July. Congratulations to Neil Hummerston, Pool Manager at Munitjulu on winning the prestigious award this year and thank you for all you do for water safety in your community. Congratulations to all the award recipients this year. Many thanks to our patrons, His Honour the Honourable David Connolly and Ms Sue Brosnan OLY for hosting this wonderful evening.



Our Swim and Survive teachers came together on 8 July to participate in their biannual in-service training. The Team is now ready for another busy and rewarding semester ahead. Well done to all our swim teachers for your dedication and can-do attitude. Your commitment to delivering quality programs benefits school children right across the Northern Territory!

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UPCOMING COURSES - DARWIN



Bronze Medallion or Update

Darwin | 5 September 8.30am – 4.30pm
(update course 8:30am-12:30pm)

Pool Lifeguard

Darwin | 29 & 30 August 8.30am – 5pm
10 & 11 October 8.30am -5pm

Pool Lifeguard Update

Darwin | 3 October 8.30am – 5.30pm

In-house group training available on request

- Face-to-face First Aid
- Swim Teacher Rescue Award
- Hydrotherapy Rescue Award



Royal Life Saving NT
ABN 57 939 760 839 - RTO 0859
GPO Box 1229, Darwin NT 0801
RTO Provider #0859

Book Now



trainingmanagernt@rlssa.org.au



<https://nt.training.royallifesaving.com.au>



Royal Life Saving Northern Territory



8981 5036



UPCOMING COURSES – TENNANT CREEK



Tennant Creek we are heading your way!

We will be in Tennant Creek in September delivering our courses as listed opposite.

Build your confidence, gain valuable qualifications, open doors to new opportunities and be prepared to make a difference in your community

Secure your booking today by visiting
[Royal Life Saving NT Training – Royal Life Saving NT Training](https://royallifesaving.org.au/nt-training)
or for group bookings email
trainingmanagernt@rlssa.org.au

LOCATION:
Tennant Creek

**ROYAL LIFE SAVING**
NORTHERN TERRITORY

Resuscitation 14 th September 2026 12:00pm – 2.00pm Cost: \$95pp	First Aid Online + Practical 14 th September 2026 12:00pm – 3.00pm Cost: \$189pp Requires online learning prior to attending.	Pool Lifeguard Update 17 th September 2026 8:30am - 5:30pm Cost: \$205pp Must have current HLTAID011 Provide First Aid and PLG.
Bronze Medallion Update 14 th September 2026 3:00pm - 6:00pm Cost: \$105pp	Bronze Medallion 15 th September 2026 8:30am - 4:30pm Cost: \$189pp	Pool Lifeguard 16 th & 17 th September 8:30am - 5:30pm (Both Days) Cost: \$430pp Must have current HLTAID011 Provide First Aid

BOOKINGS ARE ESSENTIAL AND
SUBJECT TO AVAILABILITY. CONTACT US AT:
PHONE (08) 89815036
EMAIL trainingmanagernt@rlssa.org.au
VISIT nt.training.royallifesaving.com.au

SCAN TO
BOOK TODAY


Royal Life Saving Society (Australia) NT Branch Inc | RTO Provider Number 0859



UPCOMING COURSES - AUSTSWIM

AUSTSWIM TSW

90.5% of our graduates get jobs

ENROL NOW!

TEACHER OF SWIMMING AND WATER SAFETY

- 📅 Saturday 21 & Sunday 22 November 2026
- 🕒 8:30am - 5:00pm
- 📍 Royal Life Saving NT Office

PARAP, NT

AUSTSWIM

Become a qualified swim teacher!

The AUSTSWIM Teacher of Swimming and Water Safety course is the essential qualification for anyone wanting to teach swimming and water safety in Australia. It equips you with the practical skills, knowledge and confidence to deliver safe, effective swimming lessons and water safety education to students in a variety of aquatic environments.

Enrol today by visiting:

[Teacher of Swimming and Water Safety | SISSS00132 | AUSTSWIM](#)

OUR PLACES



The Team travelled to Kalkaringi and Lajamanu from 13 -16 July to deliver First Aid training and water safety education talks. Many thanks to both communities for their amazing hospitality and support. This made for a successful trip for community members and our Team!



OUR PEOPLE



The National Water Safety Summit was held in Sydney from 23-24 July. More than 220 leaders from government, research, education, lifesaving, health and the aquatic industry came together to accelerate the Australian Water Safety Strategy 2030 and the shared goal of halving drowning by 2030. We were proud to be a part of this incredible summit.



OUR PEOPLE



We are very pleased to share with you that we have partnered with the Duke of Edinburgh's International Award Australia to become a Duke 4Sport Partner. We look forward to working with this partnership to better equip young Australians to succeed and make positive impacts on their workplaces and communities.

Proud to support

**THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD**



AUSTRALIA



OUR COMMUNITY



The Alice Springs Show was held 3-4 July. Thanks to everyone who called by our stall to chat with us about all things water safety in Central Australia. Congratulations to Michael who was the winner of our water safety survey prize.



OUR COMMUNITY



The Tennant Creek Show was held on 10 July. Thanks to everyone who came and had a chat with us and well done to the organising committee on another successful show.

Congratulations to Kevin who completed our water safety survey and won himself a \$100 IGA voucher!



OUR COMMUNITY



The Katherine Show was held from the 17-18 July. It was great to share our water safety messages with members of the Katherine community. We were also very proud to be awarded “Best Community Display” at this year’s show.

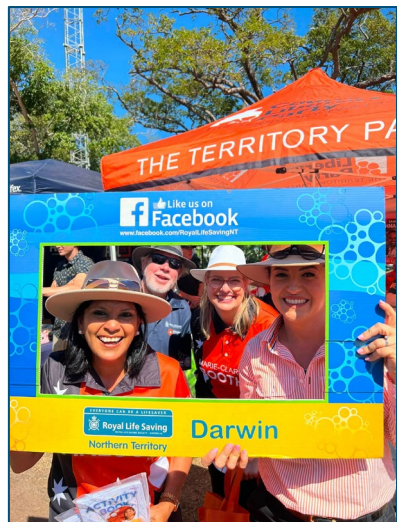
Well done to the organising committee on another fantastic Katherine Show.



OUR COMMUNITY



The Royal Darwin Show was held from 23-25 July and what a fun time it was talking all things water safety with old friends and new friends! Thanks to everyone who stopped by and congratulations to Jo who was the winner of our water safety survey. Also, a huge shoutout to our wonderful volunteers, we simply couldn't run our stall without you, Thank you!



OUR COMMUNITY



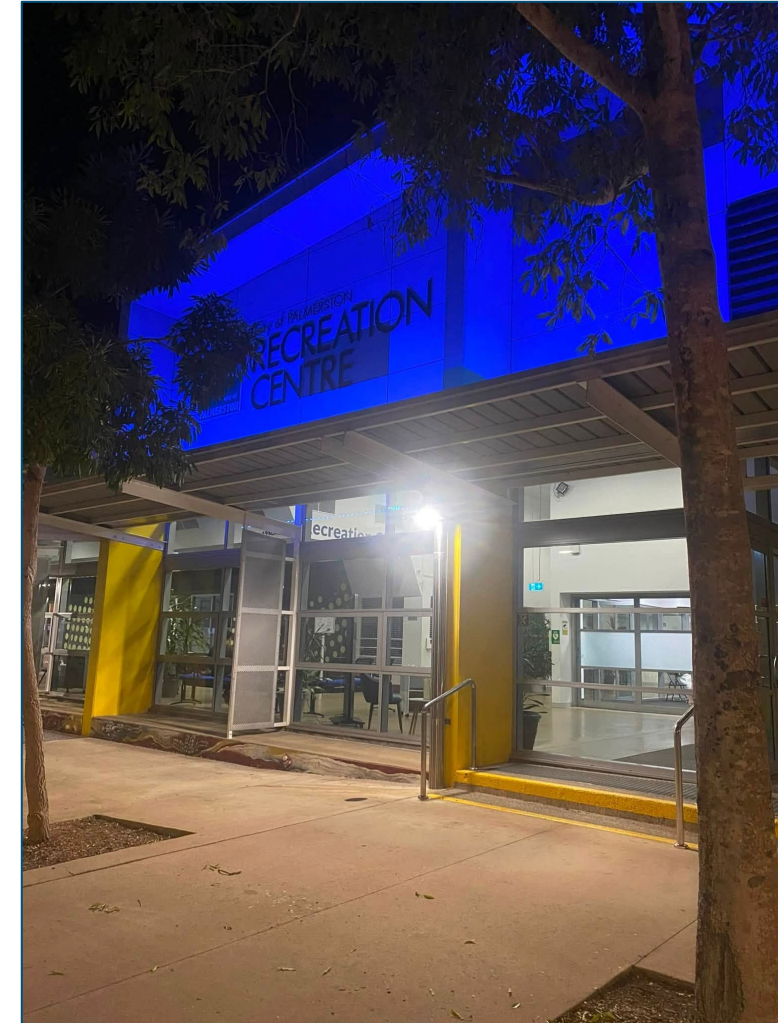
On the final evening of the Royal Darwin Show, Boof the Barra participated in a mascot obstacle course race. Unfortunately, Boof did not win it this year but was a crowd favourite. Well done Boof!



OUR COMMUNITY



The Team celebrated World Drowning Prevention Day on 25 July at the Royal Darwin Show. Many thanks to our friends at the Darwin Convention Centre and Palmerston City Council who also helped to raise awareness by lighting their buildings blue in support of the day.





Goldfishbowl Swim School



Term 3 bookings are now open!

Term 3 runs from 13 July until 20 September.

Visit our website to make your booking or download our app!

[learn to swim darwin, swimming lessons Darwin](https://www.learntoswimdarwin.com.au/)



How to book in at the Goldfishbowl Swim School



<https://www.learntoswimdarwin.com.au/>



- Download IclassPro**
You can download it using the App store or Google play

Create an account for yourself
Enter your details, not your child's.
The organisation is **goldfishbowl**

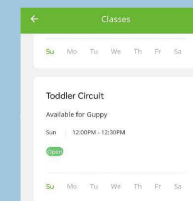
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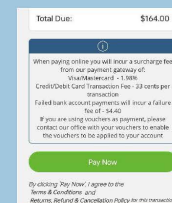
- Create an account for your child/ren**
Make sure you read and understand the policies before accepting

Find an available class that suits you
Our staff are always happy to assist you with finding the right time or level

4



- Pay lesson Fee**
If paying through the app, full payment is required. If using **vouchers** send them through to **gfish2@bigpond.com** before proceeding with payment so they can be taken off the total payment



Any enquires please contact us

Phone: 8931 1000
Email: gfish2@bigpond.com



Goldfishbowl Swim School



Did you know that the Goldfishbowl Swim School runs Aqua classes twice a week?

Get moving, have fun and enjoy a great workout in the water. Aqua is a fantastic way to improve fitness, strength and well being all while enjoying the energy of a fun group class!

Aqua with Olivia, Tuesday & Thursday
6pm, everyone welcome and no bookings necessary.



**MOVE.
LAUGH.
FEEL AMAZING!**

Goldfishbowl Swim School

Discover why so many people love *Aqua Aerobics!*

- Full-body workout
- Gentle on your joints
- Fun, friendly atmosphere
- Suitable for all fitness levels

Aqua with Olivia

6PM TUESDAY & THURSDAY

- Supportive Environment
- Go at your own pace
- Suitable for all ages & levels

Move well.
Feel great.
EVERY BODY WELCOME

Goldfishbowl Swim School

44 Toupian Road,
Yarrowonga NT

Phone (08) 89311000



WATER SAFETY AWARENESS PROGRAM

Help your child build essential water safety skills.

Follow the steps below to obtain access to the government funded swimming vouchers – this program is for children under the age of five

Step 1 – Apply for the WSAP Program

Register your child online:

<https://nt.gov.au/leisure/sport/sport-and-swim-vouchers/learn-to-swim-vouchers-for-your-child/water-safety-awareness-program-registration-form>

Step 2 – Receive Your WSAP voucher Number

You will receive a unique WSAP voucher number.

📌 Keep this in a safe place — it stays the same for your child **until they turn 5.**

Step 3 – Complete the Emergency Care Session

Complete the online Emergency Care Session to receive a one-off \$50 Water Safety Awareness Program voucher. The link to this session will be emailed to you along with your child's Water Safety Awareness Program Voucher Number *(please allow five business days from submitting your application)*

Step 4 – Apply for Learn to Swim Vouchers

Families can apply for \$100 Learn to Swim vouchers twice per year until their child turns 5:

<https://grantsnt.nt.gov.au/grants/learn-to-swim-semester-1-jan-to-may-2026>

You will require your Water Safety Awareness Program Voucher Number to complete this application.

👤 These vouchers can be used to help cover the cost of children's swimming lessons and can be used in conjunction with the once off \$50 Water Safety Awareness Program Voucher.

Email wsap@rlssa.org.au for further information

183

children aged 0-4
years drowned over
the past ten years



**SUPERVISE
CHILDREN**

NATIONAL AQUATIC INDUSTRY WORKFORCE



Have you considered how stress, conflict or workplace culture can impact the wellbeing of aquatic industry staff?

Recent workforce insights have shown that aquatic facility workers experience higher rates of occupational violence and aggression (OVA) and that staff deal with an estimated 2,500 incidents of abuse each year.

Royal Life Saving has developed an online module which introduces aquatic facility staff to the fundamentals of identifying, managing and reducing psychosocial hazards in the workplace

Learn more about the Psychosocial Safety in the Aquatic Industry online module [here](#)

CONNECT WITH US



Connect with us

 @RoyalLifeSavingNorthernTerritory

 @RoyalLifeSavingNT

 @RoyalLifeSavingAUST

 royallifesaving.com.au

Katherine River