



Patron: His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory and Ms Ruth Jones

President: James Sheridan



Kicking Back

Edition 122 | July 2023 Telephone: 08 8981 5036 Email: nt@rlssa.org.au



MISSION, VISION AND STRATEGY



Royal Life Saving is dedicated to turning everyday people into everyday community lifesavers.

We achieve this through education, training, health promotion, risk management, research, sport and advocacy.

Mission: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

Vision: To build a healthy, strong and safe aquatic community through access to water safety education and training.

Strategy: Our People, Our Lifestyle, our Water

Be Safe : In, on and around water from the RLSSANT Management Committee

AGM 1st September 2023



Royal Life Saving Society (Australia) NT Branch Inc Notice of Annual General Meeting Friday 1st September 2023

Venue: 77 Ross Smith Avenue Parap, 6-7pm

Agenda, Previous Minutes, Board Nominations and Audited Financial Statements are available from the Public Officer, email <u>froberts@rlssa.org.au</u>

Current financial members will be emailed the AGM documents. A zoom meeting will be available for members who cannot make it in person.

A Member-Q will precede the AGM from 5-6pm with nibbles and drinks.

Please respond by 31st August 2023

Email: <u>nt@rlssa.org.au</u>

Phone: 8981 5036



NORTHERN TERRITORY 2023/2024 MENBERSHIP

Mission: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.Vision: To build a healthy, strong and safe aquatic community through access to water safety education and training.

ROYAL LIFE SAVING NOT HERN TERRITORY 08 8981 5036 royallifesaving.com.au Benefits include:
Limited edition gift pack
5% discount on courses
Monthly Newsletter
Invitations to functions

Swim Teacher Workshop



Our wonderful swim teachers came together on July 12th for a professional development workshop, in preparation for a new term and sharing knowledge. Thanks to guest speaker, Randall Cook for donating his time and sharing his insightfulness.









"Where the Water is Warm and the Teachers are Cool" The Only Fully Covered, Temperature Controlled Pool in Palmerston



The Goldfishbowl Swim School held an open day on the 14th of July with free swim assessments, a sausage sizzle and a special visit from Boof the Barra. Thanks to everyone who joined us for swimming, singing and fun!





Alice Springs Show





Boof the Barra and the Team had a great time at the Alice Springs Show on July 7th and 8th chatting and promoting swimming and water safety to the community. Thanks to everyone who stopped by.







SUPs at Tingkkarli



The Team visited Lake Mary Anne/ Tingkkarli on July 13 with our standup paddle boards. Barkly Regional Council Mayor Jeff McLaughlin and Minister Kate Worden MLA joined in the fun and talked with the Team and community members about the importance of water safety in our inland waterways. Well done to all participants especially those who tried stand up paddle boarding for the first time. This program/activity has been delivered by Royal Life Saving NT, with the support of the Royal Life Saving Society – Australia Inland Communities Water Safety Program and the Australian Government.







Tennant Creek Show







On July 14th the Team attended the Tennant Creek Show. Thank you to the volunteers who made the show happen and all the wonderful people who visited our stall. We loved catching up with you.





Thank you to Steve Edgington MLA, Eva Lawler MLA, Lauren Moss MLA and Chief Minister Natasha Fyles for stopping by and supporting our water safety messages.

Katherine Show





The Water Safety prize wheel proved to be very popular when the Team visited the Katherine Show on July 21st and 22nd. It was a fun weekend of chatting all things water safety with Katherine families and interstate visitors too! Thanks to Selena Uibo MLA, Kate Worden MLA, Eva Lawler MLA and Lia Finocchiaro MLA for supporting our water safety messages in Katherine.











Royal Darwin Show



The Darwin Show was held from 27th – 29th July and what a wonderful time the Team had sharing our water safety messages with members of the community. The Kid's Corner was very popular with the younger members of the community.

Many thanks to our volunteers who helped to make our stall colourful, fun and engaging. Congratulations to Kimberly who was the winner of our Water Safety Survey lucky draw.

Congratulations to us for taking out second place in the Community Stallholder Award!





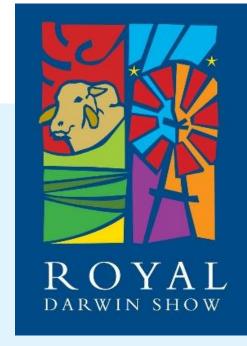






Royal Darwin Show





Families and fun at the Darwin Show!









World Drowning Prevention Day 25 July 2023



World Drowning Prevention Day was celebrated on 25th July. The day was an important reminder that anyone can drown but no one should! Think how you and your family and friends can be safer in, on and around the water. Special acknowledgement goes to the following for turning their buildings blue in recognition of this day: Darwin Convention Centre, City of Darwin Civic Centre, the fountain on Speakers Green at Parliament House, City of Palmerston Water Tower, Palmerston Recreation Centre, Library and Frances Light Pole.



Every small step we take can help save lives





Seniors Month





It's Seniors Month!

Come along and join our favourite Seniors as they participate in FREE aquatic activities at Parap Pool every Thursday through the month of August from 10am. We have the Grey Medallion and the WETS Programs on offer.

For bookings, please call 8981 5036 or email projectsnt@rlssa.org.au

This program is supported by the Northern Territory Government and COTA.







WATER SAFETY AWARENESS PROGRAM



EMERGENCY CARE SESSIONS 2023

Bookings are essential

PARAP

Royal Life Saving NT 77 Ross Smith Ave, Parap (Blue building)

Saturday 19th August 9-10am Monday 21st August 9-10am Monday 21st August 5-6pm Saturday 26th August 9-10am Tuesday 12th September 9-10am Tuesday 12th September 5-6pm Saturday 16th September 9-10am

PALMERSTON

Palmerston Child & Family Centre 2 Brennan Court, Farrar Wednesday 30th August 4.30-5.30pm

Thursday 30[°] August 4.30-5.30pm Thursday 31st August 9-10am Wednesday 13th September 4.30-5.30pm Thursday 14th September 9-10am

ALICE SPRINGS

Birth & Beyond Parent Resource Centre 10/89 Fan Arcade Alice Spring

Friday 4th August 10-11am Friday 18th August 10-11am Tuesday 26th September 10-11am Friday 29th September 10-11am

Are you in another location? Email us at <u>wsap@rlssa.org.au</u> to help us assist you with your enquiry Don't forget to apply for your Learn to Swim or Sports Vouchers now! Semester 2, July – December 2023 is now open. Please visit <u>https://grantsnt.nt.gov.au/welcome</u> to apply today





Take the Plunge!





Terms and conditions apply.

Limited places - enquire early to avoid missing out.

Contact Royal Life Saving NT's Training Manager today to check your eligibility. Email: trainingmanagernt@rlssa.org.au Take the Plunge – Teach a Skill for life program is about creating employment pathways in the aquatic industry across the Northern Territory. Using Vocational Education and Training, the program focuses on identified skills shortages in Swim Teachers and Pool Lifeguards.

Through the Northern Territory Governments Preemployment program, eligible participants may have the cost of their Pool Lifeguard and Swim Teacher training fully funded.

The program is running at the following locations:

- Darwin | August & October
- Nhulunbuy | October & November
- Tennant Creek | October & November

Training Calendar Darwin



Bronze Medallion 8.30am-4.30pm

12th August 9th September 6th October 14th October 18th November 9th December

Bronze Medallion Update 8.30am-12.30pm

> 12th August 9th September 6th October 14th October 18th November 9th December

Resuscitation Courses 2-4pm

> 14th September 12th October 9th November 7th December

Pool Lifeguard 8.30-4.30pm

7th & 8th October

Pool Lifeguard Update 8.30am-4.30pm

7th October



Bookings Royal Life Saving NT ABN 57 939 760 839 - RTO 0859 GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: nt.training.royallifesaving.com.au

First Aid Online + Practical Assessments Online learning + 4-hour practical Assessment 2-6pm 14th September 12th October 9th November 7th December

First Aid Child Care & Education

Online learning + 5-hour practical Assessment

2-7pm 14th September 12th October 9th November 7th December

Face to Face First Aid *Workplace training can be requested*

Training Calendar Regional



Resuscitation

Katherine: 7th September 12.30-2.30pm Alice Springs: 21st September 8.30-10.30am Tennant Creek: 25th October 2.30-4.30pm Batchelor: 11th November 8.30-11.30am Alice Springs: 14th December 12-2pm

Pool Lifeguard 8.30am-4.30pm

Katherine: 9th & 10th September Alice Springs: 23rd & 24th September Tennant Creek: 26th & 27th October

Pool Lifeguard Update 8.30am-4.30pm

Katherine: 10th September Alice Springs: 5th October Tennant Creek: 27th October

Bronze Medallion 8.30am-4.30pm

Katherine: 8th September Alice Springs: 22nd September Tennant Creek: 25th October Batchelor: 11th November

Bronze Medallion Update

Katherine: 8th September 8.30am-12.30pm Alice Springs: 21st September 2.30-6pm Tennant Creek: 25th October 1-4pm Batchelor: 11th November 8.30am-12.30pm

First Aid Online + Practical Assessments *Online learning + 4-hour practical Assessment*

Katherine: 7th September 3-6pm Alice Springs: 21st September 8.30am-1.30pm Tennant Creek: 25th October 2.30-5.30pm Alice Springs: 14th December 12-5pm

First Aid Child Care & Education Online learning + 5-hour practical Assessment

Alice Springs: 21st September 8.30am-1.30pm Alice Springs: 14th December 12-5pm

Face to Face First Aid

Workplace training can be requested



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AUSTSWIM Courses



Teacher of Swimming and Water Safety 8.30am-4.30pm

Darwin 19th & 20th August 11th & 12th November

Alice Springs 9th & 10th September

Tennant Creek 23rd October 12-5pm 24th October 8.30am-5.30pm

Teacher of Infant and Preschool Aquatics 8.30am-4.30pm

> Darwin 3rd October

Alice Springs 10th October

Tennant Creek 7th November

Teacher of Access and Inclusion 8.30am-4.30pm

> Darwin 6th October



Alice Springs 15th September

Tennant Creek 8th November





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WE ARE HIRING

We can offer you

A workplace which makes people's lives better by teaching swimming and water safety skills Generous renumeration On the job training Flexibility

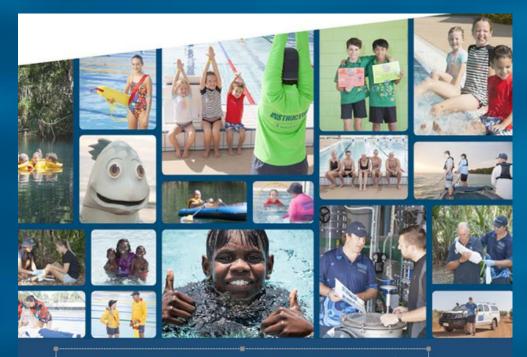
What can you offer us? We want to hear from you if you are a can do allrounder who wants to be a part of our awesome Team and has a willingness to learn new things

If you would like to learn about the incredible opportunities we have on offer please contact us today by emailing <u>nt@rlssa.org.au</u> or calling Jill on 0418 857 076. We can't wait to hear from you!

ROYAL LIFE SAVING

Don't forget to follow our new Facebook page @RoyalLifeSavingNorthernTerritory





"Our People, Our Lifestyle, Our Water"

