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KEEP WATCH

6 TO 10 YEARS
PREVENT YOUR CHILD FROM DROWNING

Prevent drowning of 6 to 10 year olds:
ACTIVELY SUPERVISE
CONTINUE LEARN TO SWIM
MODEL SAFE BEHAVIOURS
AROUND WATER
PARENTS LEARN CPR

EVERYONE CAN BE A LIFESAVER



Royal Life Saving
ROYAL LIFE SAVING SOCIETY - AUSTRALIA





Every year 8 children between the ages of 6 and 10 years drown in Australia. 68% of children who drown in this age group are boys. Inland waterways such as rivers and lakes are the location where the highest number of drowning deaths occur.

As children increasingly engage with their peers, they still require a high level of supervision from parents and carers. Children can overestimate their own ability and underestimate risks to their safety. Ages 6 to 10 are perfect for further developing swimming and water safety skills with qualified instructors and practicing those skills outside of lessons.

ACTIONS TO PREVENT YOUR 6-10 YEAR OLD FROM DROWNING INCLUDE: (✓)

- Constant active supervision is required
- Be prepared to get wet and enter the water
- Continue learn to swim lessons with qualified instructors
- Children to gain supervised experience in different aquatic environments
- Adults to model safe behaviours around water for children
- Learn CPR. Enrol in a course or update your skills

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NSW GOVERNMENT

**For more information visit
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