



Kicking Back

Edition 118 | March 2022

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Email: nt@rlssa.org.au

Patron: Her Honour the Honourable Vicki O'Halloran AM
Administrator of the Northern Territory and Mr Craig
O'Halloran

President: James Sheridan

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 Northern Territory
Government



ROYAL LIFE SAVING
NORTHERN TERRITORY

MISSION, VISION AND STRATEGY



Royal Life Saving is dedicated to turning everyday people into everyday community lifesavers.

We achieve this through education, training, health promotion, risk management, research, sport and advocacy.

Mission: *To prevent loss of life and injury in the community with an emphasis on the aquatic environment.*

Vision: *To build a healthy, strong and safe aquatic community through access to water safety education and training.*

Strategy: *Our People, Our Lifestyle, our Water*

Be Safe : In, on and around water from the RLSSANT Management Committee

Join
Now!



ROYAL LIFE SAVING
NORTHERN TERRITORY

2021/2022 MEMBERSHIP

*Mission: To prevent loss of life and injury in the community
with an emphasis on the aquatic environment.*

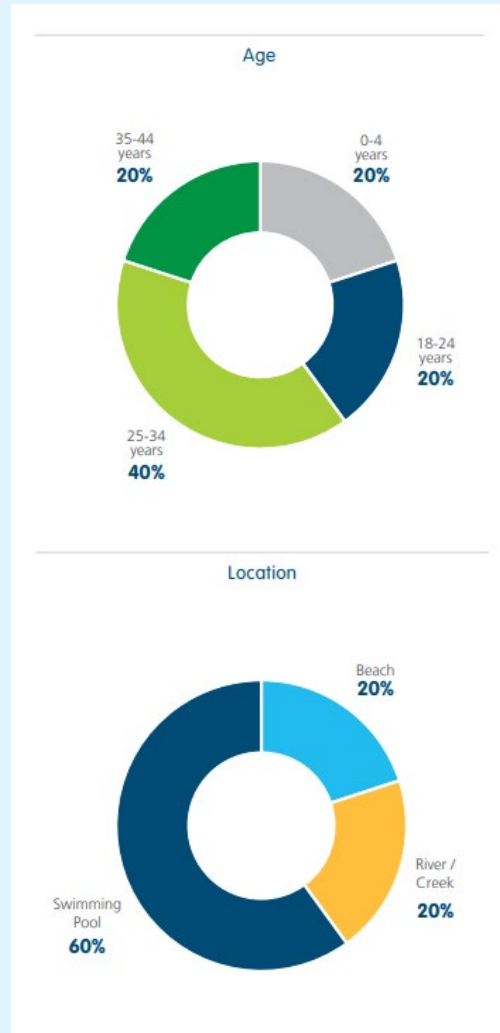
*Vision: To build a healthy, strong and safe aquatic community
through access to water safety education and training.*



Benefits include:

- Limited edition gift pack
- 5% discount on courses
- Monthly Newsletter
- Invitations to functions

NATIONAL DROWNING REPORT 2020/21



Sadly 5 Territorians lost their lives to drowning during 2020/21.

The National Drowning Report is now available.

To explore it in more detail, follow the link below

<https://bit.ly/3BRAQtW>



MAKE THE RIGHT CALL



Young men aged 18 to 34 are at the highest risk of drowning.

“We’re asking young men to make the right call and to look out for themselves and their mates and to plan ahead”

- avoid alcohol when you’re around water
- wear a lifejacket if you are boating or fishing
- never go alone



ROYAL LIFE SAVING
NORTHERN TERRITORY

WANTED SWIMMING TEACHERS



Are you looking for casual work?

Royal Life Saving – NT are looking for motivated individuals to assist in delivering the Swim and Survive program in Darwin & Palmerston. You will receive excellent casual hourly rate, flexible working hours during the school term and work in a fun & enjoyable environment.

Experience preferred but not essential.

Training will be provided, if necessary, with flexible payment plans available upon employment.

Please contact Laura Withers on 8981 5036 or watersafety@rlssa.org.au for more information.



Call (08) 8931 1000

Goldfishbowl Swim School

"Where the Water is Warm and the Teachers are Cool"

The Only Fully Covered, Temperature Controlled Pool in Palmerston

Enrolments are now open for Term 2.
Call the Team on 8931 1000 to book your child today!

INDIGENOUS ADVANCEMENT STRATEGY

Our IAS Team travelled to Alyangula from 14-18 March to deliver Bronze Medallion, First Aid & CPR training. The Swim & Survive program was also delivered to local students and the FaFT group enjoyed some time in the water with their children. Thank you to all members of the community who participated in the training.



INDIGENOUS ADVANCEMENT STRATEGY

Congratulations to these 4 students who travelled from Millingimbi to complete their Swim and Survive Level 7 for their Maritime Rangers training in Nhulunbuy 21-25 March.
Great work and well done!



INDIGENOUS ADVANCEMENT STRATEGY

Well done to the students and Staff from Laynhapuy Homelands School who participated in a two day intensive swim program achieving Levels 6 and 7 in the Swim & Survive program and CPR awareness at Nhulunbuy from March 23-24. Its pretty amazing what a strong Team of collaborative people can achieve in two days!



INDIGENOUS ADVANCEMENT STRATEGY

Our IAS Team were able to visit Ngukurr from March 28 to April 1 to deliver some important First Aid training to the community. Well done to all participants and their wonderful engagement in the training.



PROGRAMS



Our bi-annual Swim Teacher Inservice was held on March 4. A wonderful opportunity for our swim teachers to come together, old and new, to share knowledge and learn new skills. Our swim teachers are looking forward to being back in the water again.



PROGRAMS



The Sunday Lifesaving program held at the Nightcliff Pool came to an end on March 20. Well done to all the children who participated on some amazing achievements. Thank you to the Hon. Natasha Fyles MLA for her ongoing support of this program.



PROGRAMS



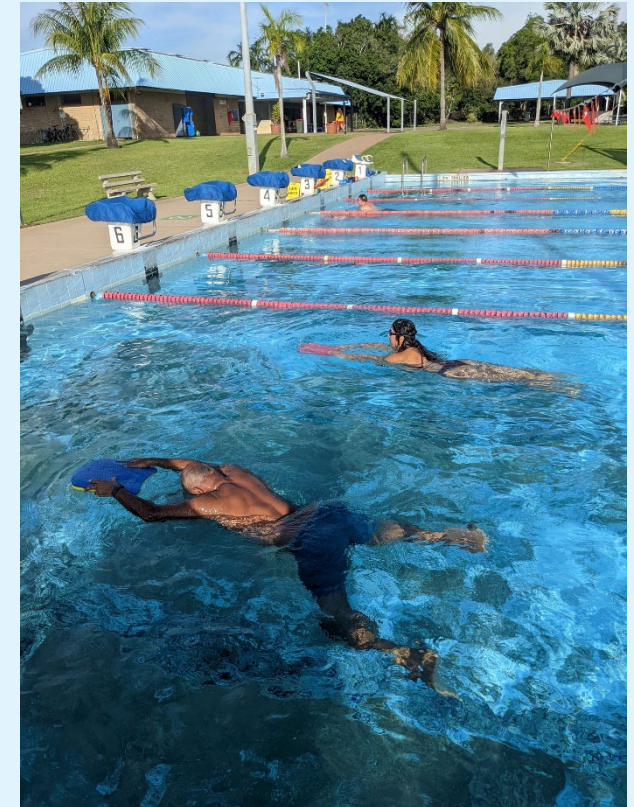
Our Swim and Survive Program commenced for Wanguri Primary School students on March 28 at Casuarina Pool. We can't wait to see how the students improve over their 10 day program, they have all made a great start!



PROGRAMS



Congratulations to our participants of the 6-week Adult Learn to Swim Program. A special note and congratulations to Akhilesh who achieved his goal of swimming 50 metres unaided, well done!



PROGRAMS



The Little Royals Swim School program held at Nightcliff Pool concluded on March 20. Thanks to the Hon Natasha Fyles MLA for her support of this program and to the wonderful parents who participated with their children in the six-week program. Well done!

PROGRAMS

Swim
and
SURVIVE

Royal Life Saving NT
Little Royals
Swim School

ROYAL LIFE SAVING
NORTHERN TERRITORY



Congratulations to the wonderful children and parents who completed their Swim & Survive program in Katherine during March. Thanks to Jo Hersey MLA for presenting certificates and taking the time to visit the pool and chat about all things water safety.

STAY OUT OF PIPES AND DRAINS

The Wet Season is here, Territorians are being urged to stay out of pipes and drains!



#STAYSAFETHISWET #STAYOUTOFPIPESANDDRAINS

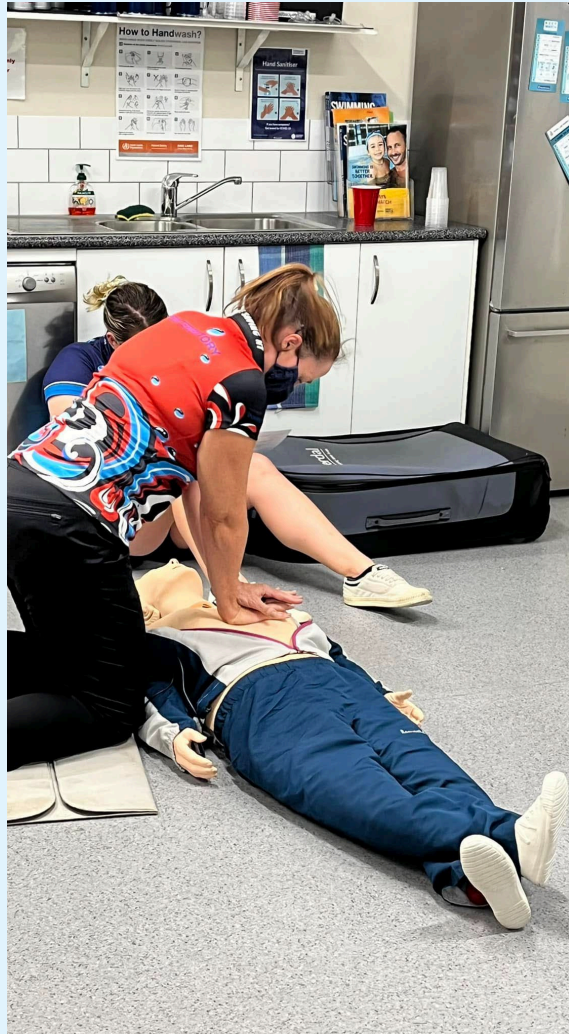
SPORT



Pool Lifesaving

Training every Wednesday!

- Parap Swimming Pool 5:30pm – 6:30pm
- Alice Springs Aquatic & Leisure Centre 3-5:30pm



The Darwin Pool Lifesaving athletes were lucky enough to have Adam Moore, Australian Pool Rescue Champion share some tips with them on March 30. Thanks for your time Adam, our coaches & athletes appreciated it!

SPORT



28 children enjoyed our come and try Pool Lifesaving event on March 23 at Nhulunbuy Aquatic Centre. Thank you to Nhulunbuy Corporation for their in-kind support of this event by providing free pool entry.

Thank you also to the coaches, athletes and parents of the Nhulunbuy Amateur Swimming Club for making this a wonderful community event.



KEEP WATCH

**KEEP
WATCH**
TO PREVENT DROWNING



ROYAL LIFE SAVING
NORTHERN TERRITORY



Remember the key messages:

👍 Supervise 👍 Restrict 👍 Teach 👍 Respond

WATER SAFETY

AWARENESS PROGRAM



A massive shout out to these amazing Mums and their babies who braved wild weather to attend their Emergency Care session on March 29. We hope you enjoy your swimming lessons with your babies in better weather!





WATER SAFETY

AWARENESS PROGRAM



EMERGENCY CARE SESSIONS 2022

Bookings are essential

PARAP

Royal Life Saving NT
77 Ross Smith Ave, Parap (Blue building)
Saturday April 2, 9-10am
Monday April 11, 5-6pm
Tuesday April 12, 9-10am

PALMERSTON

Palmerston Child & Family Centre
2 Brennan Court, Farrar
Wednesday April 13, 4:30-5:30pm
Thursday April 14, 9-10am

ALICE SPRINGS

Birth & Beyond Parent Resource Centre
10/89 Fan Arcade Alice Springs
Tuesday April 26, 10am -11am
Friday April 29, 10am – 11am

Are you in another location? Call to find out how you can attend an
Emergency Care Session 08 8981 5036

TRAINING

Throughout March,

- Twenty First Aid and CPR courses were delivered to tradespeople in Darwin
- Nine First Aid and CPR courses were delivered to tradespeople in Alice Springs
- Two First Aid and CPR courses were delivered to tradespeople in Katherine

Congratulations and well done to all participants!



TRAINING

It was a fun filled six days of training in Katherine from March 10-15. Well done to all participants and thank you for your enthusiasm.



TRAINING

Training in Nhulunbuy was held from March 22-25.

- 1 Pool Lifeguard participant
- 3 Bronze Medallion participants
- 8 First Aid participants
- 10 Bronze Medallion update participants

A massive thanks to the Team at the Nhulunbuy Corporation and the Team at the Nhulunbuy Aquatic Centre for your support. A special shout out to Mikey & Shiney, without your support this training would not have been so successful, thank you!





Congratulations to these wonderful teachers who completed their AUSTSWIM Infants course on March 13.

AUSTSWIM



Congratulations to these wonderful teachers who completed their AUSTSWIM Teacher of Access and Inclusion course on March 20 in Darwin. Thanks to Petina Franklin, wonderful AUSTSWIM Presenter who travelled from Alice Springs to deliver this training.

Many thanks to AUSTSWIM who funded the Removing the Barriers Program.

17 Territorians accessed the Program completing their Teacher of Swimming and Water Safety and Teacher of Access and Inclusion at a discounted rate and 5 Territorians completed their Teacher of Access and Inclusion at a discounted rate. Thank you AUSTSWIM for this amazing opportunity!



Well done to the participants who completed their AUSTSWIM Teacher of Swimming and Water Safety on March 5 & 6 in Darwin. We wish you well on your swim teaching journeys.



TRAINING CALENDAR DARWIN

Resuscitation Courses

April 7, 2pm – 4pm

May 19, 2pm -4pm

June 9, 2pm – 4pm

Bronze Medallion Courses

May 7, 8.30am – 4.30pm

August 13, 8.30am – 4.30pm

Bronze Medallion Update

May 5, 3.30pm – 7.30pm

August 10, 3.30pm – 7.30pm

First Aid Online + Practical Assessments

Online learning + 4 hour practical Assessment

April 7, 2pm – 6pm

May 19, 2pm – 6pm

June 9, 2pm – 6pm

First Aid Child Care & Education

Online learning + 5 hour practical Assessment

April 7, 2pm – 7pm

May 19, 2pm – 7pm

June 9, 2pm – 7pm

Face to Face First Aid

Workplace training can be requested



Bookings

Royal Life Saving NT

ABN 57 939 760 839 - RTO 0859

GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: nt.training.royallifesaving.com.au



TRAINING CALENDAR REGIONAL & REMOTE



Resuscitation Courses

Tennant Creek: April 5, 12pm – 2pm

Jabiru: April 6, 8.30am – 10.30am

Katherine: November 3, 12pm – 2pm

Batchelor: November 12, 8.30am – 10.30am

Pool Lifeguard

Tennant Creek: April 7 & 8, 8.30am – 4.30pm

Katherine: November 5 & 6, 8.30am – 4.30pm

Pool Lifeguard Update

Tennant Creek: April 8, 8.30am – 4.30pm

Katherine: November 6, 8.30am – 4.30pm

Alice Springs: November 7, 8.30am – 4.30pm

Bronze Medallion Courses

Tennant Creek: April 6, 8.30am – 4.30pm

Katherine: November 4, 8.30am – 4.30pm

Batchelor: November 12, 8.30am – 4.30pm

Bronze Medallion Update

Tennant Creek: April 6, 8.30am – 12.30pm

Jabiru: April 6, 3pm – 6pm

Katherine: November 4, 8.30am – 12.30pm

Batchelor: November 12, 8.30am – 12.30pm

First Aid Online + Practical Assessments

Online learning + 4 hour practical Assessment

Tennant Creek: April 5, 12pm – 4pm

Jabiru: April 6, 8.30am – 1pm

Katherine: November 3, 12pm – 4pm

First Aid Child Care & Education

Online learning + 5 hour practical Assessment

Face to Face First Aid

Workplace training can be requested



Bookings

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AUSTSWIM TRAINING CALENDAR

Teacher of Swimming and Water Safety

Darwin

20th & 21st August 8.30am -4.30pm

12th & 13th November 8.30am – 4.30pm

Katherine

17th & 18th September 8.30am – 4.30pm

Teacher of Infant and Preschool Aquatics

Darwin

22nd October 8.30am – 4.30pm

Katherine

26th November 8.30am – 4.30pm



Bookings

Royal Life Saving NT

ABN 57 939 760 839 - RTO 0859

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Phone: 08 8981 5036 Website: nt.training.royallifesaving.com.au





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