



# Kicking Back

Edition 109 | May 2021

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***Patron:** Her Honour the Honourable Vicki O'Halloran AM  
Administrator of the Northern Territory and Mr Craig O'Halloran  
**President:** Penny Hart*

Proudly sponsored by  
 Northern Territory  
Government



**ROYAL LIFE SAVING**  
NORTHERN TERRITORY



# MISSION, VISION AND STRATEGY

*Royal Life Saving is dedicated to turning everyday people into everyday community lifesavers.*

*We achieve this through education, training, health promotion, risk management, research, sport and advocacy.*

***Mission:*** *To prevent loss of life and injury in the community with an emphasis on the aquatic environment.*

***Vision:*** *To build a healthy, strong and safe aquatic community through access to water safety education and training.*

***Strategy:*** *Our People, Our Lifestyle, our Water*

*Be Safe : In, on and around water from the RLSSANT Management Committee*

# MAKE THE RIGHT CALL

Know your limitations and don't take risks. Don't be a statistic. Boating and fishing continue to be popular recreational activities, however, latest drowning figures show that over the past ten years, 410 people have lost their lives while boating or fishing., Royal Life Saving is urging boaters and fishers to Make the Right Call when it comes to safety. Royal Life Saving's 'Make the Right Call' campaign highlights a common-sense approach and advocates simple safety tips to prevent drowning:

- Avoid alcohol around water
- Wear a lifejacket when boating, kayaking or canoeing
- Avoid swimming or recreating alone around water

## For all Territorians:

- Find out if it is safe to swim – look for signs & follow the rules
- Know when you are in crocodile country & find your nearest swimming pool to visit instead
- If you are fishing – stay out of the water – otherwise you may become the bait
- Actively supervise children



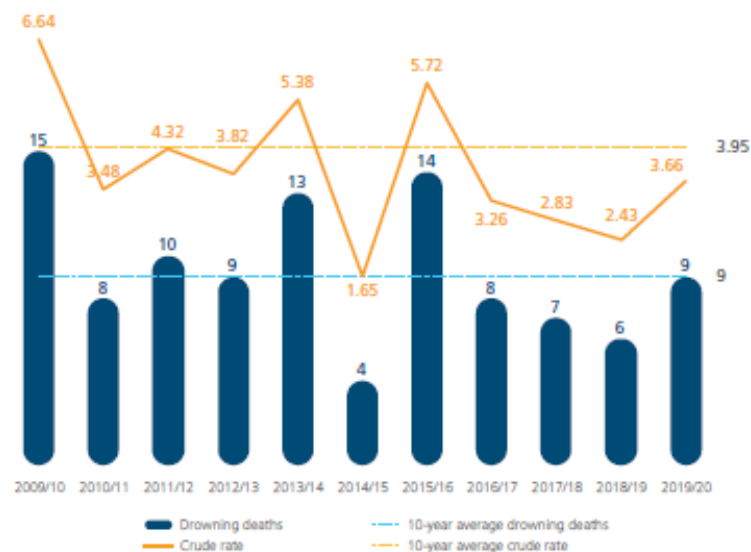
# NATIONAL DROWNING REPORT 2020

## NORTHERN TERRITORY



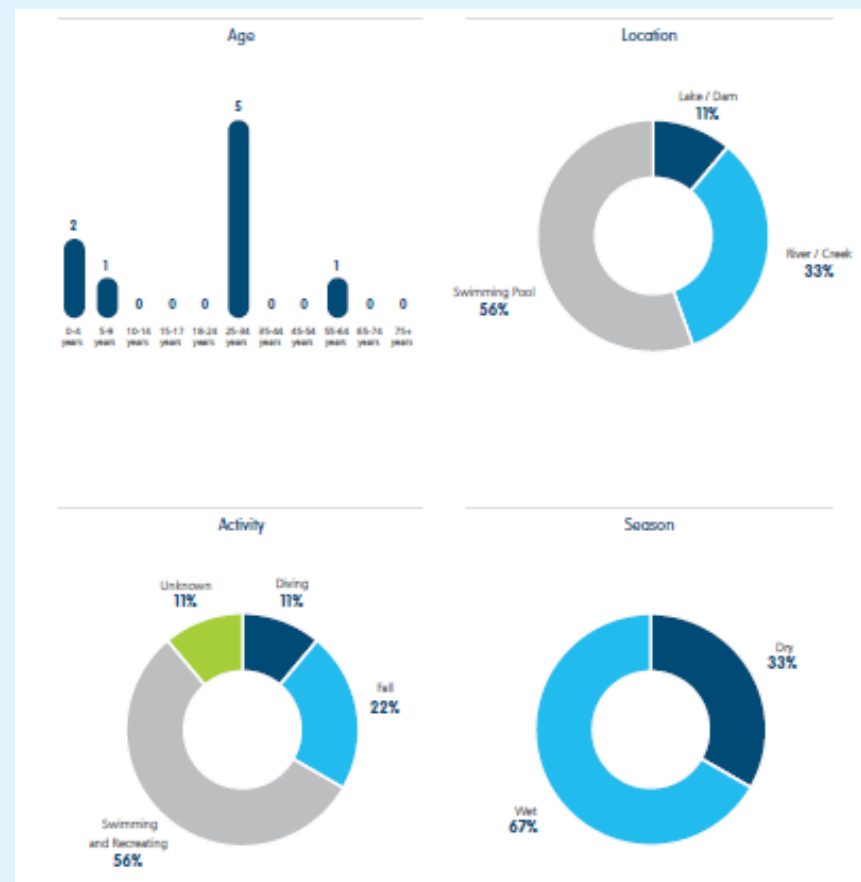
67% of those who drowned in the Northern Territory were male

Drowning deaths and death rates in the Northern Territory from 2009/10 to 2019/20 and the 10-year average



Sadly, the Northern Territory maintains the highest drowning rate per capita in Australia with 9 drowning deaths recorded in the 2019-2020 period.

For the full National Drowning Report please visit: <https://bit.ly/34dFYZQ>





# COMMUNITY – Our People

On the 19<sup>th</sup> of May at Government House, we celebrated some very special people who have made exceptional contributions to Lifesaving, Water Safety and Drowning Prevention in the Northern Territory.





# COMMUNITY – Our People

We are very pleased to share with you, the winner of the inaugural Northern Territory Administrator's Medal Award is Petina Franklin.



Here is an excerpt of Petina's citation....

"Petina has been an active advocate of drowning prevention for the past 20 years. Based in Alice Springs, Petina has been a Board Member of Royal Life Saving NT for 8 years, ensuring that Central Australia and people in remote locations had a voice and could access services. Petina was instrumental in setting up the first Pool Life Saving Club in Alice Springs and has volunteered at numerous community events in Alice Springs. Her volunteer commitment has been in excess of 100 hours every year."

Congratulations and thank you Petina!

# COMMUNITY – Our People

We would like to acknowledge the nominees of the NT Administrator's Medal Award, who were recognised for their exceptional contribution to Lifesaving, Water Safety and Drowning Prevention in the Northern Territory.



## Marianne Yuen

"Marianne has been an active member of Royal Life Saving NT for the past 15 years and volunteers over 50 hours every year to assist in community events. People talk about Marianne with pride and gratitude and say things like – “I was scared of the water and I took my children to Marianne’s Swim School. She was wonderful with them and then taught me how to swim”. Marianne is passionate about water safety and has contributed to drowning prevention in the Northern Territory for over 20 years."



# COMMUNITY – Our People



**Louise Salathiel**

“Louise Salathiel has been a pillar of Northern Territory aquatics for over 15 years. She has worked tirelessly with young & aspiring lifeguards, aquatic stakeholders, and peak aquatic bodies throughout this period by facilitating, guiding, and mentoring participation in all things water safety, lifesaving and drowning prevention. It is hard to quantify exactly how significant Louise’s contributions have been to lifesaving, water safety and the prevention of drowning over this tenure, but it would be safe to assume that without her presence in the industry over the past 15 years, we would not be in the position we are in today.”



**Charmain Scoggins**

“Charmain’s manner and professionalism with young people and teachers is beyond reproach. She is an exceptional trainer and she has developed ongoing positive relationships with students and staff at our school. Charmain models exemplary practice to promote Royal Life Saving as the preferred choice of provider for First Aid Courses in the Northern Territory. I strongly recommend her as an award recipient for exceptional contribution to Lifesaving, Water Safety and Drowning Prevention in the Northern Territory.”



# COMMUNITY – Our People



## Cieran New

"Cieran has assisted in 369 people gaining qualifications such as Bronze Medallion, CPR, Pool Lifeguard and First Aid, this financial year. Thanks to Cieran's leadership in delivering these courses, 33 indigenous people gained employment.

Cieran implemented the Remote Swim, Survive & Strive Project in 20 remote communities with 1804 students participating. The Remote Swim, Survive & Strive Project allows students who live in remote locations, who do not have access to qualified swimming instructors, the opportunity to learn about being safe in, on and around the aquatic environment."



## Steve Whiteside

"Steve is an all rounder when it comes to serving the community through Royal Life. A trainer in almost all training courses, a great swimming and water safety teacher along with Pool Lifesaving teacher. Steve does a vast majority of Royal Life Saving's work in remote communities. Spending up to 20 weeks a year in remote communities. Steve is highly motivated to get the job done, no matter what circumstances are thrown at him. He is flexible in his delivery of services that all people can relate to. He gets things done. "

# COMMUNITY – Our People



## Lee Chapman

"Lee's role to manage the local swimming pool for Green River Aboriginal Corporation came about through his dedication & passion to see the local swimming pool open for as many hours as possible – after school, weekends & during school holidays so the children of Nauiyu Community can keep cool by swimming and having fun in the water & learning to be always safe in and around water. The benefits to the children of Nauiyu community are many, as normally they would swim down at the local water hole/river which is not a safe environment considering the various dangers & elements of the Daly River area.

Lee's dedication to keep the swimming pool operating in an exemplary manner sees him at the swimming pool putting in a lot of volunteer hours as well, keeping the pool open & well maintained including the grounds & public facilities, so the local children & community members can enjoy this wonderful community asset."



# COMMUNITY – Our People



**Tahlia Waters**

"Tahlia is an outstanding swim teacher who consistently has a positive and uplifting attitude. She is a great role model on pool deck as a Team Leader and a valued member of Royal Life Saving NT. She has provided lessons for a child in her own time and worked with the family to ensure their child was confident enough to continue the Swim and Survive Program. Her ongoing contribution to drowning prevention and water safety is admirable."



**Rosie Martinez**

"Rosie contributes to lifesaving in the NT by collaborating with RLSSA to bring water safety education to the children and their families at all City of Darwin libraries. The benefit to NT by Rosie's contribution is that existing and new families can participate in water safety education sessions. Rosie is always willing to promote, advertise all water safety education sessions in the preschool story time sessions."

# COMMUNITY – Our People

Congratulations and thank you to all who were awarded for their continuous service to Royal Life Saving NT and our community!





***SAVE THE DATES!***



**AUSTSWIM Teacher of Adults: 13<sup>th</sup> August 2021**

**AUSTSWIM Teacher of Toward Competitive Strokes: 14<sup>th</sup> August 2021**

**AUSTSWIM Teacher of Aquatics - Access and Inclusion: 15<sup>th</sup> August 2021**

**AUSTSWIM Teacher of Infants & Preschoolers: 16<sup>th</sup> August 2021**

Register your interest today via email to: [trainingmanagernt@rlssa.org.au](mailto:trainingmanagernt@rlssa.org.au)

# AQUATIC SERVICES



Great work to Petina and the Team from the Alice Springs Aquatic & Leisure Centre for completing their Annual Aquatic Facility Safety Assessment on the 7<sup>th</sup> of May. A massive thank you to Royal Life Saving NSW for mentoring and upskilling our local auditors. Thanks to Nick, Chad, Ben & Kaye for sharing your knowledge and skills.



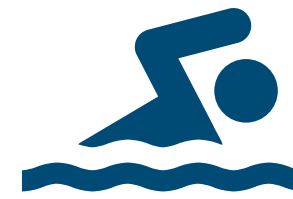
# PROGRAMS



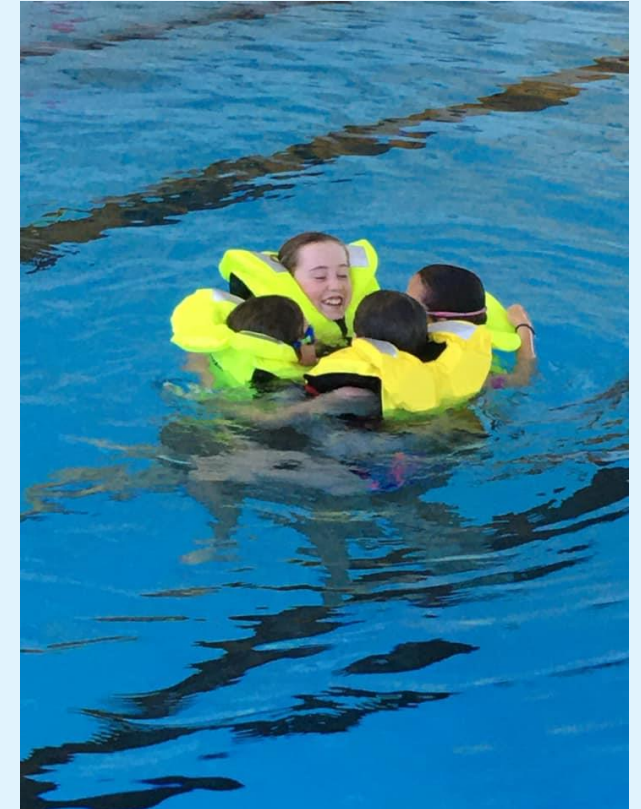
Congratulations to the amazingly talented Year 6 students from Parap Primary School who participated in a swimming, water safety and lifestyle session on the 6<sup>th</sup> of May!  
Thanks for joining in on a morning of water safety fun.



# SPORT

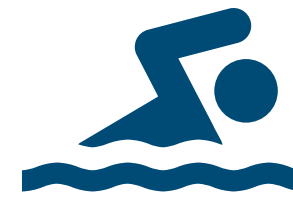


Our Pool Lifesaving participants in Alice Springs enjoyed practising the H.E.L.P position, Huddle, PFD's, rescues and entries throughout May. Future Lifeguards in the making.

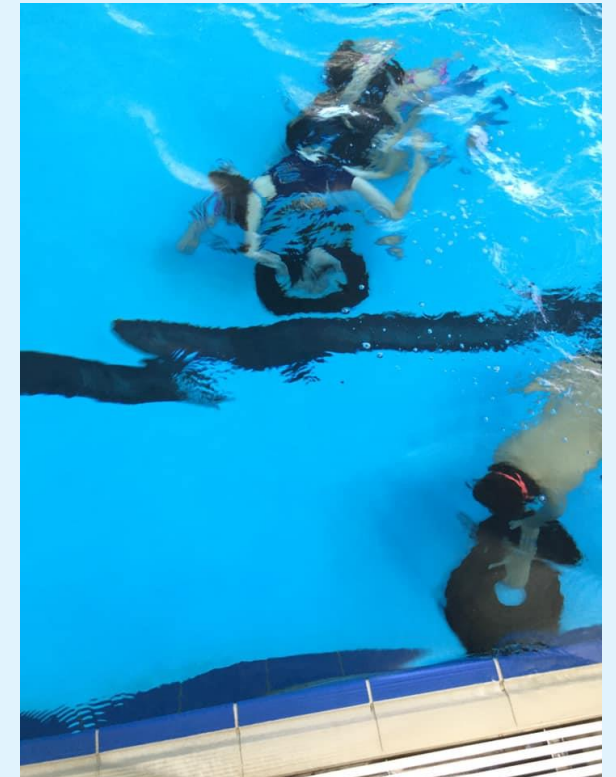




# SPORT



Thank you to Tim Schofield for a fantastic Pool Lifesaving session on the 23<sup>rd</sup> of May in Alice Springs! The Central Desert squad enjoyed the great tips and tricks.





# KEEP WATCH



Remember the key messages:

👍 Supervision   👍 Restrict Access   👍 Water Familiarisation   👍 Learn CPR



# INDIGENOUS ADVANCEMENT STRATEGY

Staff from Ramingining School in East Arnhem Land travelled to Darwin on the 22<sup>nd</sup> of May to complete their Bronze Medallion training.

A great achievement, well done !





# WATER SAFETY UNIT

The Water Safety Unit



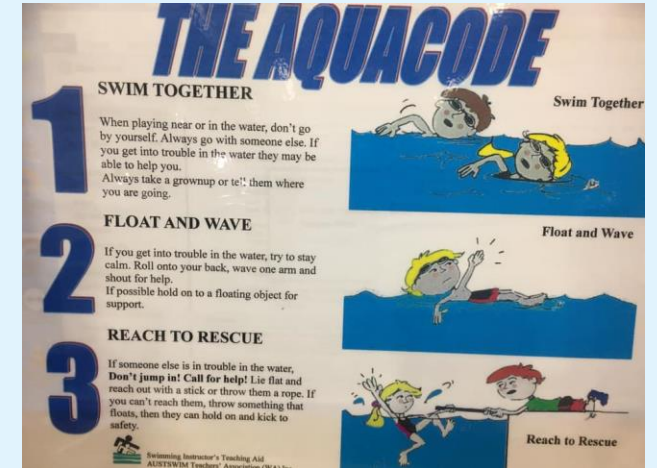
Thank you to the City of Darwin for hosting a great event on the 21<sup>st</sup> of May for National Families Week! A beautiful way to spend a dry season day on The Esplanade.





# WATER SAFETY UNIT

Great work to the Staff of Our Lady of the Sacred Heart College, Bath Street Alice Springs for investing in Swim and Survive skills for their students. Boof had a great time at assembly on the 10<sup>th</sup> of May reminding the students about being Water Safety Wise....it's everyone's responsibility to look out for each other when around water. Enjoy your swimming lessons!





## EMERGENCY CARE SESSIONS 2021 - Bookings are essential

### PARAP

Royal Life Saving NT  
77 Ross Smith Ave, Parap (Blue building)

Monday 21st June 9-10am  
Tuesday 22nd June 5-6pm

Monday 12th July 5-6pm  
Tuesday 13th July 9-10am

Monday 23rd August 5-6pm  
Tuesday 24th August 9-10am  
Saturday 28th August 9-10am

Monday 6th September 5-6pm  
Saturday 11th September 9-10am

### PALMERSTON

Palmerston Child & Family Centre  
2 Brennan Court, Farrar

Wednesday 23rd June 4:30-5:30pm

Wednesday 14th July 4:30-5:30pm  
Thursday 15th July 9-10am

Wednesday 25th August 4:30-5:30pm  
Thursday 26th August 9-10am

Wednesday 8th September 4:30-5:30pm

### ALICE SPRINGS

Birth & Beyond Parent Resource Centre  
10/89 Fan Arcade Alice Springs 0870

Monday 21st June 10-11am  
Tuesday 22nd June 10-11am  
Thursday 24th June 4:30-5:30pm

Monday 26th July 10am  
Tuesday 27th July 10am  
Thursday 29th July 5pm

Saturday 7th August 10am  
Monday 9th August 5pm  
Tuesday 10th August 10am

**Are you in another location? Call us today to find out how you can attend an Emergency Care Session**  
**08 8981 5036**





Thanks to the coordinators at the Tata Centre in Karama for inviting us to talk to a group of parents on the 20<sup>th</sup> of May about the importance of water safety for their families. After completing their Emergency Care Session these parents are now ready to use their Water Safety Awareness Program vouchers for swimming lessons

# TRAINING

We are very proud of this bunch! The Police Cadets in Alice Springs turn up ready to give Bronze Medallion training their best shot each week. Great work guys!





# TRAINING



FORREST PARADE  
SCHOOL

The annual Forrest Parade School Swim Teacher Rescue Award was held on the 24<sup>th</sup> May. It was an amazing turn out with almost 30 teachers and staff participating in the training. Participants update their CPR and basic water rescue skills each year to ensure their students are safe in and around the water.

# TRAINING CALENDAR DARWIN



## Resuscitation Courses

8<sup>th</sup> July 2pm - 4pm  
12<sup>th</sup> August 2pm - 4pm  
9<sup>th</sup> September 2pm - 4pm  
14<sup>th</sup> October 2pm - 4pm  
11<sup>th</sup> November 2pm – 4pm

## Pool Lifeguard

2<sup>nd</sup> & 3<sup>rd</sup> October 8.30am-4.30pm

## Pool Lifeguard Update

6<sup>th</sup> October 12.00pm -8.00pm  
7<sup>th</sup> October 8.30am-4.30pm  
9<sup>th</sup> October 8.30am-4.30pm

## Bronze Medallion Courses

21<sup>st</sup> August 8.30am -4.30pm  
11<sup>th</sup> September 8.30am -4.30pm  
29<sup>th</sup> September 8.30am -4.30pm  
16<sup>th</sup> October 8.30am-4.30pm

## Bronze Medallion Update

11<sup>th</sup> August 3.30pm -7.30pm  
15<sup>th</sup> September 3.30pm -7.30pm  
13<sup>th</sup> October 3.30pm -7.30pm

## First Aid Online + Practical Assessments

*Online learning + 4 hour practical Assessment*

8<sup>th</sup> July 2pm -6pm  
12<sup>th</sup> August 2pm – 6pm  
9<sup>th</sup> September 2pm – 6pm

## First Aid Child Care & Education

*Online learning + 5 hour practical Assessment*

8<sup>th</sup> July 2pm– 7pm  
12<sup>th</sup> August 2pm – 7pm  
9<sup>th</sup> September 2pm – 7pm

## Face to Face First Aid

*Workplace training can be requested*



## Bookings

Royal Life Saving NT  
ABN 57 939 760 839 - RTO 0859  
GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: [nt.training.royallifesaving.com.au](http://nt.training.royallifesaving.com.au)





# TRAINING CALENDAR REGIONAL & REMOTE



## Resuscitation Courses

Alice Springs: 30<sup>th</sup> July 8.30am – 10.30am  
Tennant Creek: 27<sup>th</sup> October 8.30am -10.30am

## Bronze Medallion Courses

Alice Springs: 1<sup>st</sup> October 8.30am – 4.30pm  
Tennant Creek: 28<sup>th</sup> October 8.30am -4.30pm

## First Aid Online + Practical Assessments

*Online learning + 4 hour practical Assessment*  
Alice Springs: 30<sup>th</sup> September 8.30am – 12.30pm  
Tennant Creek: 27<sup>th</sup> October 8.30am – 12.30pm

## Pool Lifeguard

Alice Springs: 2<sup>nd</sup> & 3<sup>rd</sup> October 8.30am-4.30pm  
Tennant Creek: 29<sup>th</sup> & 30<sup>th</sup> October 8.30am – 4.30pm

## Bronze Medallion Update

Alice Springs: 1<sup>st</sup> October 8.30am – 12.30pm  
Tennant Creek: 28<sup>th</sup> October 8.30am – 12.30pm

## First Aid Child Care & Education

*Online learning + 5 hour practical Assessment*  
Alice Springs: 30<sup>th</sup> September 8.30am – 1.30pm

## Pool Lifeguard Update

Alice Springs: 7<sup>th</sup> November 8.30am – 4.30pm  
Tennant Creek: 31<sup>st</sup> October 8.30am – 4.30pm

## Face to Face First Aid

*Workplace training can be requested*



## Bookings

Royal Life Saving NT  
ABN 57 939 760 839 - RTO 0859  
GPO Box 1229, Darwin NT 0801



Phone: 08 8981 5036 Website: [nt.training.royallifesaving.com.au](https://nt.training.royallifesaving.com.au)

# TRAINING CALENDAR AUSTSWIM



## DARWIN

### Teacher of Swimming and Water Safety

7<sup>th</sup> & 8<sup>th</sup> August 8.30am – 4.30pm  
13<sup>th</sup> & 14<sup>th</sup> November 8.30am – 4.30pm

### Teacher of Preschool and Infants

16<sup>th</sup> August 8.30am – 4.30pm

### Teacher of Adults

13<sup>th</sup> August 8.30am – 4.30pm

### Teacher of Access and Inclusion

15<sup>th</sup> August 8.30am – 4.30pm

### Towards Competitive Strokes

14<sup>th</sup> August 8.30am – 4.30pm

### Water Exercise—WETS

On request



The full course details are located <http://www.austswim.com.au/>  
Royal Life Saving Society (Australia) NT Branch Inc RTO Provider Number  
0859 are the delivery agent (Third Party) for this course and all certification  
is issued through AUSTSWIM.  
AUSTSWIM LTD  
RTO Provider Number 104975  
1300 885 666

## ALICE SPRINGS

### Teacher of Swimming and Water Safety

20<sup>th</sup> & 21<sup>st</sup> August 8.30am – 4.30pm

### Teacher of Preschool and Infants

24<sup>th</sup> October 8.30am – 4.30pm

### Teacher of Adults

On request

### Teacher of Access and Inclusion

On request

### Towards Competitive Strokes

On request

### Water Exercise—WETS

On request



## Bookings

Royal Life Saving NT  
ABN 57 939 760 839 - RTO 0859  
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*"Our People, Our Lifestyle, Our Water"*

## CONNECT WITH US



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