

SECTION 3

AUSTRALIAN POOL LIFE SAVING CHAMPIONSHIPS RECORDING, POINT SCORE, AWARDS AND RECORDS

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INTRODUCTION

This section provides information about the procedures for recording, point score and awards presentation as well as the allocation of athletes into events. Also included is information about how athletes may achieve and claim RLSSA National, Commonwealth and ILS World Records.

Where entry, timing and recording procedures for speed events are not covered in this Handbook the applicable World Aquatics protocols will apply.

3.1 DEFINITIONS AND ABBREVIATIONS

For the purposes of this Section of the RLSSA Sport and Competition Handbook the following definitions and abbreviations apply:

AOE	Automatic Operating Equipment – A fully automatic computer timing system activated by the starter as part of the audible race starting device and terminated by the competitor on touching the timing pad at the finish wall
APLSC	Australian Pool Life Saving Championships
APLSC START	For administration purposes, the Coaches and Managers briefing is defined as the first event of APLSC and as such is the Championship start
BACK UP TIMING	Only required if AOE fails to record a time. Either Semi-automatic timing or manual stopwatches may be used. One timekeeper may be required to operate both back-up stops and separate stopwatches.
CPR	Cardio-Pulmonary Resuscitation
CO	Championship Organiser
DNF	Did Not Finish
DNS	Did Not Start
DQ	Disqualified
EVENT	A group of athletes competing against one another over the same distance or condition under the same rules and conditions. Depending on the number of entrants, an event may be split into heats where the results of each heat are compared against one another to determine the event winners
HEAT	A part of an event where a group of athletes attain a result which are then compared against one another to decide their place or progress in that event
ILS	International Life Saving Federation

MM	Meet Manager Active Hy-Tek computer program– the purpose designed commercial recording software that interfaces with most AOE systems used by Australian pool venues
MANUAL TIMING	A manual time is one where the time was recorded on a timing device terminated by an official
NSC	National Sports Committee
RACE	A heat (in speed events) where athletes compete head-to-head against one another and achieve a recorded time or place
RLS	Royal Life Saving – The Generic term that refers to RLSSA, RLSSC, STMO's and all their associated members
RLSSA	Royal Life Saving Society Australia
RLSSA MEMBERS	Those people endorsed by their STMO as being involved in the activities of their organisation by either, accreditation, capitation, affiliation or paid membership.
RLSSC	Royal Life Saving Society Commonwealth
SEEDING	The order in which competitors compete according to a set criterion
SEMI-AUTOMATIC TIMING	An automatic timing system activated by the starting mechanism but terminated manually by an AOE connected handheld plunger, button or stopwatch to the computer recording system.
SERC	Simulated Emergency Response Competition
SIA	Sports Integrity Australia (NB; this agency has replaced ASADA as the responsible anti-doping authority in Australia)
START OF AN EVENT	The start of an event is defined as the point in time when the Check Starter places the competitors into the control of the Event Director or Starter and an audible start signal has been given.
STATES AND TERRITORIES	Are as identified in the Australian Constitution and are represented within the Commonwealth Parliament of Australia (includes associated regions)
STMO	A State or Territory Member Organisation, (also known as Branches for some States). They are the RLSSA state/territory body responsible for the administration/management of Life Saving within an Australian state or territory. An STMO shall be affiliated with, registered to, or otherwise recognised as part of the Royal Life Saving Australia National Organisation
TIMED FINAL	An event where a final is not conducted, and the final result is determined by times swum in the heats

WATCHES	Refers to any timing device that requires a timekeeper to manually terminate it to record a time. It includes manual digital stopwatches as well as semi-automatic plungers, buttons and dolphin WIFI stopwatches but does not include analogue timing devices.
WORLD AQUATICS	Formerly known as <i>Federation Internationale de Natation (FINA)</i> , World Aquatics is the sole governing body for aquatic sports recognized by the International Olympic Committee (IOC). It oversees international competition in six main disciplines – swimming, diving, high diving, water polo, artistic swimming, and open water swimming.

3.2 APLSC RECORDING SUMMARY

The recording procedures used at APLSC for event recording to achieve results for the three (3) categories of events (Speed, SERC and CPR) and point score calculation can be summarised as:

SERC

Under the supervision of the SERC Recorder, recording is entered into a spread sheet-based program.

Event place results are determined by the highest score (1st) to the lowest score.

The team results are only a component of Overall Team Championship point score categories.

It is the responsibility of the SERC Organiser to provide the Chief Recorder with the SERC results for APLSC event presentation and pointscore recording.

CPR

Under the supervision of the CPR Organiser, recording is entered into a spread sheet-based program.

Event place results are determined by the highest score (1st) to the lowest score.

Individual CPR results are a component of the Individual Age Championship pointscores. The consolidated team results are a component of Overall Team Championship point score categories.

It is the responsibility of the CPR Organiser to provide the Chief Recorder with the CPR Competition results for APLSC event presentation and pointscore recording.

SPEED EVENTS

Under the supervision of the Chief Recorder or Competition Manager, recording is performed electronically using purpose designed software linked to the venue AOE. Currently, Meet Manager Active Hy-Tek Program (MM) is used at APLSC.

Event place results are determined by the finishing order in timed speed events – from the fastest time (1st) to slowest recorded time.

All speed event results are a component of all Overall Team Championship point score categories while the individual results are a component of the Individual Age Championships.

RESULTS

Results recorded in each category (SERC, CPR, Speed Events) are processed in accordance with the rules in this section of The Handbook to determine:

- **Individual Age Championships:** Male/Female –Undertaken by Chief Recorder or Points Recorder using MM pre-loaded with the APLSC points and using customised reports generated from MM (refer Rule 3.11). There are no points blocking for these championships or readjustment of points achieved in individual events after ineligible athletes are removed.
- **Teams Championships:** Undertaken by the Points Recorder using a spread sheet program customized with points allocations and distributions, in accordance with Rule 3.11 including points blocking (refer to Rule 3.10.2).

NOTE: This applies to both Interstate and Interclub Teams Championship.

3.3 RESPONSIBILITIES OF THE CHIEF RECORDER

The Chief Recorder is responsible for the oversight of the recording process as well as obtaining and managing Championship results. when necessary, the role of Chief Recorder may be undertaken by either the Championship Organiser or the Competition Manager.

The Championship Organiser will submit the championship database, the point score spreadsheet and associated documentation to the Chief Recorder no later than two (2) hours prior to the start of APLSC. The Chief Recorder will be responsible for their use and security until the conclusion of APLSC.

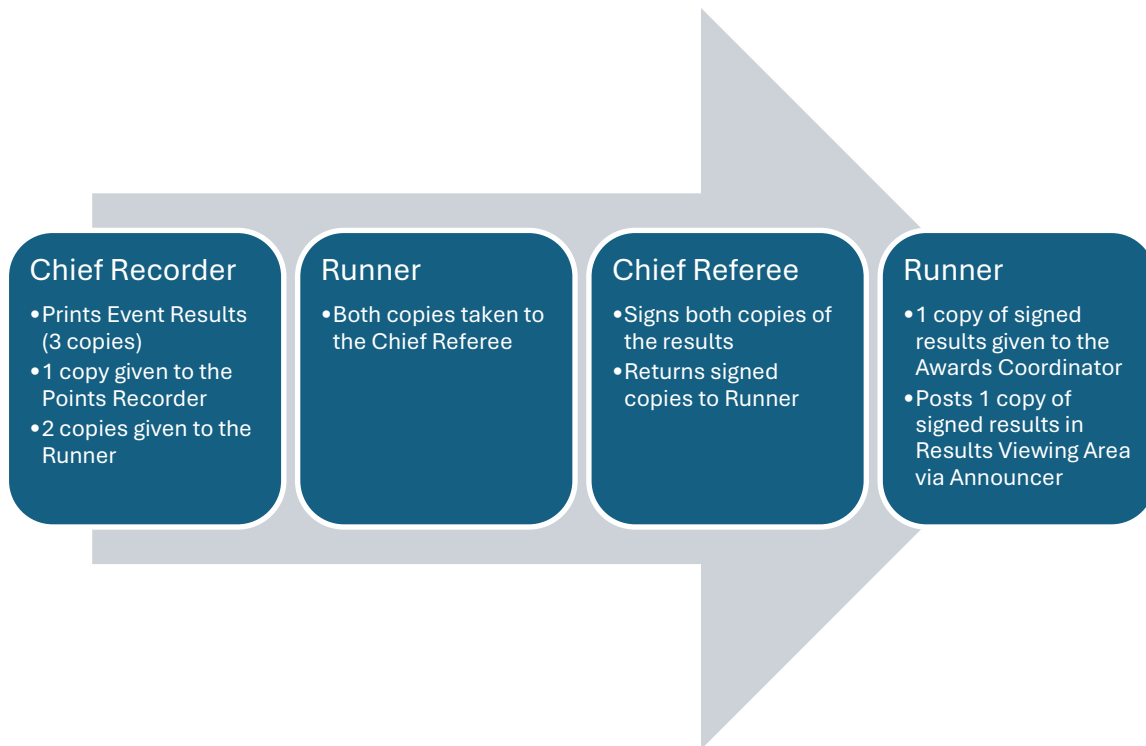
PRIOR TO APLSC COMMENCEMENT, the Chief Recorder will:

- Load the database into the venue management software, run the database and confirm the data exchange has been correctly completed and is functional.
- Set up recording room, checking all required equipment is in place, in working order and all interfaces (MM-AOE, printer/s) are active.
- Conduct a test run of timing equipment in conjunction with the Starter and AOE Operator.
- Confer with the Championship Organiser regarding any special conditions or venue considerations.
- Update MM/AOE with changes.
- Advise the AOE Operator and any venue/AOE staff of any special APLSC requirements for the conduct of pool lifesaving where they may differ from World Aquatics requirements. These include but are not limited to;
 - Set-up lanes of pool in database (if 10 Lane pool, do not use lanes 0 or 9).
 - Change Event titles on AOE Board (Set up → Language Preferences → Key Words). **Note:** this **MUST** be changed in the host database as it does not carry over.
 - Elapsed time setting changes needed in AOE software for Line Throw.
 - Change of start end or other changes which venue staff may need to undertake as part of the hire agreement.
 - AOE manual adjustment required if the distance is not a full length (i.e. the start and finish are at the same end without the competitor completing a full length such as the 50 m Manikin tow and Line Throw).
 - Manual change to accommodate the Rescue Tow relay and Medley Relay.

- Advise that all CPR and SERC are not timed events and results will be manually entered.

DURING APLSC, the Chief Recorder will:

- Update MM/AOE with changes and seed events.
- Re-seed events as requested by the Chief Referee and provide changed start lists to the Marshall, Chief Referee, Event Director and Starter.
- Record all speed events using the normal AOE procedures (World Aquatics) noting that MM point scores are only used under the conditions outlined below in Rule 3.11.
- Obtain the CPR and SERC results from the CPR and SERC Organisers and enter them into the database.
- Distribute the results as per the chart below:



NB: The Awards Coordinator will return the signed copy of the results to the Chief Recorder for final collation.

AT THE CONCLUSION OF APLSC, the Chief Recorder will:

- Collate the complete set of the signed final result sheets for each event including any DQ & Protest forms.
- Generate the end of meet reports for individual age champions (male and female) (refer to Rule 3.11)
- Generate all reports required for Overall Team Champions (refer to Rule 3.11)

3.4 EVENT SEEDING

As soon as possible after entries have been received, the seeding order of competitors in events will be determined.

SERC AND CPR EVENTS

SERC and CPR seeding is decided by each Event Organiser (SERC-O and CPR-O) prior to the commencement of the Championship via a random draw from the pool of entries. They should be assisted by a neutral party or senior official.

Note: After the random draw for SERC and CPR, it is permitted that some of the allocated positions may need be adjusted to allow for other Championship requirements (e.g. competitors competing in concurrent events or volunteering as SERC patients).

SPEED EVENTS

Seeding is an automated process in MM software where competitors are allocated to heats and lanes using the World Aquatics protocol based on entry times provided. Events may be re-seeded by the Chief Recorder to incorporate changes which occur in accordance with Rule 3.4.1.

All speed events conducted at the APLSC will be timed finals. At the direction of the National Sport Committee event/s may be nominated to run with heats and finals. However, if there are only enough entries for one heat to be swum, then it will be deemed a final.

Note: Heats will not be reseeded to accommodate late entries (refer to Rule 3.4.3).

The World Aquatics seeding protocol for a Timed final can be summarised in the following manner:

- Competitors and teams shall be ranked according to their entry times fastest to slowest followed by those with no entry time.
- Entries with no submitted time are deemed equal slowest and are allocated randomly in the slowest heat.
- All races, both timed finals and heats progressing to finals, will have the fastest competitor assigned to the middle lanes and the slowest competitors in the outside lanes as described below.
 - In each race, heat or final, the fastest entry is allocated to lane 4 and then in ascending time order to lanes 5-3-6-2-7-1-8 noting competitors with identical times shall be assigned lane positions by draw within the aforementioned pattern.
 - **If two (2) or more heats for a timed final:** the fastest group of competitors shall be seeded in the last heat according to assignment of lanes as described above, the next fastest group of competitors are seeded into the second last heat, and so on until all competitors have been allocated a heat and lane according to submitted times.
 - All heats should have a minimum of 2 competitors even if this results in the previous heat having a vacant lane.

3.4.1 EVENT RESEEDING

SPEED EVENTS

After APLSC has commenced the authority to re-seed and event rests with the Chief Referee.

Up to one (1) hour before a scheduled event:

With the approval of the Chief Referee entry changes or corrections may be made in MM before the scheduled start time of an event with changes uploaded to the AOE. The Chief Recorder will provide changed start lists to the Marshall, Chief Referee, Event Director and Starter.

Within one (1) hour before a scheduled event:

Approval to re-seed will only be given where the re-seed will not delay the start of the event and there is sufficient time to undertake the following actions:

- Re-print amended start list.
- Distribute documentation of the up-dated affected event/heat to appropriate officials.
- Complete other required result and point scoring and allows presentations to proceed as scheduled.

MINOR MARSHALLING CHANGES

Minor marshalling changes may proceed if there is enough time to enable MM and AOE to be updated to ensure results are correctly recorded. A minor adjustment of heats does not constitute a re-seed.

The Chief Marshall is permitted to move a competitor to ensure a minimum of 2 competitors in a heat, or they may combine heats of less than 3 competitors if there is a vacant lane available.

The Chief Referee/Marshall must advise the recording room and Event Director prior to the start of the race with any such changes.

SERC AND CPR EVENTS

After APLSC has commenced, the authority to approve an event re-seed draw rests with the appropriate event organiser (SERC-O or CPR-O) in consultation with the Chief Referee.

It is the responsibility of the SERC-O or CPR-O to provide changed start lists to the Chief Referee, Chief Recorder, Announcer and other officials as necessary.

3.4.2 USE OF VACANT LANES - RELAYS

Once the competition has begun composite relay teams may be formed at the discretion of the Chief Referee in consultation with the Championship Organiser, and only where a vacant lane is available.

Where the number of teams exceeds the number of available lanes, the lanes will be allocated by ballot.

NOTE: These teams are not eligible for points or awards.

3.4.3 LATE ENTRIES AND WITHDRAWLS

AFTER THE CLOSING DATE OF ENTRIES

When entries, or requested changes to an entry, are received after the closing date of entries, these entries will be considered as late entries and the following applies:

- Late event entries received and/or entry correction are only included in the competition if lane space and administration logistics permits their inclusion or correction.

- All substitutions and withdrawals must follow the procedures outlined in Rule 1.16.2.

When there is a claim that entries were received prior to the closing date of entries, but were inadvertently omitted from MM, the following occurs:

- These entries will only be admitted where it can be demonstrated that they were received by the required time.
- Re-seeding may only occur where there was an entry time in the original entry and there is sufficient time to process the re-seed.
- If there is insufficient time to re-seed, the competitor will be placed in a heat with a vacant lane as close as possible to a heat with similar times to their entry time.
- If no entry time was submitted the competitor will be placed in the slowest heat with a vacant lane.

ONCE THE CHAMPIONSHIPS HAVE BEGUN

All late entry requests must go through the Championship Organiser to the relevant senior official.

SERC – Late entries may only be included after consultation with the SERC Organiser.

CPR – Late entries may only be included after consultation with the CPR Organiser.

SPEED EVENTS – Late entries may only be included after consultation with the Chief Referee.

- Late entries will only be admitted with the approval of the Chief Referee under Rule 1.15.3.
- All late entries, substitutions and withdrawals must be processed by the Chief Recorder who will ensure that any relevant information is referred to the Chief Referee or Competition Manager as necessary.
- In exceptional circumstances, with the approval of the Chief Referee, re-seeding may occur where there is sufficient time to process the re-seed and an entry time is provided.

3.5 SPEED EVENT TIMING

3.5.1 BASIC TIMING PROTOCOLS

All speed event timing and results shall be in increments of 1/100th of a second. No lesser increment shall be used regardless of Automatic Operating System (AOE) capability.

Time is started, either automatically or manually, when the start signal is given and stopped when the competitor makes a clear visible touch on the finish edge with any part of their body.

3.5.2 AUTOMATIC OPERATING SYSTEM (AOE) TIMING

AOE should be used to record the time for all speed events held at APLSC and all ILS sanctioned competitions in accordance with World Aquatics timing procedures and protocols.

AOE EXCEPTIONS

- **Line Throw Events:** The Chief Referee may direct manual timing only be used where it is determined that the AOE cabling may interfere with, or present a safety risk to, competitors or timekeepers.

- **SERC Events:** AOE is not suitable to time the duration of SERC events. A water polo countdown clock is recommended; however, if that is not available, a manual stopwatch must be used to time the event and the venue starting mechanism will be used for both the start and finish signal.

AOE MINIMUM REQUIREMENTS

As a minimum the AOE must be activated by the event starting device and provide digital readings of competitors' times that will be used to determine finishing order, race placings and the time applicable to each lane.

Any timing equipment installed must not interfere with the athlete's starts and turns, or their equipment usage. If there is an issue, these should be identified prior to the Championship commencement and brought to the attention of the Chief Referee and Safety Officer who in consultation will decide what concessions need to be made and what information **MUST** be communicated to coaches and managers at their briefing.

BACK UP TIMING

In addition to AOE, a minimum of two (2) timekeepers per occupied lane is required to provide back-up times in case of AOE failure. These timekeepers shall use AOE connected semi-automatic plungers/buttons or manual digital stopwatches where AOE connected buttons are unavailable. Timekeepers may be required to operate both the semi-automatic stops (buttons or plungers) and separate (manual) stopwatches.

Back-up times will be used if the AOE fails to record a time, a competitor's touch is not registered, or a discrepancy appears to have occurred.

AOE UNAVAILABLE

Where AOE is not operating or is unavailable, manual times should be taken by three (3) timekeepers but in exceptional circumstances a minimum of two (2) timekeepers is permitted (Refer to rule 3.5.3).

Note: For any ILS or APLSC record to be recognised in a competition where AOE is unavailable or fails, the time must be recorded by three (3) timekeepers.

AOE OPERATOR

The operation of AOE and computer recording system (MM) shall be under the supervision of suitably qualified venue staff or specifically sourced recording officials if there are no suitably qualified RLSSA officials available.

3.5.3 MANUAL TIMING

In a competition where AOE is unavailable or fails, times should be recorded by three (3) timekeepers.

Note: There should also be two additional timekeepers designated, either of whom shall be directed to replace a timekeeper whose watch did not start, stopped during the event or for any other reason is not able to record the time satisfactorily. One of these additional timekeepers could be the Chief Timekeeper.

If stand-alone hand-held watches are used which are not connected electronically, or by WIFI, to a recording computer, times will be written by the Chief Timekeeper (or their scribe) on form/s provided for the purpose and delivered to the recording room with the judges' placing

form at the conclusion of each heat. Times will then be entered into MM manually to process the result. Refer to Rule 3.6.2 for manual timing result determination.

3.6 SPEED EVENT RESULT DETERMINATION

AOE determines all finishing order, race placings and the time applicable to each lane. These take precedence over judges' placings, semi-automatic and manual timing.

Note: If a touch pad fails to respond to a competitor's touch, it is treated in the same manner as AOE failure in that lane and that competitor's finishing position in the race shall be determined using back up times as outlined below.

3.6.1 DETERMINATION IF AOE FAILS

If the AOE fails, then the following procedures take place for only those lanes affected by the AOE failure.

- If there are two (2) or three (3) stopwatches per lane, the order of finish will be determined by the back-up times recorded by the timekeepers. The recorded times shall have precedence over the decision of finish judges.
- If there is one (1) stopwatch per lane, the order of finish determined by the finish judges will have precedence over the back-up time recorded.

In the event of a complete AOE failure, a heat result shall be determined using judges' placings and semi-auto/manual times according to manual timing procedures (refer to Rule 3.5.3 and 3.6.2).

3.6.2 DETERMINATION BASED ON OFFICIAL TIME (MANUAL OR BACK-UP)

When a race is timed fully by manual timing watches, the following procedures apply to determining the finishing order and official times.

FINISHING ORDER

- If there are two (2) or three (3) timekeepers per lane, and all record times, the finish order shall be determined by the times recorded and shall have precedence over the finish judges' decision.
- If there is one (1) timekeeper per lane the finish order is determined by the decision of finish judges. If there is a discrepancy between the finish judge's decision and the recorded time, then the time will be adjusted according.

OFFICIAL MANUAL BACK-UP TIME

The official manual back-up time will be determined as follows:

- If there are three (3) allocated timekeepers per lane:
 - If two (2) of the three watches record the same time and the third disagrees, the two identical times shall be the official time.
 - If all three (3) watches disagree, the watch recording the intermediate (middle) time shall be the official time.
 - If one watch fails, the average of the other two times shall constitute the competitor's official time.

- If there are two (2) allocated timekeepers per lane:
 - If timekeepers record the same time, that shall be the official time.
 - If timekeepers have times differ, the average of the two times shall be the official time.
- If there is only one (1) allocated timekeepers per lane, then the time shall be the official time.

3.6.3 DETERMINATION BASED ON FINISH ORDER

In a race, if the official manual times assigned to two or more competitors do not align with the official race finish order (as determined by the finish judges), then the finish judges' placings prevail. The times assigned to the competitors involved shall be made identical.

This will be indicated in the official results by the competitors being awarded official identical times followed by the designation A or B to indicate place order. The identical time is determined by averaging the times assigned to the competitors involved (i.e. the sum of their individual times divided by the number of separate timekeepers).

Note: This only applies where the competitors are in the same race.

FINISH JUDGES PAPERWORK

When finish judges are allocated for officiating, then an official *Judge's Recording Sheet* MUST be sent to the recording room at the end of each race showing the official finish order decision and any disqualifications.

This sheet should be signed by the Event Director to confirm the place order result and disqualifications for each lane.

3.7 SPEED EVENT RECORDING PROTOCOLS

DID NOT START OR FINISH A RACE

Should a competitor not start or not finish a race, that competitor should be recorded at the end of the official results as either DNS (did not start) or DNF (did not finish), and no time or place shall be recorded or announced.

DISQUALIFICATION

Should a competitor be disqualified during, or following an event, such disqualification should be recorded as DQ in the official results, and no time or place shall be recorded or announced. However, the time must be retained by the official recorders in case of a protest where the competitor is reinstated.

IDENTICAL RESULTS

In an overall event result, if the official times assigned to two or more competitors (either by AOE or manually) are identical, then the competitors are awarded the same event place.

3.8 SERC AND CPR RECORDING PROTOCOLS

3.8.1 SERC

It is the responsibility of the SERC Organiser to provide SERC results to the Chief Recorder. These results should be in finishing order, highest to lowest, regardless of state or club affiliation.

SERC event results are entered into MM manually to generate a complete set of results.

Note: Actual SERC scores are not used. Teams are ranked highest (1st) to lowest and assigned a finishing score to reflect that order using this formula: finishing place. Score. (0). For example:

- **Team A** got a score of 236 and are ranked 1st, Team A is entered into MM as 1. 23.60
- **Team B** got a score of 220 and are ranked 2nd, Team B is entered into MM as 2. 22.00

As SERC results are a component of Overall Team Championship point scores, the SERC Organiser provides the Points Recorder with SERC results for each category clearly delineated as follows:

- Overall placings for medal allocation which includes all eligible SERC teams – Interstate (and Interclub when relevant)
- Any other eligible teams (e.g. State Development teams).
- Interstate placings for Interstate point score
- Interclub placings for Interclub point score

3.8.2 CPR

It is the responsibility of the CPR Organiser to provide CPR results to the Chief Recorder. These results should be in finishing order regardless of state or club affiliation, highest to lowest, (refer to Section 6).

CPR event results are entered into MM manually to generate a complete set of results.

Note: Actual CPR scores are not used. Competitors are assigned a finishing time to reflect the ranking order. This allows MM to generate a results list and assign points based on finishing order (similar to Speed Events), ensuring they are included in the MM individual pointscore report.

As both the CPR Individual event results and consolidated team results are a component of Overall Team Championship point scores, the CPR Organiser provides the Points Recorder with CPR results for each category clearly delineated as follows:

- Overall placings for medal allocation which includes all participants (not for point score)
- For point score - A separate list of Interstate team members (as shown on team lists submitted by states).
- For point score - A separate list of Interclub team members (as shown on team lists submitted by eligible clubs).
- The finishing order as shown on team lists submitted by each club.

3.9 POINTSCORE

Point scoring is the process of allocating points according to event results and collating them to determine final placings for each pointscore category. The points score recording process is overseen by the Points Recorder.

3.9.1 RESPONSIBILITIES OF THE POINTS RECORDER

The Points Recorder is responsible for the oversight of the points scoring process using the provided point score tools. The Points Recorder works closely with the Chief Recorder.

PRIOR TO APLSC COMMENCEMENT, the Points Recorder will:

- Set up the point score area within the recording room in collaboration with the Chief Recorder.
- In collaboration with the Championship Organiser and/or Chief Recorder, ensure the functionality and the formulas/links in the Pointscore Recording Spreadsheet are operating correctly.
- Have a good working knowledge of the point score spreadsheet and Championship points score rules.
- Check Team Data sheets to ensure eligibility of athletes and teams for each points score category.
- Ensure all eligible teams have been entered into the correct point score categories.

DURING APLSC, the Points Recorder will:

- Obtain speed event results from the Chief Recorder or MM operator and allocate points in accordance with Rule 3.10.
- Obtain SERC and CPR results from the Event Organisers (SERC-O and CPR-O) and allocate points accordingly (refer to Rule 3.11).
- In collaboration with the Championship Organiser, review the daily point score results in the Pointscore Recording Spreadsheet.

AT THE CONCLUSION OF APLSC, the Points Recorder will:

- Submit final point scores to the Championship Organiser for confirmation and presentation of awards.

3.9.2 POINTSCORE CONSOLIDATION AND RECORDING

CONSOLIDATION OF POINT SCORES FOR OVERALL RESULTS

The Points Recorder consolidates the scores from the three source disciplines.

- Speed Event results from the Chief Recorder
- CPR and SERC results from Event Organisers (SERC-O and CPR-O)

Place points are entered for each Interstate Team, and where applicable Interclub Team, against each official event.

When points are entered for each event, the following actions will automatically take place:

- Entered points are sent to each overall team category, calculating total points then ranking each team.
- Simultaneously tally points gained in each sub-category determining the Overall Interstate Team Championship and rank all teams in order.

POINT SCORE RECORDING TOOLS

Due to the nature of concurrent championships, event results reported by the MM cannot be used in point score recording without applying various filters.

To ensure points are allocated to eligible competitors and teams, a custom designed pointscore spreadsheet is used.

The Pointscore Recording Spreadsheet is custom designed in such a way that:

- As points are entered in Individual and Team worksheets, they feed data to a consolidation worksheet which processes it against Handbook requirements covering allocation to the various point score categories.
- The consolidated data is progressively sent to the final worksheet, 'Interstate Team Championships' which calculates the points totals and rankings for each eligible team in each of the sub-categories and the Overall Interstate Champions.

3.9.3 POINTSCORE CATEGORIES

At APLSC various Pointscore Championships are conducted in the following categories:

- Individual Age Divisions
- Overall Team Age Division categories.
- Overall Interstate Team
- Overall Interclub Team

Perpetual trophies, medals and certificates in these categories are presented at the APLSC Presentation Function.

3.9.4 CHAMPIONSHIP POINTSCORE ELIGIBILITY

Eligibility for Overall Individual Age Group, Interstate and Interclub pointscore competitions are limited to athletes and teams who are endorsed by their STMO as RLSS members. For endorsement details refer to Rule 1.5.

Ineligible competitors will not be reflected in the pointscore recording, including Individual Age Championships.

Note: The Overall Interstate and Interclub Teams Pointscore Championships are not available to State Development or Invitational/Composite teams regardless of origin, either local or international.

3.9.5 POINTSCORE AND SAFETY

In the event of hazardous conditions, including risks to the health and safety of persons or property, the Chief Referee has the authority to cancel or reschedule an event. If cancellation should occur, even after some heats have been conducted then no points from that event will be credited to any team in the overall pointscore.

3.10 POINTS ALLOCATION

Points are awarded to competitors based on their finishing position in their event in accordance with the Place Points Table and the following allocation:

- **Individual Age Group Championships:** points are allocated to competitors based on their finishing position in their event.
- **Overall Interstate Team Championship categories:** points blocking will be applied in the allocation of points to competitors for U16, U19 and Open (refer to Rule 3.10.2).
- **Overall Interclub Championships:** points blocking will be applied in the allocation of points to competitors for U16, U19 and Open (refer to Rule 3.10.2).

Note: No points are allocated for demonstration events or cancelled events.

UNDER 14 AND MASTERS AGE DIVISIONS

Points awarded in Under 14 and Masters age divisions only accrue towards Individual Age Championships. They do not count towards any Overall Interstate or Interclub Championships.

3.10.1 PLACE POINTS TABLE

Place	Points	Place	Points
1st	20	9th	8
2nd	18	10th	7
3rd	16	11th	6
4th	14	12th	5
5th	13	13th	4
6th	12	14th	3
7th	11	15th	2
8th	10	16th	1
DQ, DNS, DNF, Cancelled Event, Demonstration Events			0

COMPETITORS FINISHING IN EQUAL POSITION

Competitors finishing in an equal position in an event will both receive the points for that position as set out in the Place Points Table.

When this occurs, points resume from the next available place (e.g. two competitors come equal first (1st), they are both awarded 20 points each, the next competitor receives the points for third (3rd) place – 16 points).

3.10.2 POINTS BLOCKING

Points blocking is a process used to provide equitable opportunities for points accumulation to all teams, both large and small.

The process involves crediting points only to the highest placed, or two highest placed, competitors from each eligible team. All other competitors are REMOVED from the points allocation and then points are awarded based on finishing order for only those eligible competitors.

OVERALL INTERSTATE CATEGORIES AND INTERCLUB CHAMPIONSHIPS

Points blocking will be applied in U16, U19 and OPEN Interstate Overall Team Championship categories and the Overall Interclub Championship.

This means, for all individual events including CPR, each eligible team may only score points in the following manner:

- **U16/U19** – points are only credited to the highest placed competitor.
- **OPEN** - points are credited to the two highest placed competitors.

Additionally, each eligible team scores points for their highest placed relays and SERC.

For Example:

U16	NAME	TEAM	PLACING IN RACE	PLACING FOR POINTS	POINTS
	Competitor 1	VIC	1	1	20
	Competitor 2	SA	2	2	18
	Competitor 3	VIC	3	X	
	Competitor 4	WA	4	3	16
	Competitor 5	NSW	5	4	14
	Competitor 6	NT	6	5	13
	Competitor 7	WA	7	X	
	Competitor 8	NSW	8	X	

U19	NAME	TEAM	PLACING IN RACE	PLACING FOR POINTS	POINTS
	Competitor 1	SA	1	1	20
	Competitor 2	NSW	2	2	18
	Competitor 3	VIC	3	3	16
	Competitor 4	SA	4	X	
	Competitor 5	NSW	5	X	
	Competitor 6	WA	6	4	14
	Competitor 7	NT	7	5	13
	Competitor 8	VIC	8	X	

OPEN	NAME	TEAM	PLACING IN RACE	PLACING FOR POINTS	POINTS
	Competitor 1	NSW	1	1	20
	Competitor 2	VISITOR	2	X	
	Competitor 3	VIC	3	2	18
	Competitor 4	WA	4	3	16
	Competitor 5	NSW	5	4	14
	Competitor 6	NSW	6	X	
	Competitor 7	WA	7	5	13
	Competitor 8	VIC	8	6	12

3.10.3 INDIVIDUAL AGE GROUP CHAMPIONSHIP POINTS CALCULATION

For both male and female APLSC conducts championships in each of the age divisions listed below. Competitors must compete in **ALL** of the events listed below to qualify for the Overall Individual Age Group Championship.

Points are allocated to competitors based on their finishing position in their event. There is no points blocking or readjustment of points achieved in individual events.

Note: Points awarded in Masters and Under 14 years age divisions only accrue towards Individual Age Championships. They do not count towards any Overall Interstate or Interclub Championships.

AGE GROUP	EVENT INCLUDED IN THE POINTSCORE	TROPHY AWARDED
U14	100m Obstacles 10m Line Throw 50m Manikin Tow 100m Manikin Carry 50m Manikin Carry	Male and Female: Individual Overall Championship
U16	200m Obstacles 12.5m Line Throw 100m Manikin Tow 100m Manikin Carry 50m Rescue Medley 50 m Manikin Carry 200m Super Lifesaver CPR	Male: George F. Stacey Memorial Trophy Female: Joan Johannes Memorial Trophy
U19	200m Obstacles 12.5m Line Throw 100m Manikin Tow 100m Manikin Carry 100m Rescue Medley 50m Manikin Carry 200m Super Lifesaver CPR	Male: Drager NSW Branch Trophy Female: George Turnbull Trophy
OPEN	200m Obstacles 12.5m Line Throw 100m Manikin Tow 100m Manikin Carry	Male: Trenchard Millar Trophy Female: Soden Shield

	100m Rescue Medley 50m Manikin Carry 200m Super Lifesaver CPR	
30-44	100m Obstacles 12.5m Line Throw 100m Manikin Carry 100m Manikin Tow 50m Manikin Carry	Male and Female: Iris Cribb Trophy
45-59	100m Obstacles 12.5m Line Throw 100m Manikin Carry 100m Manikin Tow 50m Manikin Carry	Male: Cyril Crollick Trophy Female: Frank Henry Trophy
60+	100m Obstacles 12.5m Line Throw 100m Manikin Carry 100m Manikin Tow 50m Manikin Carry	Male and Female: Individual Overall Championship

3.10.4 INTERSTATE CHAMPIONSHIP POINTS CALCULATION

AGE GROUP	EVENT INCLUDED IN THE POINTSCORE	TROPHY AWARDED
U16	Total of points in U16 Male & Female individual events (including CPR) – refer to Rule 3.10.2 100% of Mixed U16 SERC 100% of Mixed U16 Relays	Queensland Trophy
U19	Total of points in U19 Male & Female individual events (including CPR) – refer to Rule 3.10.2 100% of Mixed U19 SERC 100% Mixed U19 Relays	Northern Territory Trophy
OPEN	Total of points in all OPEN individual events (including CPR) – refer to Rule 3.10.2 100% of Open Mixed SERC 100% of Male/Female/Mixed OPEN Relays Excludes Open Fin Relay	The Phillip Gorey Trophy
OVERALL	Total of points in all individual events (including CPR) – refer to Rule 3.10.2 100% of all Male/Female/Mixed Relays 100% of all SERC events Includes Open Fin Relay	Sir Percy Joske Trophy

3.10.5 INTERCLUB CHAMPIONSHIP POINTS CALCULATION

AGE GROUP	EVENT INCLUDED IN THE POINTSCORE	TROPHY AWARDED
OVERALL	Total of points in all individual events (including CPR) 100% of all SERC events 100% of all Male/Female/Mixed Relays Includes Open Fin Relay	Interclub Overall Trophy

3.11 POINT SCORE PROCEDURES AND METHODS

The Championships pointscores are calculated by the Points Recorder at the conclusion of all APLSC event using customised reports generated from MM.

3.11.1 PROCEDURE FOR INDIVIDUAL AGE DIVISION CHAMPIONS

The Chief Recorder will print off Meet Summaries for the Points Recorder who will manually determines the individual age champions using data from individual events only (including CPR but excluding relays or SERC team events). Noting that while MM cannot be set up to undertake the final task, it should be set so that the points are allocated for each individual event. Each age group Meet Summary is then used as the basis for the final manual championship determination.

MEET SUMMARY REPORTS FOR SCORING

From the Meet Summary screen, select the Gender required, the Age Range and Sort by Alphabetical. Select All Events from the Session List.

From the Report Type/Format/Options tab:

- Report Type > Detailed Journal.
- Format > By Athlete.
- Options > Athletes Only

There should be no changes to be made in the More Options/Splits tab.

For the Age Ranges that you need for SL:

- U14 = 0 - 13 years
- U16 = 14 - 15 years
- U19 = 14 - 18 years
- Open = 14 and Over
- Masters = 30 - 44 years, 45 - 59 years, 60 years and Over

CALCULATING THE RESULTS

- the Pointscore Recorder shall exclude all competitors who did NOT participate in every event in their age group. The list is not rescored.
- The highest placed of the remaining competitors in each age group by gender is the individual age champion.

NB: For these purposes, a competitor is deemed to have participated in an event where they have been entered into, and started in, that event regardless of if the competitor fails to finish (DNF) or is disqualified (DQ). A competitor is deemed NOT to have participated in an event where they are shown as DNS/SCR

3.11.2 PROCEDURE FOR TEAM POINTS IN SPEED EVENTS (INCLUDING RELAYS)

At the conclusion of each speed event the Chief Recorder provides the Points Recorder with the results of the event.

Any points shown on the result list are disregarded as they apply to individual competitors and do not comply with the Overall Team point score requirements (refer to Rule 3.10).

The Points Recorder eliminates ineligible competitors and teams from the result list before allocating points to the remaining interstate competitors and teams, applying points blocking (refer to Rule 3.10.2).

3.11.3 PROCEDURE FOR TEAM POINTS IN SERC AND CPR

At the conclusion of SERC and CPR events, the SERC Organiser or CPR Organiser will provide a list of result to the Points Recorder to be entered into the Championship pointscore spreadsheet (refer to Rule 3.8).

3.11.4 TIES IN POINTSCORE CHAMPIONSHIPS

There shall be no ties for first place in any pointscore championship.

Dead heat provisions for events DO NOT apply to any of the pointscore championships.

Therefore, winners of Individual, Interstate Teams and Interclub Team Championships shall be differentiated by using a count back based on the highest number of first place finishes in the affected category. If still equal, the 2nd place is used continuing through subsequent places until a winner is determined.

- **Overall Individual Age Championships** – the count back shall be undertaken on all the Individual events in that division including CPR.
- **Overall Interstate Team and Interclub Championships** – the count back shall be on all associated age division individual events including CPR plus relays and SERC.

3.12 NATIONAL CHAMPION TITLES

The title of National Champion applies to winners of any of the following:

- **Event Champion:** The highest placed RLSSA competitor in an event determined by using the finish order for pool speed events and the highest score in CPR and SERC.

- **Age Group Champion:** For both genders those who competed in all events in their age group and achieve the highest pointscore in that age division (U16, U19 and Open).
- **Interstate Champions:** Those teams who achieve the highest pointscore as part of a team in an Interstate Team event or Championship. The overall Interstate Point Score Championship are conducted in the following categories:
 - Overall Interstate
 - Overall male and female
 - Overall Interstate Age Group
- **Interclub Champions:** Those who achieve the highest pointscore in the Interclub Team Championship.

3.13 AWARDS AND MEDALS

3.13.1 EVENT MEDALS

Medals shall be awarded to the 1st, 2nd and 3rd placed competitors in every event contested at APLSC including demonstration events regardless of endorsement or affiliation noting that where a visiting competitor or team (including international) is placed first then the highest placed RLSSA endorsed competitor (or team) shall be recognised as the National Champion of that event. As acknowledgement, they shall also receive either a duplicate gold medal or certificate. The second and third RLSSA competitor(s) to finish will be awarded medals only as appropriate to the place they finished.

Note: No official acknowledgement will be made to composite teams in relay or SERC events.

1ST PLACE	2ND PLACE	3ED PLACE	MEDALS AWARDED
RLSSA competitor	RLSSA competitor	RLSSA competitor	1 st = Gold, 2 nd = Silver, 3 rd = Bronze
Invitational competitor	RLSSA competitor	RLSSA competitor	1 st = Gold (V), 2 nd = Gold (RLS), 3 rd = Bronze
Invitational competitor	Invitational competitor	RLSSA competitor	1 st = Gold, 2 nd = Silver, 3 rd = Gold
Invitational competitor	Invitational competitor	Invitational competitor	1 st = Gold, 2 nd = Silver, 3 rd = Bronze Next RLSSA competitor gets Gold
RLSSA competitor	Invitational competitor	RLSSA competitor	1 st = Gold, 2 nd = Silver, 3 rd = Bronze
RLSSA competitor	Invitational competitor	Invitational competitor	1 st = Gold, 2 nd = Silver, 3 rd = Bronze
RLSSA competitor	RLSSA competitor	Invitational competitor	1 st = Gold, 2 nd = Silver, 3 rd = Bronze

MASTERS MEDALS ALLOCATION

All Masters events are combined individual events of all ages and therefore only receive one set of medals. The age groups are only separated for the Individual Age Division Championship to acknowledge each overall age group division champion.

NB: To allocate medals for Masters events, look at the Event as a whole (e.g. 100m Manikin Carry). The fastest MALE in the Masters Division for that Event receives 1st, the second fastest - 2nd, the third fastest - 3rd regardless of age. Likewise, the fastest FEMALE in the Masters Division for that Event receives 1st, the second fastest - 2nd, the third fastest - 3rd regardless of age.

DEAD HEATS FOR AWARDS PRESENTATION

In all individual and team events where teams or competitors are in two (2) different heats and achieve the same result time, they shall be recognised as an equal ranking and therefore assigned to the placing involved.

Where an equal 1st, 2nd or 3rd place is recorded then medals shall be awarded accordingly.

The dead heat provisions of this section DO NOT apply to any of the point score Championships.

3.13.2 MEDAL AND CERTIFICATE PRESENTATION

There are four types of awards issued at APLSC: certificates, medals, trophies and honours that relate directly to sport.

Awards are presented at various times throughout the Championship either on the pool deck or at events surrounding the Championship such as the Under 14 Function and the Presentation Function.

AWARD TYPE	ISSUED WHERE?	BY WHOM?
Certificates	Under 14 Function, Officials Function, Presentation Function	VIPs, Delegates, Competition Coordinators
Medals	At the podium during the Championship, Under 14 Function, Presentation Function	VIPs, Delegates, National Sport Committee Members
Trophies	Under 14 Function, Presentation Function	VIPs, Delegates
Honours	Presentation Function	VIPs, Delegates

AWARDS PRESENTERS

Key principles to consider when deciding who is presenting the award:

- If the award is named after an individual and they, or a family member, is at the event, then that individual or family member presents the award (e.g. The Shayne Baker Trophy is presented by Dr Shayne Baker OAM).
- If the award is for a specific competition (i.e. CPR Competition or SERC), the Coordinators of each of those competitions present the award(s).

- If the award is an Honours, it should be presented by the most senior VIP at the event, such as the President of the RLSSA. In their absence, the Championship Organiser will consult either the RLSSA CEO or Host CEO as to who is the next most appropriate presenter.

Individuals and/or positions who may be asked to present medals include but are not limited to:

- President of RLSSA or Presidents of RLSSA Branches
- CEO of RLSSA or of an RLSSA Branch
- Legacy people in RLSSA
- Legacy people in Lifesaving Sport (e.g. those who have contributed to the sport in a significant way through volunteerism or as a standout competitor)
- National , ILS or Commonwealth Sport Committee Members
- Life Members of RLSSA, Commonwealth or the Host Branch

TIMING OF PRESENTATIONS

All presentations of medals and certificates shall be programmed to occur during, and at the conclusion of, competition sessions so as not to interfere with the timely and efficient conduct of meet events.

As a general guideline for Medals and Certificate presentation is as follows:

DAY	AWARDS ISSUED	WHERE?	WHEN?
Day 1	MEDALS FOR EVENTS U19 200 Obstacles U16 200 Obstacles Open 200 Obstacles U14 100 Obstacles 30 & Over 100 Obstacles	Podium	Directly after 4x50 Obstacles Relay
	MEDALS FOR EVENTS Open 4x50 Obstacles Relay Mixed U16 16 4x50 Obstacles Relay Mixed U19 4x50 Obstacles Relay U14 50 Manikin Tow U16 12.5 Line Throw Open 12.5 Line Throw 30 & Over 12.5 Line Throw U19 12.5 Line Throw	Podium	Directly U14 10 Line Throw
	MEDALS FOR EVENTS U19 100 Manikin Tow	Podium	Directly after U14 50 Manikin Carry

DAY	AWARDS ISSUED	WHERE?	WHEN?
	U16 100 Manikin Tow Open 100 Manikin Tow 30 & Over 100 Manikin Tow		
	MEDALS FOR EVENTS U14 10 Line Throw U14 100 Manikin Carry U14 50 Manikin Carry CERTIFICATES FOR U14 PARTICIPATION MEDALS FOR U14 OVERALL	Under 14 Function	Directly after medals presentation for 30 & Over 100 Manikin Tow
Day 2	MEDALS FOR EVENTS Open 100 Manikin Carry U19 100 Manikin Carry U16 100 Manikin Carry 30 & Over 100 Manikin Carry Open 4x25 Manikin Carry Relay Mixed U19 4x25 Manikin Carry Relay Mixed U16 4x25 Manikin Carry Relay Open 100 Rescue Medley U19 100 Rescue Medley U16 50 Rescue Medley	Podium	Directly after Open 4x50 Pool Lifesaver Relay
Day 3	MEDALS FOR EVENTS Mixed Open 4x50 Pool Lifesaver Relay U16, U19, Open CPR Events U19, U16 SERC Events U16 50 Manikin Carry U19 50 Manikin Carry Open 50 Manikin Carry 30 & Over 50 Manikin Carry U16, U19, Open Super Lifesaver Events NB: 200 Super Lifesaver Gold medals are recognised and engraved as Australian Cup Trophies:	Podium	Directly after Mixed Open 8x50 Fin Relay

DAY	AWARDS ISSUED	WHERE?	WHEN?
	<ul style="list-style-type: none"> ○ Men's U16 - Dr. Ian Mackie Memorial Trophy ○ Women's U16 - Dr Heather McGowan Memorial Trophy ○ Men's U19 - John Stacpoole Memorial Trophy ○ Women's U19 - The Shayne Baker Trophy ○ Men's Open - Sir Owen Cox Trophy ○ Women's Open - Julie Ann Lamont Memorial Trophy <p>U16 4x50 Medley Relay</p> <p>U19 4x50 Medley Relay</p> <p>Open 4x50 Medley Relay</p> <p>Mixed Open 8x50 Fin Relay</p>		
DAY	PRESENTATION FUNCTION	WHEN?	
Day 3	<p>MEDALS (ONLY) FOR:</p> <ul style="list-style-type: none"> ● Individual Overall Age Championships <ul style="list-style-type: none"> ○ Men's U16 - George F. Stacey Memorial Trophy ○ Women's U16 - Joan Johannes Memorial Trophy ○ Men's U19 - Drager NSW Branch Trophy ○ Women's U19 - George Turnbull Trophy ○ Men's Open - Trenchard Millar Trophy ○ Women's Open - Soden Shield ○ Men's 30-44 - Iris Cribb Trophy ○ Women's 30-44 - Iris Cribb Trophy ○ Men's 45-59 - Cyril Crollick Trophy ○ Women's 45-59 - Frank Henry Trophy ○ Men's 60+ - Individual Overall Championship ○ Women's 60+ - Individual Overall Championship <p>CERTIFICATES & GIFTS:</p> <p>CPR Competition - Laerdal Trophy</p> <p>MEDALS & TROPHIES FOR:</p> <ul style="list-style-type: none"> ● Mixed Open SERC (Event 66) - Douglas R. Plaister Trophy ● Interstate Championship: <ul style="list-style-type: none"> ○ Interstate U16 - Queensland Trophy ○ Interstate U19 - Northern Territory Trophy ○ Interstate Open - Phillip Gorey Trophy ○ Interstate Overall Champion - Sir Percy Joske Trophy <p>TROPHIES (ONLY) FOR:</p> <ul style="list-style-type: none"> ● Overall Interclub Championship ● Official of the Meet ● Lifesavers of the Meet 	Post Championships	

DAY	AWARDS ISSUED	WHERE?	WHEN?
	CERTIFICATES (ONLY) FOR: <ul style="list-style-type: none"> Team of the Meet APLSC and National Records Honours and Awards		

3.13.3 LIFESAVERS OF THE MEET AWARD

One athlete will be selected for each gender. Selection will occur within the gender category in which the athlete is eligible to compete under the relevant competition rules and inclusion policies.

ELIGIBILITY

To be eligible for selection athletes must:

- Have competed as a Royal Life Saving State or Territory Member (not invitational)
- Have competed in all available individual pointscore events for their age category as per the Competition Handbook

SELECTION CRITERIA

- Overall placing in the individual point score championship
- Stand out results in individual age division events (including number of Gold, Silver, Bronze and any National, APLSC, Commonwealth and World records achieved)
- Sportsmanship and commitment to the Royal Life Saving Society

3.13.4 TEAM OF THE MEET AWARD

The purpose of Team of the Meet is to acknowledge the outstanding athletes of our competition across all events and age categories.

ELIGIBILITY

To be eligible for selection athletes must:

- Have competed as a Royal Life Saving State or Territory Member (not invitational)
- Have competed in all available individual pointscore events for their age category as per the Competition Handbook

SELECTION CRITERIA

- Overall placing in the individual point score championship
- Stand out results in individual age division events (including number of Gold, Silver, Bronze and any National, APLSC, Commonwealth and World records achieved)
- Sportsmanship and commitment to the Royal Life Saving Society

3.14 POOL LIFE SAVING RECORDS

3.14.1 GENERAL RECORD CONDITIONS

The following conditions must be met for a record to be recognised:

- Records must be established in a sanctioned competition.
- Records may be established by athletes regardless of the category in which they are competing at the time. (i.e., a youth or Master may establish an Open record in an Open competition) However, a Master may only claim a Masters' record for their designated masters age group.
- Records are only recognised where the events and meet are conducted in accordance with the requirements and specifications set out in the ILS Competition Rule Book.
- All records will be recorded in increments of 1/100th of a second. Smaller increments shall be disregarded. AOE touch pads, semi-automatic timing, button timers and manual stopwatches are acceptable timing methods.
- Ties equal to 1/100th of a second are equal and will be deemed joint records.
- For World and Commonwealth Record recognition, times must have been recorded by AOE. APLSC and RLSSA National Records permit times recorded by either AOE or manual timing methods.
- For RLSSA records set at APLSC, both Championship and National, shall be automatically ratified by RLSSA using the official results. There is no requirement to submit a claim.

3.14.2 CHAMPIONSHIP RECORDS

RLSSA recognises Championship Records for individual and relay speed events, maintaining separate male and female records for each event in each competition age category conducted at APLSC including U14 events.

A full list of the current RLSSA National and APLSC records can be found on the [Records and Results](#) page of the RLSSA website.

No records are maintained for Simulated Emergency Response Competition (SERC) or CPR Competition (CPR).

Championship Records may only be set at an APLSC.

3.14.3 NATIONAL RECORDS

RLSSA recognises National Records for individual and relay speed events, maintaining separate male and female records for each event in each competition age category conducted at APLSC including U14 events.

RLSSA National Records can only be achieved and claimed by RLSSA members.

National records not achieved at APLSC require a written submission to the RLSSA National Office and can only be claimed if endorsed by either an approved representative of their STMO or by that Team's Manager if the record was achieved at an international competition as a member of an Australian/club team. All claims must be accompanied by a copy of the competition results signed by the Chief Referee or Chief Recorder.

National Records may be set at national, interstate or branch meets provided the meet and events are conducted in full compliance with all events, officiating and timing requirements set out in the Handbook. They may also be achieved at an international event conducted by ILS or at a sanctioned ILS event.

3.14.4 WORLD AND COMMONWEALTH POOL LIFE SAVING RECORDS

ILS World Records and RLSS Commonwealth Records may also be set at any RLSSA competition providing the event was sanctioned by ILS. Application for these records are in Appendix F and should be submitted to the RLSSA National Office.

ILS recognises both men's and women's Youth, Open and Masters individual world records in all pool events identified in the ILS Competition Rule Book. This includes the 200m Obstacle event for Masters over 55 years of age. It does not include the 100m Obstacle event for Youth, Open and Master competitors under the age of 54 years.

Team/relay event world records are only recognised for Open and Youth age categories. ILS does not recognise Masters' World records in team events. To claim a world record teams must meet the team eligibility requirements defined for ILS Life Saving World Championships.

RECORD RECOGNITION

For World and Commonwealth Records to be recognised:

- The meet where the event was held was conducted in accordance with the with the requirements and specifications set out in the current ILS Competition Manual. For Commonwealth Records, also refer to criteria in the current Commonwealth Lifesaving Championship Handbook.
- Times must have been recorded by AOE, and the official result has been **notarised** by the Chief Referee.
- Drug testing was conducted.
- The competitor/s (or their representative) must make a written submission to the overseeing body on their specified form through the RLSSA National Office. Copies of the ILS claim form can be found in Appendix F of this Handbook.

Note: If there is an intention to claim a World Record at APLSC, the Championship Organiser must be advised at the earliest practicable time so that Sport Integrity Australia can be notified and the required drug test can be arranged. This is a mandatory requirement of ILS noting the drug test requirement does NOT apply to Masters' age category records.

COMMONWEALTH RECORDS: <https://www.rlsscommonwealth.org/lifesaving-sport>

WORLD RECORDS: <https://sport.ilsf.org/records>