



KICKING BACK

April 2025



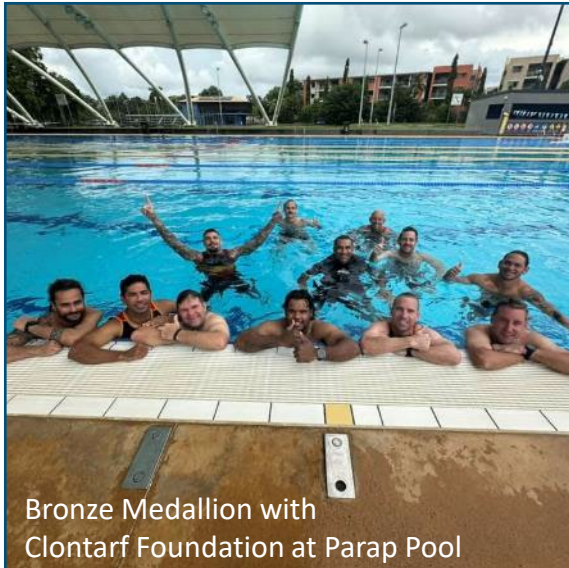
ROYAL LIFE SAVING
NORTHERN TERRITORY

EDITION #141



We're back with the April edition of Kicking Back.

Highlights from the month include community visits to Groote Eylandt and Elliot plus a wrap up of Term One from the Team at the Goldfishbowl Swim School, and more! Keep reading to catch up on all the action.



Bronze Medallion with
Clontarf Foundation at Parap Pool



Swim and Survive Partners Meeting



Community visit to Groote Eylandt

MISSION, VISION AND STRATEGY

MISSION: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

VISION: To build a healthy, strong and safe aquatic community through access to water safety education and training.

STRATEGY: Our People, Our Lifestyle, our Water

Patron: His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory and Ms Ruth Jones.

President: Randall Cook

Proudly sponsored by
 Northern Territory
Government

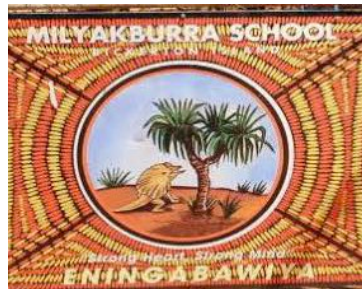
OUR PLACES



From 1-4 April Royal Life Saving NT travelled to Alyangula to deliver Swim, Survive and Strive swimming lessons to students from three schools, in addition to Bronze Medallion and First Aid training with organisations and local community members.

It was a jam-packed four days filled with water safety, swimming, learning and fun.

Keep scrolling for a small snapshot of the visit!





OUR PLACES



From 24-28 March Royal Life Saving NT travelled to Elliot Community to deliver Swim, Survive and Strive lessons to 35 students from Elliot and Newcastle Waters Schools.







JUNIOR POLICE RANGERS



On 2 April Royal Life Saving Society NT wrapped up Bronze Medallion training with two of our longest-running clients, the Junior Police Rangers (JPRs) and Northern Territory Police Cadets.

A key part of the both JPR and Cadet calendars, the training has now been running for over 40 years, helping generations of young Territorians build essential water safety and rescue skills.

The programs not only equip participants with practical knowledge, but also boost confidence, teamwork, and leadership.

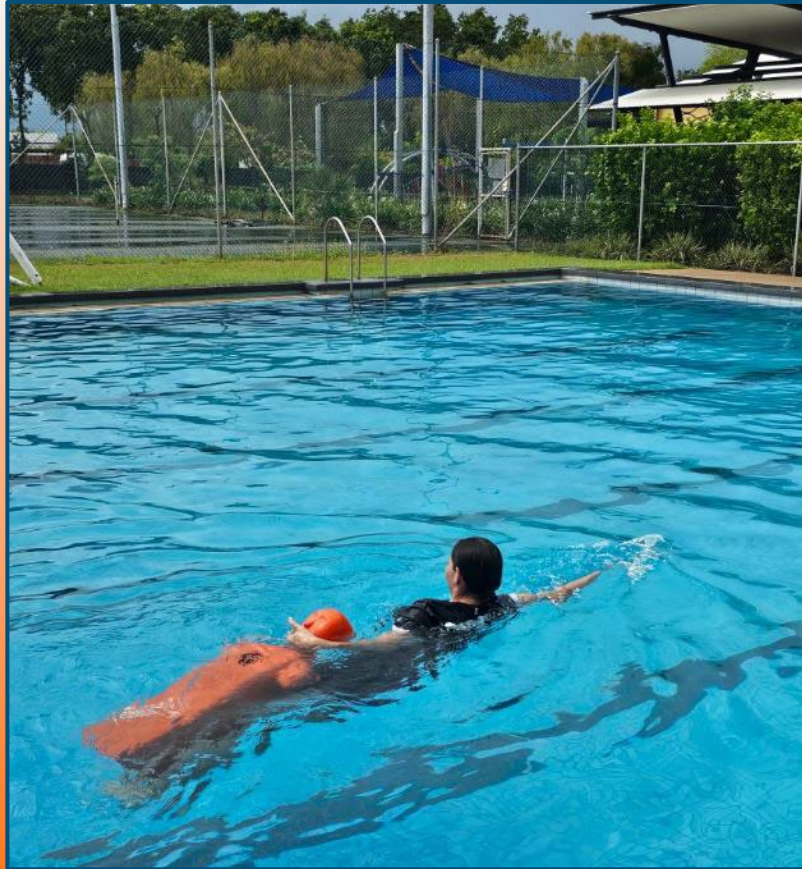
We're proud to play a part in the important community initiative and look forward to many more years of building confidence and water safety skills in the next generation of Territory leaders.

Keep scrolling for pictures.

Program Coordinator Feedback

“Watching the kids learn and do the techniques is always a highlight... the Bronze Medallion gives them life skills and the confidence to help a peer during bush camps or real-life situations.

“Even just knowing how to stay calm and act in stressful moments is a big win.”



TRAINING



From 1-2 May Royal Life Saving NT held Bronze Medallion training with the team from Clontarf Foundation. 23 participants successfully updated qualifications with another 6 completing the course for the first time.

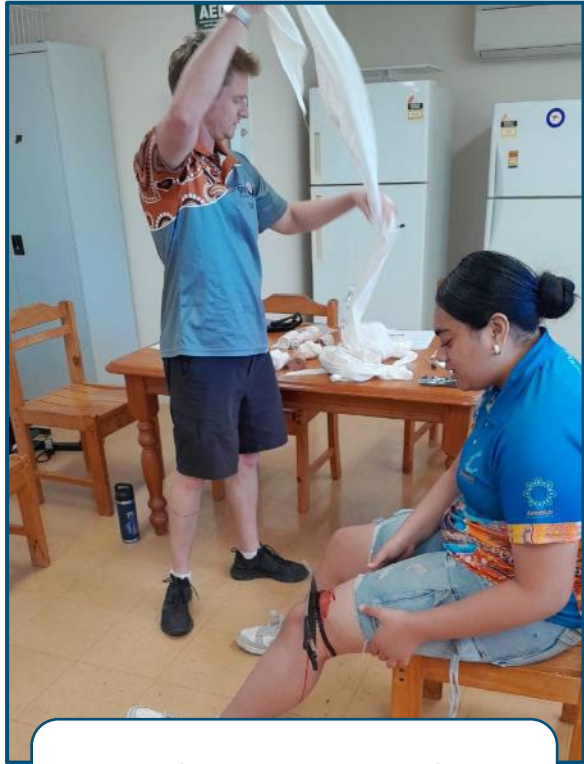
Another one of our long-time clients, the organisation has completed Bronze Medallion and First Aid training annually for more than 10 years. Congratulations to all participants, keep leading the way in water safety!



TRAINING



April was a big month for training across the Territory! Teachers, healthcare professionals and community members updated their qualifications in First Aid, CPR and Bronze Medallion courses. It was fantastic to see so much enthusiasm and commitment to water safety from all corners of the NT.



First Aid at Tennant Creek on 8 April



Bronze Medallion at Parap Pool on 12 April



First Aid training with Bawinanga Homelands Aboriginal Corporation on 17 April



Bronze Medallion at Casuarina Aquatic & Leisure Centre on 24 April

UPCOMING COURSES



Bronze Medallion

Darwin | 17 May 8:30am-4:30pm

Darwin | 9 August 8:30am-4:30pm

Bronze Medallion Update

Darwin | 17 May 8:30am-12:30pm

Darwin | 9 August 8:30am-12:30pm

Resuscitation

Darwin | 27 May 2-4pm

Darwin | 26 August 2-4pm

First Aid (online learning + practical assessment)

Darwin | 27 May 2-6pm

Darwin | 26 August 2-6pm

First Aid Childcare (online learning + practical assessment)

Darwin | 27 May 2-7pm

Darwin | 26 August 2-7pm

In-house group training available on request

- Face-to-face First Aid
- Swim Teacher Rescue Award
- Hydrotherapy Rescue Award



Royal Life Saving NT
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Book Now



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<https://nt.training.royallifesaving.com.au>



Royal Life Saving Northern Territory



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WATER SAFETY AWARENESS PROGRAM

Royal Life Saving Northern Territory is proud to support families with the Water Safety Awareness Program - a free initiative designed to equip parents and caregivers with vital skills to keep young children safe around water.

We're introducing a simple yet effective new tool to help families: a fridge magnet to record and store their child's 6-digit registration number.

This number is required when applying for the Northern Territory Government \$100 Learn to Swim voucher however many parents have told us they struggle to keep it handy. The new magnet gives families a convenient place to write the number down and keep it visible at home, ensuring it's always ready when needed.

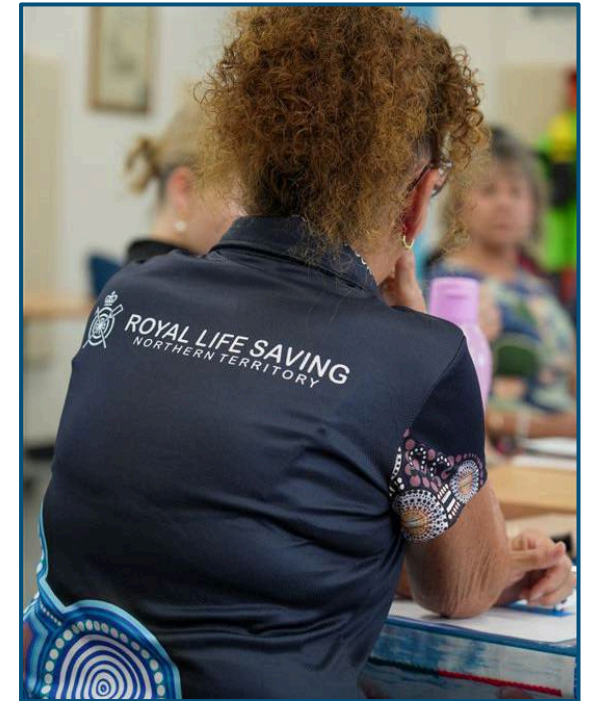
By combining practical water safety education with easy-to-use resources, Royal Life Saving NT continues its commitment to reducing drowning risks and helping Territory families feel confident and prepared around water.

To learn more about the Water Safety Awareness Program or to register, visit www.royallifesaving.com.au/nt.



On 12 April Swim and Survive Partners met with The Hon Jo Heresy MLA to discuss the successes of the Term One roll out of the Northern Territory Government funded School Swimming and Water Safety program.

Minister Heresy said it was a great thrill to hear how the program is going and thanked all stakeholders for collaborating and recording the data for future years.



On 5 April, Royal Life Saving NT's Swim and Survive Team swapped their rashies for bowling shoes and hit the lanes at Kingpin Darwin to celebrate a huge Term One. Well done, everyone!

After delivering 14 swimming and water safety programs to over 1,000 NT primary school students this term, the team deserved a little celebration (and we heard there were even a few strikes scored!).

A massive thank you to our incredible swim teachers for your hard work, passion, and energy. We hope you enjoyed a well-earned break over the school holidays!



From the Goldfishbowl Management Team

It's been a busy and exciting start to 2025 at the Goldfishbowl!

Term One wrapped up on 6 April, with a fantastic 237 students completing the Swim and Survive program. It was great to see 117 students earn certificates and move up a level. What an awesome achievement!

A big shout-out to Humpty Doo Primary who successfully completed their school program with us this term. Well done to all students and teachers involved.

We welcomed Good Shepherd Lutheran College student Robert Hore for a work experience placement this term. Robert gained hands-on experience across customer service, school swimming programs, the day-to-day running of the Goldfishbowl and did a fantastic job! Robert is also one of our talented Lightning Strikes squad swimmers, so it was great to see him in action both behind the scenes and in the pool.

Term Two kicked off on 14 April, and we're excited to announce the launch of a new adult class on Mondays from 6pm to 6:45pm. It's never too late to build your confidence in the water!

Thank you to everyone who made Term One such a success. We're looking forward to an even bigger and better Term Two ahead!



POOL LIFESAVING



On 2 April pool lifesaving squads wrapped up training for Term One with a carnival.

Congratulations to Eleanora for being awarded Lifesaver of the Meet.

Interested in giving pool lifesaving a try? Sessions return in September after a break for the Dry season. Come along, increase your fitness and learn technical skills in swimming and competition lifesaving under the guidance of our qualified coaches.

Email sportnt@rlssa.org.au for further information.

Pool lifesaving.
It's more than just a sport.



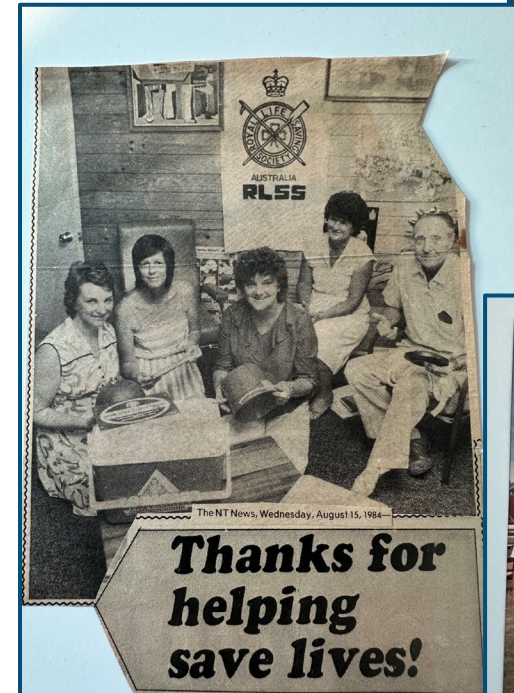


SAVE THE DATE

In 2025, Royal Life Saving Northern Territory celebrates it's Diamond Jubilee 60 years of serving the Northern Territory.

The NT formed a stand-alone Branch of the Royal Life Saving Society – Australia in 1965 and since then plays a critical role in reducing drowning deaths, particularly in under five-year-olds through raising water safety awareness and teaching children water safety and swimming skills.

On 21 July Diamond Jubilee celebrations will take place to commemorate this special occasion. Mark your calendars and stay tuned for how you can join the celebrations.



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Tingkarli (Lake Mary Ann), NT