



# Kicking Back

Edition 116 | January 2022

Telephone: 08 8981 5036

Email: [nt@rlssa.org.au](mailto:nt@rlssa.org.au)

*Patron: Her Honour the Honourable Vicki O'Halloran AM  
Administrator of the Northern Territory and Mr Craig  
O'Halloran*

*President: James Sheridan*

Proudly sponsored by  
 Northern Territory  
Government



**ROYAL LIFE SAVING**  
NORTHERN TERRITORY

# MISSION, VISION AND STRATEGY



*Royal Life Saving is dedicated to turning everyday people into everyday community lifesavers.*

*We achieve this through education, training, health promotion, risk management, research, sport and advocacy.*

***Mission:*** *To prevent loss of life and injury in the community with an emphasis on the aquatic environment.*

***Vision:*** *To build a healthy, strong and safe aquatic community through access to water safety education and training.*

***Strategy:*** *Our People, Our Lifestyle, our Water*

*Be Safe : In, on and around water from the RLSSANT Management Committee*

Join  
Now!



**ROYAL LIFE SAVING**  
NORTHERN TERRITORY

# 2021/2022 MEMBERSHIP

*Mission: To prevent loss of life and injury in the community  
with an emphasis on the aquatic environment.*

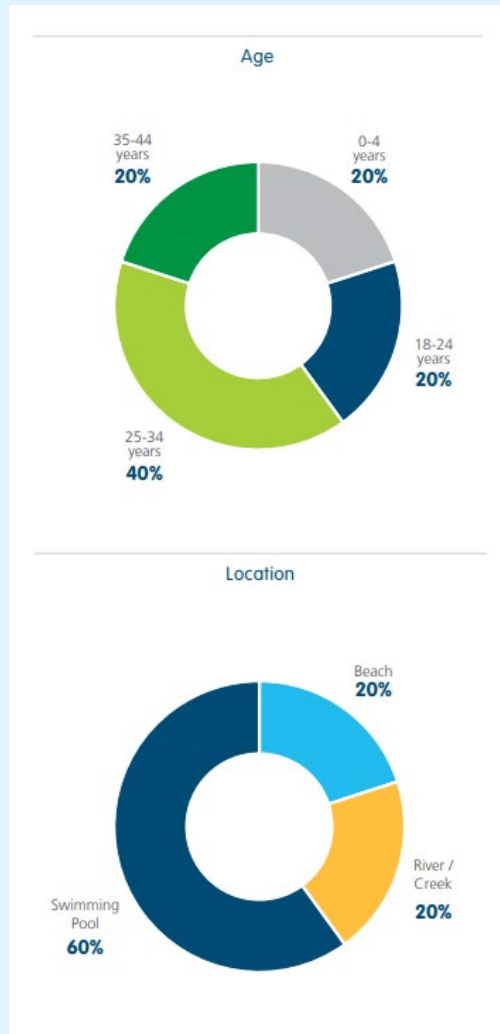
*Vision: To build a healthy, strong and safe aquatic community  
through access to water safety education and training.*



Benefits include:

- Limited edition gift pack
- 5% discount on courses
- Monthly Newsletter
- Invitations to functions

# NATIONAL DROWNING REPORT 2020/21



Sadly 5 Territorians lost their lives to drowning during 2020/21.

The National Drowning Report is now available.

To explore it in more detail, follow the link below

<https://bit.ly/3BRAQtW>



# ANNUAL REPORT 2020/2021



Thank you to our members, volunteers and staff who helped Royal Life Saving NT provide water safety and lifesaving services across the Northern Territory this year.

Please read, relax and enjoy our 2020/2021 Annual Report now available on our website:

[www.royallifesaving.com.au/nt](http://www.royallifesaving.com.au/nt)

# COMMUNITY – Our People

After 57 years of saving, we have bought our own home. Royal Life Saving NT are excited & proud to announce we have purchased the Goldfishbowl Palmerston. Staff & Board members celebrated the union on January 14th . A massive thanks to Peter & Judith for their amazing contribution to the aquatic industry in the NT!



**Goldfishbowl Swim School**

# MAKE THE RIGHT CALL



Young men aged 18 to 34 are at the highest risk of drowning.

“We’re asking young men to make the right call and to look out for themselves and their mates and to plan ahead”

- avoid alcohol when you’re around water
- wear a lifejacket if you are boating or fishing
  - never go alone

# COMMUNITY – Our People



**Australia Day 2022  
Honours List:  
Floss Roberts AM**

Executive Director of Royal Life Saving NT Annette ‘Floss’ Roberts has been appointed a Member of the Order of Australia. The award recognises her service to Royal Life Saving, the Northern Territory Water Safety Advisory Council and AUSTSWIM.

“I love what we do, how we do it and most importantly making people’s lives better by helping them become confident and capable around the water.”

On behalf of the Executive Board, Staff and Members, we would like to congratulate Floss on being recognised in the Australia Day Honours list.

Floss has an extraordinary dedication to drowning prevention, water safety education, pool lifesaving and work within remote and regional communities across the whole of the Northern Territory.





**ROYAL LIFE SAVING**  
NORTHERN TERRITORY

# WANTED SWIMMING TEACHERS



## **Are you looking for casual work?**

Royal Life Saving – NT are looking for motivated individuals to assist in delivering the Swim and Survive program in Darwin & Palmerston. You will receive excellent casual hourly rate, flexible working hours during the school term and work in a fun & enjoyable environment.

**Experience preferred but not essential.**

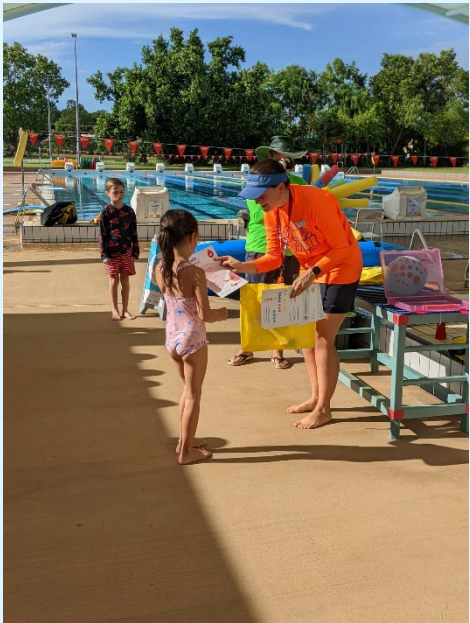
Training will be provided, if necessary, with flexible payment plans available upon employment.

Please contact Laura Withers on 8981 5036 or [watersafety@rlssa.org.au](mailto:watersafety@rlssa.org.au) for more information.

# PROGRAMS



Congratulations to each of our VACSWIM participants who spent 5 days improving their Swim and Survive skills whilst having lots of fun. Thank you to all the families for allowing us to share our skills and knowledge during these school holidays.



# PROGRAMS



## ADULT LEARN TO SWIM

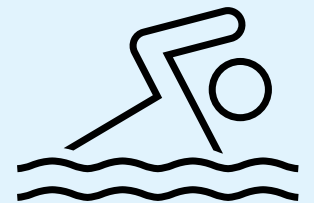
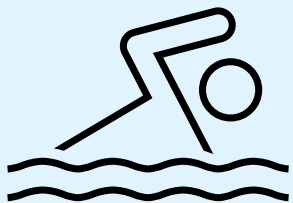
Mondays & Wednesdays commencing 14<sup>th</sup> February 2022

It is never too late to learn basic swimming skills!

The six-week swim course teaches basic, intermediate and advanced swimming and lifesaving skills.

The best part? The lessons are FREE!

Only pay pool entry!



# PROGRAMS

## Sunday Lifesaving

Children 5yrs and up

6 x 45min lessons

Email: [programsnt@rlssa.org.au](mailto:programsnt@rlssa.org.au)

**SUNDAY LESSONS**  
**13<sup>th</sup> February – 20<sup>th</sup> March 2022**  
**Nightcliff Pool**



**Enrol today!**

[www.royallifesaving.com.au/nt/](http://www.royallifesaving.com.au/nt/)



## Little Royals Swim School

Children under 5yrs

(Starting at 6months old)

6 x 30min lessons

Email: [infantsnt@rlssa.org.au](mailto:infantsnt@rlssa.org.au)

Learn to Swim, Sport and Water Safety Awareness Program vouchers accepted!  
For more information, call Royal Life Saving NT on 08 8981 5036



# STAY OUT OF PIPES AND DRAINS

*The Wet Season is here, Territorians are being urged to stay out of pipes and drains!*



**STAY SAFE THIS WET**

Proudly sponsored by  
**NORTHERN TERRITORY GOVERNMENT**

**CITY OF DARWIN**

city of  
**PALMERSTON**

**ROYAL LIFE SAVING  
NORTHERN TERRITORY**

[www.watersafety.nt.gov.au](http://www.watersafety.nt.gov.au)

[/WaterSafetyNT](https://www.facebook.com/WaterSafetyNT)  
[#staysafethisWET](https://twitter.com/staysafethisWET)

**#STAYSAFETHISWET #STAYOUTOFPIPESANDDRAINS**

AUSTSWIM teachers play an important role in educating the community. If you are looking to upskill, now is the perfect time to enrol into an AUSTSWIM course. Teach a skill for life!

## Teacher of Swimming and Water Safety

**Darwin**

12<sup>th</sup> & 13<sup>th</sup> February 8.30am – 4.30pm

**Alice Springs**

19<sup>th</sup> & 20<sup>th</sup> February 8.30am – 4.30pm

## Teacher of Infant and Preschool Aquatics

**Darwin**

20<sup>th</sup> February 8.30am – 4.30pm

**Alice Springs**

6<sup>th</sup> March 8.30am – 4.30pm





## Pool Lifesaving training is back for 2022!

Every Wednesday commencing 9th of February!

- Parap Swimming Pool 5:30pm – 6:30pm
- Alice Springs Aquatic & Leisure Centre 3-5:30pm

Increase your fitness and learn technical skills in swimming & competition lifesaving under the guidance of our Pool Lifesaving coaches. Recommended age 8+ with a minimum swim level of Swim & Survive level 6

For further Information please contact:

Royal Life Saving Society NT

Laura – 0408 857 889

Email: [sportnt@rlssa.org.au](mailto:sportnt@rlssa.org.au)

# KEEP WATCH

**KEEP  
WATCH**  
TO PREVENT DROWNING

 **ROYAL LIFE SAVING**  
NORTHERN TERRITORY



Remember the key messages:

 Supervise  Restrict  Teach  Respond



# WATER SAFETY AWARENESS PROGRAM



Royal Life Saving NT attended NT Swim School's Open day on January 24<sup>th</sup> to promote the Water Safety Awareness Program.

The new parents and children participated in a FREE introductory swimming lesson and registered for the Water Safety Awareness Program, which entitles the little swimmers to \$50 worth of vouchers.

A special thanks to the NT Government and NT Swim School for assisting in NT families' water safety journey.





# WATER SAFETY

## AWARENESS PROGRAM



## EMERGENCY CARE SESSIONS 2022

Bookings are essential

### PARAP

Royal Life Saving NT  
77 Ross Smith Ave, Parap (Blue building)  
Monday 21st February 5-6pm  
Tuesday 22nd February 9-10am  
Monday 28th March 5-6pm  
Tuesday 29th March 9-10am  
Saturday 2nd April 9-10am  
Monday 11th April 5-6pm  
Tuesday 12th April 9-10am

### PALMERSTON

Palmerston Child & Family Centre  
2 Brennan Court, Farrar  
Wednesday 23rd February 4:30-5:30pm  
Thursday 24th February 9-10am  
Wednesday 30th March 4:30-5:30pm  
Thursday 31st March 9-10am  
Wednesday 13th April 4:30-5:30pm  
Thursday 14th April 9-10am

### ALICE SPRINGS

Birth & Beyond Parent Resource Centre  
10/89 Fan Arcade Alice Springs  
Tuesday 8th February 10am  
Tuesday 15th February 10am  
Thursday 17th February 5pm  
Tuesday 22nd March 10am  
Friday 25th March 10am

Are you in another location? Call to find out how you can attend an  
Emergency Care Session 08 8981 5036

# TRAINING

We kicked off Bronze Medallion training for 2022 with masks, physical distancing and lots of learning throughout the day. Well done!



# TRAINING

This amazing group of teachers from Jingili Long Daycare and Wagaman Preschool completed their Swim Teacher Rescue Awards to ensure their students are safe during water play.

Great to see teachers and educators organised for the new school year!



# February 2022 - Darwin



**ROYAL LIFE SAVING**  
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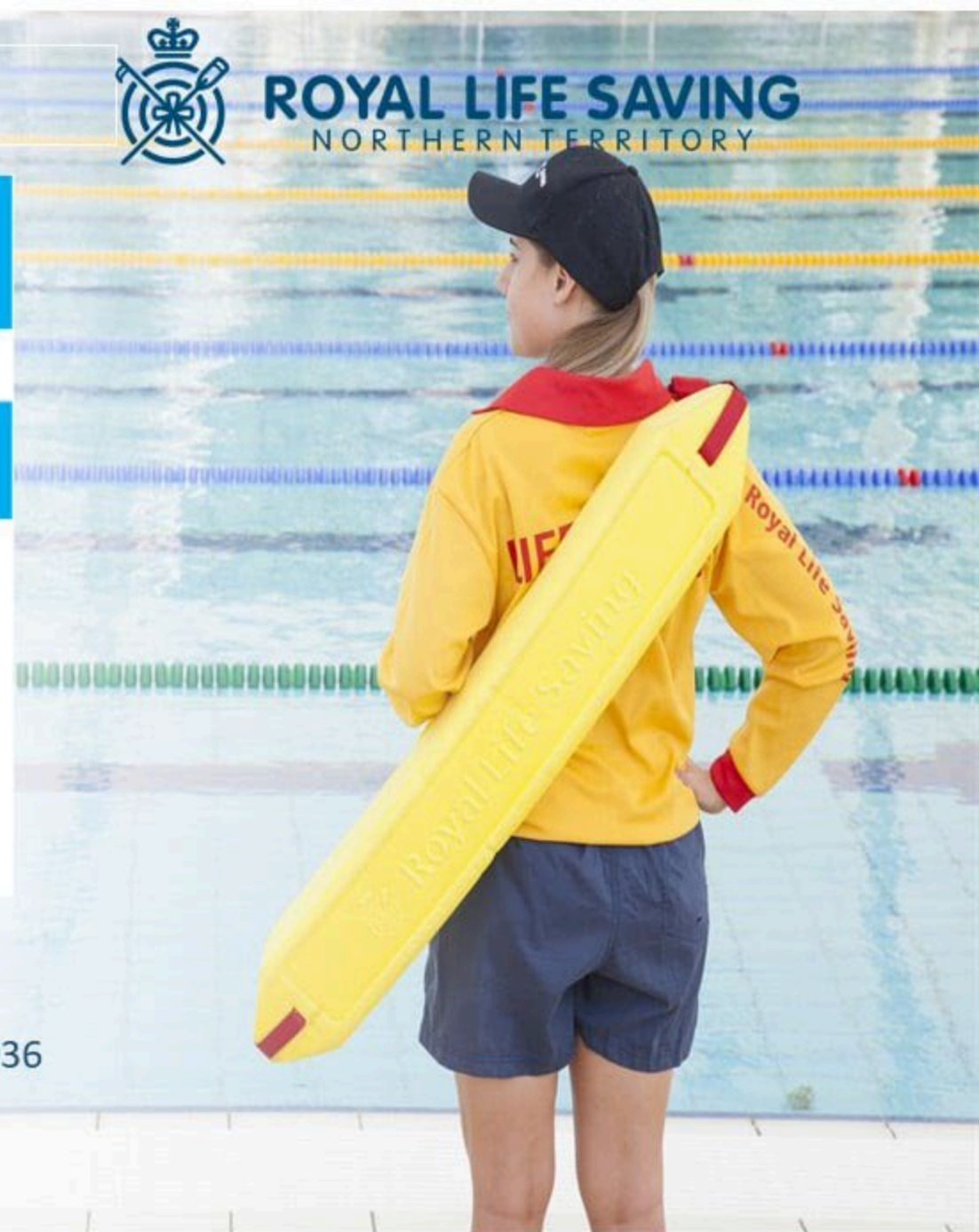
<b>Resuscitation</b>	<b>Education and Child Care First Aid</b> (online theory + 5 hour practical)	<b>First Aid assessments</b> (online theory + 4 hour practical)
10 <sup>th</sup> February	10 <sup>th</sup> February	10 <sup>th</sup> February
<b>Bronze Medallion</b>	<b>Bronze Medallion Update</b>	<b>Pool Lifeguard</b>
19 <sup>th</sup> February	23 <sup>rd</sup> February	26 <sup>th</sup> & 27 <sup>th</sup> February
	<b>Pool Lifeguard Update</b>	
	2 <sup>nd</sup> February	
	3 <sup>rd</sup> February	
	5 <sup>th</sup> February	

Bookings are essential and can be made online at:

[nt.training.royallifesaving.com.au](http://nt.training.royallifesaving.com.au) or by calling our office on 8981 5036

*Royal Life Saving Society (Australia) NT Branch Inc*

*RTO Provider Number 0859*



# TRAINING CALENDAR DARWIN



## Resuscitation Courses

February 10, 2pm – 4pm

March 10, 2pm – 4pm

April 7, 2pm – 4pm

May 12, 2pm -4pm

June 9, 2pm – 4pm

## Pool Lifeguard

February 26 & 27, 8.30am – 4.30pm

## Pool Lifeguard Update

February 2, 8.30am – 4.30pm

February 3, 12pm – 8pm

February 5, 8.30am – 4.30pm

## Bronze Medallion Courses

February 19, 8.30am – 4.30pm

March 26, 8.30am – 4.30pm

May 7, 8.30am – 4.30pm

## Bronze Medallion Update

February 23, 3.30pm – 7.30pm

March 23, 3.30pm – 7.30pm

April 28, 3.30pm – 7.30pm

## First Aid Online + Practical Assessments

*Online learning + 4 hour practical Assessment*

February 10, 2pm – 6pm

March 10, 2pm – 6pm

April 7, 2pm – 6pm

May 12, 2pm – 6pm

June 9, 2pm – 6pm

## First Aid Child Care & Education

*Online learning + 5 hour practical Assessment*

February 10, 2pm – 7pm

March 10, 2pm – 7pm

April 7, 2pm – 7pm

May 12, 2pm – 7pm

June 9, 2pm – 7pm

## Face to Face First Aid

*Workplace training can be requested*



## Bookings

Royal Life Saving NT

ABN 57 939 760 839 - RTO 0859

GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: [nt.training.royallifesaving.com.au](https://nt.training.royallifesaving.com.au)



# TRAINING CALENDAR REGIONAL & REMOTE



## Resuscitation Courses

Alice Springs: 27<sup>th</sup> January 12pm – 2pm  
Jabiru: 15<sup>th</sup> February 12pm – 2pm  
Katherine: 12<sup>th</sup> March 12pm – 2pm  
Tennant Creek: 5<sup>th</sup> April 12pm – 2pm  
Batchelor: 12<sup>th</sup> November 8.30am – 10.30am

## Bronze Medallion Courses

Alice Springs: 29<sup>th</sup> January 8.30am – 4.30pm  
Jabiru: 16<sup>th</sup> February 8.30am – 4.30pm  
Katherine: 12<sup>th</sup> March 8.30am – 4.30pm  
Tennant Creek: 6<sup>th</sup> April 8.30am – 4.30pm  
Batchelor: 12<sup>th</sup> November 8.30am – 4.30pm

## First Aid Online + Practical Assessments *Online learning + 4 hour practical Assessment*

Alice Springs: 27<sup>th</sup> January 12pm – 4pm  
Jabiru: 15<sup>th</sup> February 12pm – 4pm  
Tennant Creek: 5<sup>th</sup> April 12pm – 4pm  
Katherine: 3<sup>rd</sup> November 12pm – 4pm

## Pool Lifeguard

Alice Springs: 12<sup>th</sup> & 13<sup>th</sup> February 8.30am – 4.30pm  
Jabiru: 17<sup>th</sup> & 18<sup>th</sup> February 8.30am – 4.30pm  
Tennant Creek: 7<sup>th</sup> & 8<sup>th</sup> April 8.30am – 4.30pm  
Katherine: 5<sup>th</sup> & 6<sup>th</sup> November 8.30am – 4.30pm

## Bronze Medallion Update

Alice Springs: 20<sup>th</sup> January 8.30am – 12.30pm  
Jabiru: 16<sup>th</sup> February 8.30am – 12.30pm  
Katherine: 12<sup>th</sup> March 8.30am – 12.30pm  
Tennant Creek: 6<sup>th</sup> April 8.30am – 12.30pm  
Batchelor: 12<sup>th</sup> November 8.30am – 12.30pm

## First Aid Child Care & Education *Online learning + 5 hour practical Assessment*

**Face to Face First Aid**  
*Workplace training can be requested*

## Pool Lifeguard Update

Alice Springs: 26<sup>th</sup> February 8.30am – 4.30pm  
Jabiru: 18<sup>th</sup> February 8.30am – 4.30pm  
Tennant Creek: 8<sup>th</sup> April 8.30am – 4.30pm  
Alice Springs: 7<sup>th</sup> November 8.30am – 4.30pm  
Katherine: 13<sup>th</sup> March 8.30am – 4.30pm

## Bookings

Royal Life Saving NT  
ABN 57 939 760 839 - RTO 0859  
GPO Box 1229, Darwin NT 0801



Phone: 08 8981 5036 Website: [nt.training.royallifesaving.com.au](http://nt.training.royallifesaving.com.au)



# AUSTSWIM TRAINING CALENDAR

## Teacher of Swimming and Water Safety Darwin

12<sup>th</sup> & 13<sup>th</sup> February 8.30am – 4.30pm

20<sup>th</sup> & 21<sup>st</sup> August 8.30am -4.30pm

12<sup>th</sup> & 13<sup>th</sup> November 8.30am – 4.30pm

## Alice Springs

19<sup>th</sup> & 20<sup>th</sup> February 8.30am – 4.30pm

## Katherine

17<sup>th</sup> & 18<sup>th</sup> September 8.30am – 4.30pm

## Teacher of Infant and Preschool Aquatics Darwin

20<sup>th</sup> February 8.30am – 4.30pm

22<sup>nd</sup> October 8.30am – 4.30pm

## Alice Springs

6<sup>th</sup> March 8.30am – 4.30pm

## Katherine

26<sup>th</sup> November 8.30am – 4.30pm



### Bookings

Royal Life Saving NT

ABN 57 939 760 839 - RTO 0859

GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: [nt.training.royallifesaving.com.au](http://nt.training.royallifesaving.com.au)





# JOB OPPORTUNITIES

Alice Springs Town Council are looking for enthusiastic new team members to join the Aquatic and Leisure Centre.

Current vacancies include:

- Full time Programs/Instructor Assistant
- Full time Pool Operations Assistant
- Full time/Permanent /Part time/Casual/ Pool Lifeguards and Swim Instructors

Contact [pfranklin@asalc.com.au](mailto:pfranklin@asalc.com.au) or visit <https://alicesprings.nt.gov.au/council/opportunities/jobs> for more information.





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