



# Kicking Back

Edition 111 | July 2021

Telephone: 08 8981 5036 | Email: [nt@rlssa.org.au](mailto:nt@rlssa.org.au)

**Patron:** Her Honour the Honourable Vicki O'Halloran AM  
Administrator of the Northern Territory and Mr Craig O'Halloran  
**President:** Penny Hart

Proudly sponsored by  
 Northern Territory  
Government



**ROYAL LIFE SAVING**  
NORTHERN TERRITORY



# MISSION, VISION AND STRATEGY

*Royal Life Saving is dedicated to turning everyday people into everyday community lifesavers.*

*We achieve this through education, training, health promotion, risk management, research, sport and advocacy.*

***Mission:*** *To prevent loss of life and injury in the community with an emphasis on the aquatic environment.*

***Vision:*** *To build a healthy, strong and safe aquatic community through access to water safety education and training.*

***Strategy:*** *Our People, Our Lifestyle, our Water*

*Be Safe : In, on and around water from the RLSSANT Management Committee*

Join  
Now!



**ROYAL LIFE SAVING**  
NORTHERN TERRITORY

# 2021-2022 MEMBERSHIP

*Mission: To prevent loss of life and injury in the community  
with an emphasis on the aquatic environment.*

*Vision: To build a healthy, strong and safe aquatic community  
through access to water safety education and training.*



Benefits include:

- Limited edition gift pack
- 5% discount on courses
- Monthly Newsletter
- Invitations to functions

# MEMBER Q & THANK YOU

**SAVE THE DATE**

**Friday September 3**

**4-6pm**

**77 Ross Smith Avenue Parap**

Royal Life Saving NT advises members of our upcoming Member Q & Thank you Event. Invitations will be sent out to all Members shortly.

Please RSVP by calling 8981 5036 or emailing  
[ntadmin@rlssa.org.au](mailto:ntadmin@rlssa.org.au)

**AGM to follow 6-7pm**





# Royal Life Saving Society (Australia) NT Branch Inc

## Notice of Annual General Meeting

### Friday 3<sup>rd</sup> September 2021

Annual General Meeting of Royal Life Saving NT

**Venue:** 77 Ross Smith Ave Parap

**Date:** Friday 3<sup>rd</sup> September 2021, 6-7pm

**Details:** Agenda, Previous Minutes, Board Nominations and Audited Financial Statements are available from the Public Officer.

Current financial members will be emailed the AGM documents and they will also be available on the website. A zoom meeting will be available for Members who can not make it in person.

**[www.royallifesaving.com.au/nt](http://www.royallifesaving.com.au/nt)**

**Email:** [froberts@rlssa.org.au](mailto:froberts@rlssa.org.au)

**Phone:** 8981 5036



# MAKE THE RIGHT CALL

Know your limitations and don't take risks. Don't be a statistic. Boating and fishing continue to be popular recreational activities, however, latest drowning figures show that over the past ten years, 410 people have lost their lives while boating or fishing., Royal Life Saving is urging boaters and fishers to Make the Right Call when it comes to safety. Royal Life Saving's 'Make the Right Call' campaign highlights a common-sense approach and advocates simple safety tips to prevent drowning:

- Avoid alcohol around water
- Wear a lifejacket when boating, kayaking or canoeing
- Avoid swimming or recreating alone around water

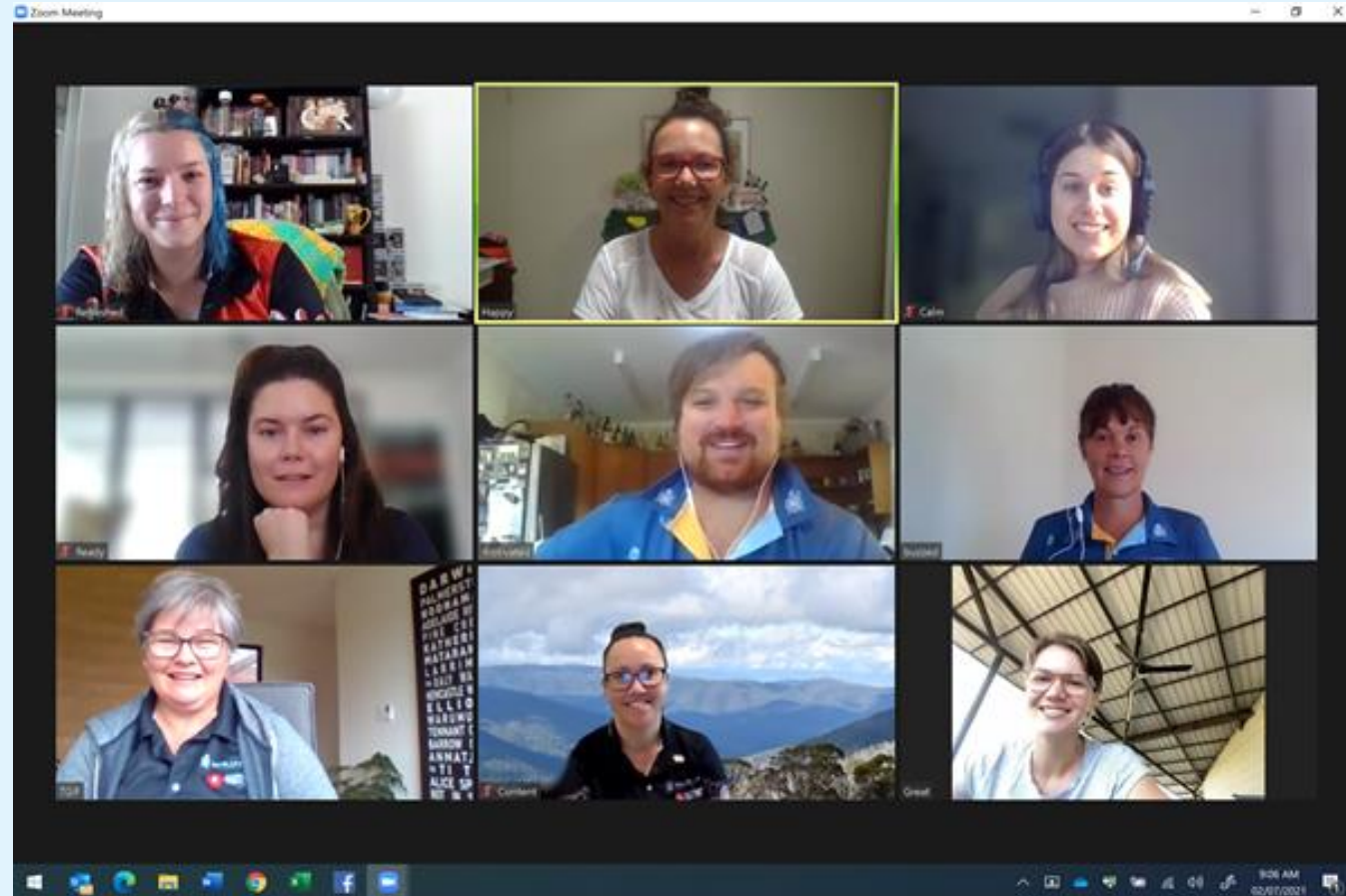
## For all Territorians:

- Find out if it is safe to swim – look for signs & follow the rules
- Know when you are in crocodile country & find your nearest swimming pool to visit instead
- If you are fishing – stay out of the water – otherwise you may become the bait
- Actively supervise children





# COMMUNITY – Our People



The NT Team were adjusting to working from home during the recent lockdown from June 28 to July 2. It was a rollercoaster week but we made it! #territorytogether

# COMMUNITY – Our People

## NAIDOC WEEK 2021

Celebrating the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

The 2021 NAIDOC Week theme is  
Heal Country!

We recognised our remote swimming pools in the Northern Territory & their contribution to a healthy lifestyle for the whole community

#NAIDOC2021

#HealCountry





# COMMUNITY – Our People



This artwork was designed to celebrate 55 years of RLSSANT working with the communities of the NT.

Both water and desert communities are represented on the shirt. The 5 blue waterholes on the front and 5 blue waterholes on the back symbolises the 55 years of RLSSANT and community coming together for drowning prevention and water safety education.

‘The big circles represent the vibrations in the water holes and creeks with smaller fine circled lines are the currents that flow within the natural springs out on country. On the sleeves the gathering of circles represents the small communities and the arched figurines are the people and families surrounding on their homelands’ - William Hewitt  
#NAIDOC2021 #HealCountry

# COMMUNITY – Our People

On July 15, YMCA hosted their FREE Youth Pool Party Sports Day at Casuarina! The team showcased Pool Lifesaving activities for the community to try.





# COMMUNITY – Our People

It was a great way to start the day with the students from Parap Primary visiting our office on July 30. The students learnt all about water safety and enjoyed dancing with Boof the Barramundi as part of their school scavenger hunt!





COME ON DOWN TO...

# SHOWBAG TOWN

TICKET

TICKET

TICKET

# SHOW SPECIAL







The annual Katherine Show was held on July 16 and 17. The team were very excited to see the wonderful people in the Katherine Community! Thank you to the amazing volunteers who work tirelessly to make the Katherine Show a fantastic community event. Shout out to Steve Edgington MLA and Bill Yan MLA for stopping by and talking all things water safety!







The staff and volunteers helped run our stall at the 70<sup>th</sup> Royal Darwin Show from July 22-24. It was a fantastic turnout with thousands of people stopping by the Royal Life Saving NT tent to experience all things water safety! Special mention to the wonderful families who joined us on the Yellow Brick Road! An amazing event that is one of the biggest and best of the year!









# Cool Seniors 2021

Tuesday & Thursdays in August

Free

Royal Life Saving NT invite Senior Territorians to participate in **FREE** aquatic activities during Seniors Month in August 2021.

**Grey Medallion** - Lifesaving skills, CPR and Water Safety

**WETS** - Aquatic exercise, swimming and relaxation

These fully supervised activities will be conducted in a heated pool at:

**NT Swim School, Coconut Grove**

**Every Tuesday & Thursday in August**

**Tuesdays WETS & Grey Medallion: 12:30pm – 2:30pm**

**Thursdays - WETS: 1.00pm – 2.00pm**

For bookings contact Royal Life Saving NT

Phone: 08 8981 5036 Email: [infantsnt@rlssa.org.au](mailto:infantsnt@rlssa.org.au)







**ROYAL LIFE SAVING**  
NORTHERN TERRITORY

# WANTED SWIMMING TEACHERS



## **Are you looking for casual work?**

Royal Life Saving – NT are looking for motivated individuals to assist in delivering the Swim and Survive program in Darwin & Palmerston. You will receive excellent casual hourly rate, flexible working hours during the school term and work in a fun & enjoyable environment.

**Experience preferred but not essential.**

Training will be provided if necessary, with flexible payment plans available upon employment.

Please contact Stephen Gazzola on 8981 5036 or  
[remoteswimsurvive@rlssa.org.au](mailto:remoteswimsurvive@rlssa.org.au) for more information.

# PROGRAMS



Our Swim Teachers came together on July 14 and 15 to upgrade their skills at the Swim Teacher and Team Leader in-service training. The Swim Teachers are looking forward to being back in the water to teach children vital swimming and lifesaving skills!



# PROGRAMS



Thank you to our wonderful Swim and Survive Partners for attending the launch of the updated Swim and Survive program on July 30. It was great to have everyone together to discuss the new format and get ready to use it on pool deck!



## ***BOOK NOW!***

AUSTSWIM Teachers play an important role in educating the community. If you are looking to upskill and add to your teaching tool belt now is the perfect time to enrol into an AUSTSWIM specialist course. Check out the dates below and book in for one or all of these fantastic opportunities.



**AUSTSWIM Teacher of Adults: 13<sup>th</sup> August 2021**

**AUSTSWIM Teacher of Toward Competitive Strokes: 14<sup>th</sup> August 2021**

**AUSTSWIM Teacher of Aquatics - Access and Inclusion: 15<sup>th</sup> August 2021**

**AUSTSWIM Teacher of Infants & Preschoolers: 16<sup>th</sup> August 2021**

Register your interest today via email to: [trainingmanagernt@rlssa.org.au](mailto:trainingmanagernt@rlssa.org.au)  
Attending and completing an AUSTSWIM specialist course will renew your Licence.



## AUSTSWIM PRESENTER TRAINING APPLICATIONS ARE NOW OPEN!

AUSTSWIM are recruiting AUSTSWIM Presenters right across the country and are seeking new AUSTSWIM Presenters in your area. With presenter training opportunities running interstate we will be looking to implement strategies or opportunities to support successful applicants through the AUSTSWIM Presenter training process.

Therefore, we would strongly encourage you to apply if you are interested in becoming an AUSTSWIM Presenter. If you can attend one of the interstate training dates, please note this on your application form.



Training will be held in:

Brisbane, QLD - 7 & 8 August

Melbourne, VIC - 7 & 8 August

Sydney, NSW - 18 & 19 September

Perth, WA - 20 & 21 November

Visit [www.austswim.com.au](http://www.austswim.com.au) for more information



# KEEP WATCH



Remember the key messages:

👍 Supervision   👍 Restrict Access   👍 Water Familiarisation   👍 Learn CPR





## EMERGENCY CARE SESSIONS 2021 - Bookings are essential

### PARAP

Royal Life Saving NT  
77 Ross Smith Ave, Parap (Blue building)

Monday 23rd August 5-6pm  
Tuesday 24th August 9-10am  
Saturday 28th August 9-10am

Monday 6th September 5-6pm  
Saturday 11th September 9-10am

Monday 18th October 5-6pm  
Tuesday 19th October 9-10am  
Saturday 23rd October 9-10am

### PALMERSTON

Palmerston Child & Family Centre  
2 Brennan Court, Farrar

Thursday 26th August 9-10am  
Wednesday 8th September 4:30-5:30pm

Wednesday 20th October 4:30-5:30pm  
Thursday 21st October 9-10am

### ALICE SPRINGS

Birth & Beyond Parent Resource Centre  
10/89 Fan Arcade Alice Springs 0870

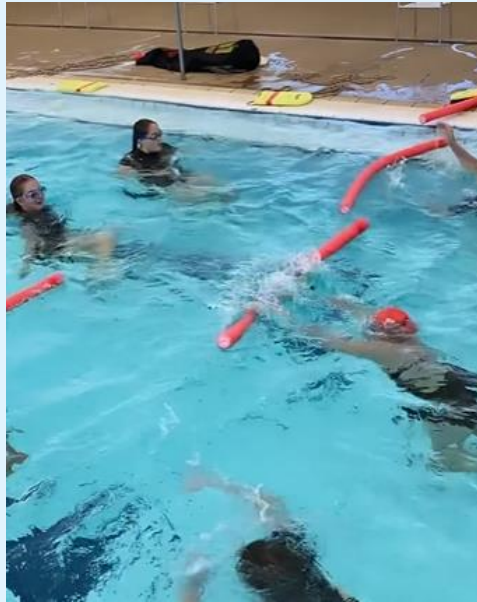
Saturday 7th August 10am  
Monday 9th August 5pm  
Tuesday 10th August 10am

Monday 6th September 10am  
Tuesday 7th September 10am  
Thursday 9th September 5pm

Are you in another location? Call us today to find out how you can attend an Emergency Care Session  
08 8981 5036



# TRAINING

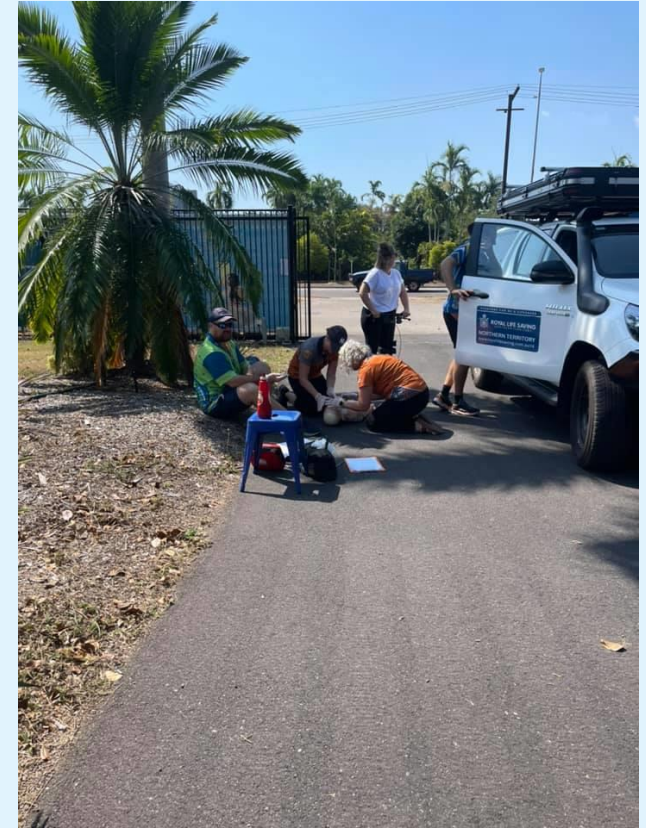


Our 'What's SUP on the Water Youth Program was held from July 12-16. Our amazing participants worked hard to achieve their Bronze Medallion and were rewarded with jet skis, water slides and of course stand up paddle boarding.





# TRAINING



Congratulations to the Sport Education Team for completing their First Aid challenge as part of their Amazing Race on July 29.  
We hope you enjoyed it as much as we enjoyed facilitating it.



# TRAINING CALENDAR DARWIN



## Resuscitation Courses

12<sup>th</sup> August 2pm - 4pm  
9<sup>th</sup> September 2pm - 4pm  
14<sup>th</sup> October 2pm - 4pm  
11<sup>th</sup> November 2pm – 4pm

## Pool Lifeguard

2<sup>nd</sup> & 3<sup>rd</sup> October 8.30am-4.30pm

## Pool Lifeguard Update

6<sup>th</sup> October 12.00pm -8.00pm  
7<sup>th</sup> October 8.30am-4.30pm  
9<sup>th</sup> October 8.30am-4.30pm

## Bronze Medallion Courses

21<sup>st</sup> August 8.30am -4.30pm  
11<sup>th</sup> September 8.30am -4.30pm  
29<sup>th</sup> September 8.30am -4.30pm  
16<sup>th</sup> October 8.30am-4.30pm

## Bronze Medallion Update

11<sup>th</sup> August 3.30pm -7.30pm  
15<sup>th</sup> September 3.30pm -7.30pm  
13<sup>th</sup> October 3.30pm -7.30pm

## First Aid Online + Practical Assessments

*Online learning + 4 hour practical Assessment*

12<sup>th</sup> August 2pm – 6pm  
9<sup>th</sup> September 2pm – 6pm

## First Aid Child Care & Education

*Online learning + 5 hour practical Assessment*

12<sup>th</sup> August 2pm – 7pm  
9<sup>th</sup> September 2pm – 7pm

## Face to Face First Aid

*Workplace training can be requested*



## Bookings

Royal Life Saving NT  
ABN 57 939 760 839 - RTO 0859  
GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: [nt.training.royallifesaving.com.au](http://nt.training.royallifesaving.com.au)





# TRAINING CALENDAR REGIONAL & REMOTE



## Resuscitation Courses

Alice Springs: 30<sup>th</sup> September 8.30am – 10.30am  
Tennant Creek: 27<sup>th</sup> October 8.30am – 10.30am  
Katherine: 4<sup>th</sup> November 12pm – 2pm  
Batchelor: 13<sup>th</sup> November 8.30am – 10.30am  
Nhulunbuy: 25<sup>th</sup> November 8.30am – 10.30am

## Bronze Medallion Courses

Alice Springs: 1<sup>st</sup> October 8.30am – 4.30pm  
Tennant Creek: 28<sup>th</sup> October 8.30am – 4.30pm  
Katherine: 5<sup>th</sup> November 8.30am – 4.30pm  
Batchelor: 13<sup>th</sup> November 8.30am – 4.30pm  
Nhulunbuy: 26<sup>th</sup> November 8.30am – 4.30pm

## First Aid Online + Practical Assessments

*Online learning + 4 hour practical Assessment*  
Alice Springs: 30<sup>th</sup> September 8.30am – 12.30pm  
Tennant Creek: 27<sup>th</sup> October 8.30am – 12.30pm  
Katherine: 4<sup>th</sup> November 12pm – 4pm  
Nhulunbuy: 25<sup>th</sup> November 8.30am – 12.30pm

## Pool Lifeguard

Alice Springs: 2<sup>nd</sup> & 3<sup>rd</sup> October 8.30am – 4.30pm  
Tennant Creek: 29<sup>th</sup> & 30<sup>th</sup> October 8.30am – 4.30pm  
Katherine: 6<sup>th</sup> & 7<sup>th</sup> November 8.30am – 4.30pm  
Nhulunbuy: 27<sup>th</sup> & 28<sup>th</sup> November 8.30am – 4.30pm

## Bronze Medallion Update

Alice Springs: 1<sup>st</sup> October 8.30am – 12.30pm  
Tennant Creek: 28<sup>th</sup> October 8.30am – 12.30pm  
Katherine: 5<sup>th</sup> November 8.30am – 12.30pm  
Batchelor: 13<sup>th</sup> November 8.30am – 12.30pm  
Nhulunbuy: 26<sup>th</sup> November 8.30am – 12.30pm

## First Aid Child Care & Education

*Online learning + 5 hour practical Assessment*  
Alice Springs: 30<sup>th</sup> September 8.30am – 1.30pm

## Pool Lifeguard Update

Alice Springs: 7<sup>th</sup> November 8.30am – 4.30pm  
Tennant Creek: 31<sup>st</sup> October 8.30am – 4.30pm  
Katherine: 7<sup>th</sup> November 8.30am – 4.30pm  
Nhulunbuy: 28<sup>th</sup> November 8.30am – 4.30pm

## Face to Face First Aid

*Workplace training can be requested*



## Bookings

Royal Life Saving NT  
ABN 57 939 760 839 - RTO 0859  
GPO Box 1229, Darwin NT 0801



Phone: 08 8981 5036 Website: [nt.training.royallifesaving.com.au](https://nt.training.royallifesaving.com.au)

# TRAINING CALENDAR AUSTSWIM



## DARWIN

### Teacher of Swimming and Water Safety

7<sup>th</sup> & 8<sup>th</sup> August 8.30am – 4.30pm  
13<sup>th</sup> & 14<sup>th</sup> November 8.30am – 4.30pm

### Teacher of Preschool and Infants

16<sup>th</sup> August 8.30am – 4.30pm

### Teacher of Adults

13<sup>th</sup> August 8.30am – 4.30pm

### Teacher of Access and Inclusion

15<sup>th</sup> August 8.30am – 4.30pm

### Towards Competitive Strokes

14<sup>th</sup> August 8.30am – 4.30pm

### Water Exercise—WETS

On request



The full course details are located <http://www.austswim.com.au/>  
Royal Life Saving Society (Australia) NT Branch Inc RTO Provider Number  
0859 are the delivery agent (Third Party) for this course and all certification  
is issued through AUSTSWIM.  
AUSTSWIM LTD  
RTO Provider Number 104975  
1300 885 666

## ALICE SPRINGS

### Teacher of Swimming and Water Safety

20<sup>th</sup> & 21<sup>st</sup> August 8.30am – 4.30pm

### Teacher of Preschool and Infants

24<sup>th</sup> October 8.30am – 4.30pm

### Teacher of Adults

On request

### Teacher of Access and Inclusion

On request

### Towards Competitive Strokes

On request

### Water Exercise—WETS

On request



## Bookings

Royal Life Saving NT  
ABN 57 939 760 839 - RTO 0859  
GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: [nt.training.royallifesaving.com.au](http://nt.training.royallifesaving.com.au)







*"Our People, Our Lifestyle, Our Water"*

#### CONNECT WITH US

-  [RoyaLifeSavingNT](#)
-  [RLSSANT](#)
-  [RoyaLifeSavingAust](#)
-  [royallifesaving.com.au](http://royallifesaving.com.au)



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