

AUSTRALIAN POOL LIFESAVING CHAMPIONSHIPS 2024
WORKSHOP PROGRAM

Royal Life Saving Australia invites Level 2 officials, those seeking to become Level 2 officials and other interested members to attend three (3) workshops being held in conjunction with the Australian Pool Lifesaving Championships 2024.

The workshop provides an opportunity to learn from current RLSSA Senior Officials and hone officiating skills.

The aim is for participants to expand their knowledge and understanding of RLSSA officiating practices as well as gain an understanding of two new events proposed by ILS to be implemented in 2025. An overview of the workshop content is provided below.

The workshop will be delivered in three (3) sessions. Attendance is free but registration is required. To register please fill in the online [Registration Form](#).

Date: Tuesday 16th January 2024

Location: MSAC Outdoor Marshalling Room

Times: Session 1: 2:00pm-3:00pm – L2 Officials positioning and communication
Session 2: 3:00pm-5:00pm – SERC judging and test design
Session 3: 5:15pm-6:15pm – ILS new rules and events

Presenters: Roz Grey OAM, and Joanne Teagle, RLSSA Senior Officials

Session 1: OFFICIALS LEVEL 2 WORKSHOP Positioning and Communication - 1 hour

This workshop is targeted at Level 2 Officials officiating in either technical or supervisory positions in speed and SERC events.

Aim: To improve the positioning and communication of officials at APLSC and ensure that there is an understanding of the importance of consistent and effective practices by all RLSSA Level 2 officials.

- Types of competition communication – written, verbal and visual
- Importance of consistent positioning and signalling
- Communication pathways - Expectations and requirements
- Level 2 Officials Roles and associated communication responsibilities

Session 2: SERC Judging and Organisation – 2 hours

- Judging - RLSSA vs ILS. Understanding the score sheets
- Overview of the SERC rules and protocols – test design and official roles
- Aspects of judging – objective (timing) and subjective (skill assessment)
- Competitor skills and implementation - techniques and application
- Judges – scoring responsibilities and other associated duties

Session 3: Explaining new ILS rules and events. implications to APLSC – 1 hour

- New ILS rules – In particular tow and line throw
- Proposed new relay events