



Kicking Back

Edition 113 | September 2021

Telephone: 08 8981 5036 | Email: nt@rlssa.org.au

Patron: Her Honour the Honourable Vicki O'Halloran AM
Administrator of the Northern Territory and Mr Craig O'Halloran
President: Penny Hart

Proudly sponsored by
 Northern Territory
Government

 **ROYAL LIFE SAVING**
NORTHERN TERRITORY

MISSION, VISION AND STRATEGY

Royal Life Saving is dedicated to turning everyday people into everyday community lifesavers.

We achieve this through education, training, health promotion, risk management, research, sport and advocacy.

Mission: *To prevent loss of life and injury in the community with an emphasis on the aquatic environment.*

Vision: *To build a healthy, strong and safe aquatic community through access to water safety education and training.*

Strategy: *Our People, Our Lifestyle, our Water*

Be Safe : In, on and around water from the RLSSANT Management Committee

Thank you Penny & the Board for 2021.2022

The Board of Royal Life Saving NT met on the 4th October 2021, the first Board meeting after the AGM. Penny Hart completed her 4 year term as President and is continuing on as a Board Member. Penny has been an inspiring leader and her commitment to strong governance and community best practice is valued and appreciated.

The 2021.2022 elected positions are:

- James Sheridan – President
- Sarah Dowd – Vice President
- Joe De Luca - Treasurer
- Rod Cremona – Secretary
- Randall Cook, Alice Doyle
- Penny Hart – Board Members
- Toni Blair – new Board appointment
(bio next newsletter)



A message from our President

A message from James

Recently I had the great pleasure of listening to some of our founders and past Presidents gather together to share their Royal Life Saving NT stories and experiences, this was an enlightening insight providing a deeper understanding of where we have come from and what makes us who we are today. It further motivated my involvement with this organisation that gives so much, so I'm very excited to continue this incredible legacy with you all for our community.

I am truly honoured to serve Royal Life Saving Society (Australia) NT Branch and thank you to Penny and the Management Committee for endorsing my nomination for President.





ROYAL LIFE SAVING
NORTHERN TERRITORY

Northern Territory Administrator's Award Medal

Do you know someone who has made an exceptional contribution to Lifesaving, Water Safety and Drowning Prevention in the Northern Territory?

Nominations are now open for the
Royal Life Saving Northern Territory Administrator's Medal Award

To nominate your outstanding Lifesaver, please follow the link below
<https://bit.ly/3my99A3>

Citation's must be no more than 500 words

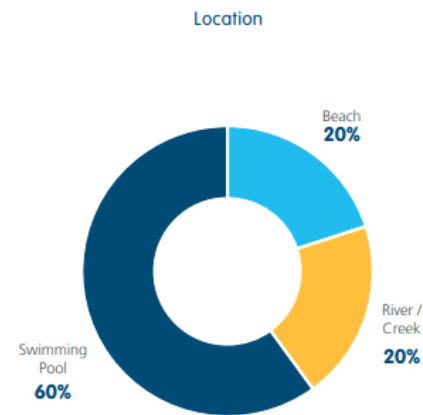
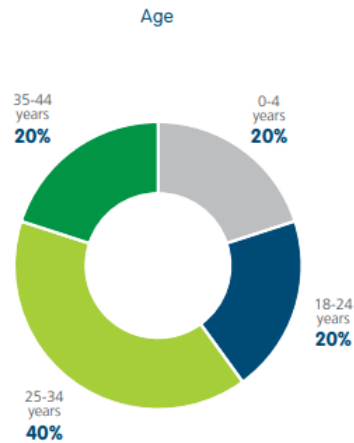
Nominations close on 31 October 2021

NATIONAL DROWNING REPORT 2020/21



5
↓ 44%

Northern
Territory



Sadly 5 Territorians lost their lives to drowning during 2020/21.

The National Drowning Report is now available.

To explore it in more detail, follow the link below

<https://bit.ly/3BRAQtW>



POSITIONS VACANT

Have you ever thought about a career with Royal Life Saving NT? We are currently on the look out for two amazing people, with a can do attitude, who would like to take up one of these exciting opportunities. If that is you or you know someone who may be looking to join a fun filled Team then contact us today nt@rlssa.org.au



Community Development Coordinator

Royal Life Saving NT is a not for profit organisation currently seeking to employ a Community Development Coordinator based in Darwin.

To undertake this exciting and rewarding role you will need to

- Enjoy working outdoors and in the aquatic environment
- Enjoy travel across the Northern Territory and hold a current NT drivers license
- Hold a current AUSTSWIM Teacher of Swimming and Water Safety license
- Hold a current Certificate IV Training & Assessment (or the ability to obtain)
- Hold current First Aid, Bronze Medallion, Pool Lifeguard qualifications (or the ability to obtain)
- Be organised and highly motivated

Experience in program delivery, training and developing and maintaining stakeholder relationships is essential. An attractive salary package and training will be offered to the right person.

All applicants must address the skills and experience required set out in the position description in addition to supplying an up to date resume.

Applications close 4pm Friday 15 October 2021

For further information and position description please call Jill on 0418 857 076 or email nt@rlssa.org.au



Training & Industry Engagement Officer

Royal Life Saving NT is a not for profit organisation currently seeking to employ a Training & Industry Engagement Officer based in Darwin.

To undertake this rewarding role you will need to

- Enjoy working outdoors and in the aquatic industry
- Enjoy travel across the Northern Territory and hold a current NT drivers license
- Hold current First Aid, Bronze Medallion, Pool Lifeguard qualifications (or the ability to obtain)
- Have computer competency including Microsoft Office
- Have a high quality level of data entry and attention to detail
- Be organised and highly motivated

Experience in the aquatic industry and services and the ability to develop and maintain stakeholder relationships is essential. An attractive salary package and training will be offered to the right person.

All applicants must address the skills and experience required as set out in the position description in addition to supplying an up to date resume.

Applications close 4pm Friday 15 October 2021.

For further information and position description, please call Jill on 0418 857 076 or email nt@rlssa.org.au



ROYAL LIFE SAVING
NORTHERN TERRITORY

WANTED SWIMMING TEACHERS



Are you looking for casual work?

Royal Life Saving – NT are looking for motivated individuals to assist in delivering the Swim and Survive program in Darwin & Palmerston. You will receive excellent casual hourly rate, flexible working hours during the school term and work in a fun & enjoyable environment.

Experience preferred but not essential.

Training will be provided if necessary, with flexible payment plans available upon employment.

Please contact Stephen Gazzola on 8981 5036 or
remoteswimsurvive@rlssa.org.au for more information.

Join
Now!



ROYAL LIFE SAVING
NORTHERN TERRITORY

2021-2022 MEMBERSHIP

*Mission: To prevent loss of life and injury in the community
with an emphasis on the aquatic environment.*

*Vision: To build a healthy, strong and safe aquatic community
through access to water safety education and training.*



Benefits include:

- Limited edition gift pack
- 5% discount on courses
- Monthly Newsletter
- Invitations to functions

CONGRATULATIONS



Welcome to the world little Sally Ann Gazzola!

Congratulations to Steve and his lovely wife Kathleen on the arrival of their precious little girl on September 10. Steve has taken a short break from his role as our Strategic Partnerships Manager to enjoy being a Dad for the first time. He will be back on deck in October. We are so thrilled for you both and wish you all a lifetime of good health, love and laughter.



MAKE THE RIGHT CALL

Know your limitations and don't take risks. Don't be a statistic. Boating and fishing continue to be popular recreational activities, however, latest drowning figures show that over the past ten years, 410 people have lost their lives while boating or fishing. Royal Life Saving is urging boaters and fishers to Make the Right Call when it comes to safety. Royal Life Saving's 'Make the Right Call' campaign highlights a common-sense approach and advocates simple safety tips to prevent drowning:

- Avoid alcohol around water
- Wear a lifejacket when boating, kayaking or canoeing
- Avoid swimming or recreating alone around water

For all Territorians:

- Find out if it is safe to swim – look for signs & follow the rules
- Know when you are in crocodile country & find your nearest swimming pool to visit instead
- If you are fishing – stay out of the water – otherwise you may become the bait
- Actively supervise children



COMMUNITY – Our People

It was such a wonderful evening celebrating a year of great achievements at the Royal Life Saving NT AGM on September 3. So many deserving awardees, congratulations to you all.

Thanks to our wonderful members for your ongoing support whether it was in person or via Zoom.



COMMUNITY – Our People

Congratulations to the Awardees of 2020/2021



Volunteer of the Year
Clare Morton



**Trevor Cawthorne
Memorial Award**
Emily May



Trainer of the Year
Kate Conway



**Media Making a
Difference Award**
Mix 104.9 FM / Hot
100 FM

COMMUNITY – Our People

Congratulations to the Awardees of 2020/2021



WSAP Provider of the
Year
Baby Barras Swim
School



Swim & Survive Swim
Teach of the Year
Jane Davies



Swim & Survive Swim
School of the Year
Triple S

COMMUNITY – Our People



Thank you, COTA NT, for hosting the wonderful Seniors Expo on September 4. It is always such a great day spending time with senior Territorians and special guests, The Administrator of the Northern Territory and Kate Worden MLA: Member for Sanderson

COMMUNITY – Our People



Royal Life Saving NT would like to thank Cieran New and Steve Whiteside for being a wonderful part of the Team. They have made a huge contribution by providing training and water safety education across the Northern Territory. We wish them well and good luck on their new adventure!



ROYAL LIFE SAVING
NORTHERN TERRITORY

**Swim
and
SURVIVE**

Royal Life Saving NT
**Little Royals
Swim School**

SUNDAY LESSONS

17th October – 25th November | Nightcliff Pool

Sunday Lifesaving

Children 5yo and up

45min lessons

8.30 – 9.15am 9.15 – 10am

Advanced levels 8.30 – 10.00am

Little Royals Swim School

Children under 5yo (Starting at 6months old)

30min lessons

• 8:30-9am 9-9:30am 9:30-10am

Learn to Swim, Sport and Water Safety Awareness Program vouchers accepted!

For more information, call Royal Life Saving NT on 08 8981 5036

Enrol online today!

www.royallifesaving.com.au/nt



ROYAL LIFE SAVING
NORTHERN TERRITORY

**Swim
and
SURVIVE**

Adults Learn to Swim Program

Mondays October 18 – November 22

5pm – 6pm Beginners

6pm – 7pm Intermediate/Advanced

Casuarina Pool

Wednesdays October 20 – November 24

5pm – 6pm Beginners

6pm – 7pm Intermediate/Advanced

Casuarina Pool



For more information, call Royal Life Saving NT on 08 8981 5036 or email
programsnt@rlssa.org.au

SPORT

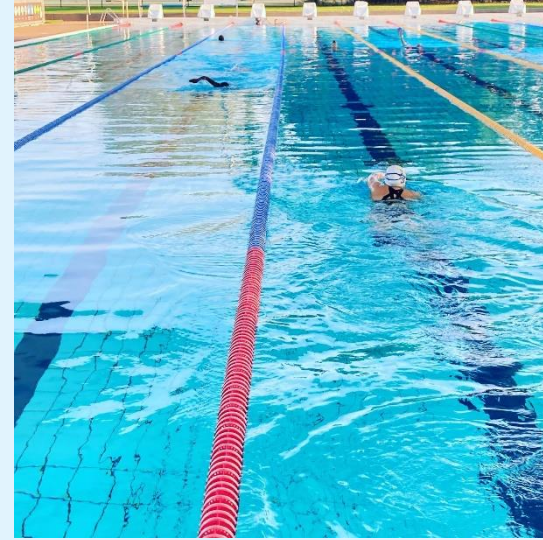


ROYAL LIFE SAVING
NORTHERN TERRITORY

Pool Lifesaving is back!
Wednesday's
Parap Pool 5:30-6:30pm
Alice Springs Aquatic & Leisure Centre 3:45-5pm

Athletes started their first session for Semester 2 on September 1 and welcomed new members to the Darwin Club. We are ready to fill the semester with the learning of new skills in

- CPR
- Water rescues
- Stroke efficiency
- Speed and endurance
- And lots of FUN!



SPORT



What an amazing training session of Pool Lifesaving on September 15.

Pre squad athletes were put through their paces by Coach Gabby and the Senior squad athletes were treated to guest coach Jill!

A massive thank you to both coaches and to our athletes for putting in the effort and showcasing their skills!



KEEP WATCH



Remember the key messages:

👍 Supervision 👍 Restrict Access 👍 Water Familiarisation 👍 Learn CPR

The Water Safety Unit



What a week it was with the students from Ludmilla Preschool! Firstly, swimming lessons then a visit from Boof Barramundi on September 11 and then more swimming lessons throughout September.

• FREE EVENTS •

WATER SAFETY WEEK 2021

Safety rules are your best tools!

Sunday 19th - Saturday 25th
September



The Water Safety Unit



ROYAL LIFE SAVING
NORTHERN TERRITORY



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Government

www.royallifesaving.com.au/nt

@royallifesavingnt

Water Safety Week was held
across the Northern Territory from
September 19 -25.

A week of FREE family fun!

Catch up on all the events on the
next slides

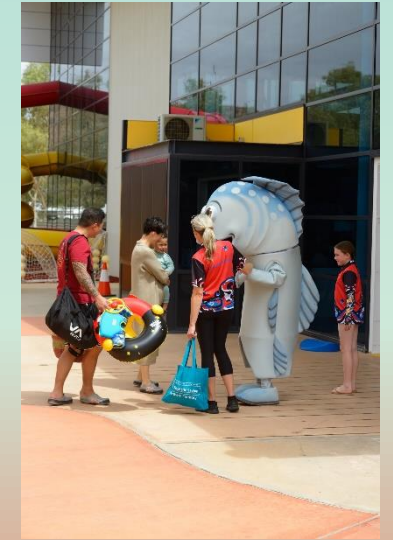
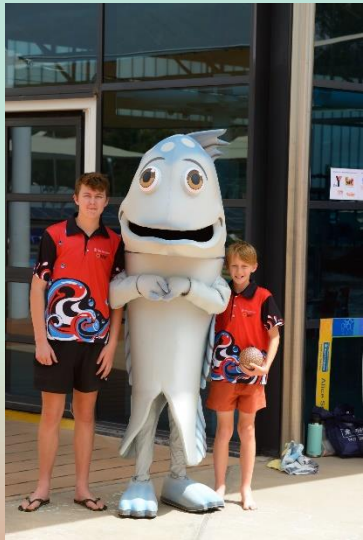




All the action started on Sunday September 19 at the Darwin Waterfront with SPLASHFEST! Thank you to all the wonderful stakeholders, families and entertainment for creating a great atmosphere for the opening event of the week! A very special mention to Larrakia Nation for their Welcome to Country and Saltwater Ceremony!



Thank you to all the families who visited the Alice Springs Aquatic and Leisure Centre for the opening of Water Safety Week in Central Australia. Some great Safety Rules, competition and fun was had on September 19.





A special part of Water Safety Week is visiting all the wonderful libraries for story time with Boof the Barramundi! Singing and dancing with the families is always so much fun! Thank you, City of Darwin, City of Palmerston Libraries and Katherine Public Library.





Congratulations to all our amazing participants who came to Parap, Katherine, Tennant Creek and Alice Springs for our pool life saving carnivals to celebrate Water Safety Week 2021. Well done to our Super Lifesavers, your skills were so impressive! We hope you all had as much fun as we did.





Boof enjoyed visiting schools across the Territory during Water Safety Week. Thank you to students and teachers from the following schools who were very knowledgeable with water safety and rescue skills!

Marrara Christian College Millner Primary

Jingili Kindergarten Parap Pre School

Good Shepherd Howard Springs

MacFarlane Primary Stuart Park Pre School

Tennant Creek Primary



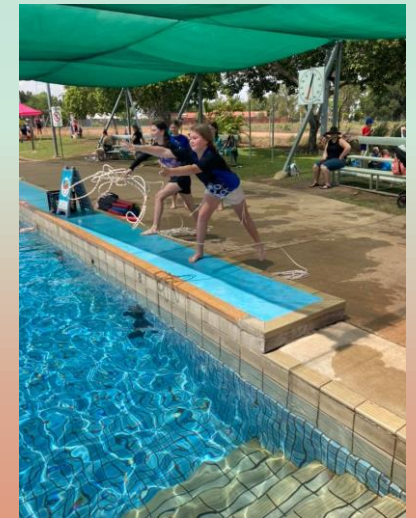


Thank you to Steve Edgington MLA
Member for Barkly and the Rotary EClub
Outback Australia for a great day at Lake
Mary Ann in Tennant Creek on September
25. Stand Up Paddle Boards and a BBQ
made for Water Safety Week fun.





What an amazing way to finish Water Safety Week 2021 at AQUAFEST at the Palmerston Pool. Thank you to all the incredible Palmerston families who came and celebrated with us at the closing event. Rescue a friend competition's, Inflatable obstacle course, Circus fun & loads of bubbles! A special thank you to the team from Eva Lawler MLA: Member for Drysdale for the BBQ and endless sausages



WATER SAFETY

AWARENESS PROGRAM



The Annual Water Safety Awareness Program Provider workshop was held on September 2. Thank you to the providers who attended in person and via zoom, it is always great to have all providers together to reflect on the year that has been providing water safety lessons across the NT. Thank you to the Team from Sport, Recreation and Strategic Infrastructure for supplying information to streamline the new registration process for the Learn to Swim vouchers.





WATER SAFETY

AWARENESS PROGRAM



There was wonderful to see so many parents attend an Emergency Care Session in Tennant Creek for on September 23 as part of Water Safety Week. We are looking forward to seeing everyone in the water for swimming lessons in November!





WATER SAFETY

AWARENESS PROGRAM



EMERGENCY CARE SESSIONS 2021

Bookings are essential

PARAP

Royal Life Saving NT
77 Ross Smith Ave, Parap (Blue building)

Monday 18th October 5-6pm
Tuesday 19th October 9-10am
Saturday 23rd October 9-10am
Monday 15th November 5-6pm
Tuesday 16th November 9-10am

Are you in another location? Call
to find out how you can attend an
Emergency Care Session
08 8981 5036

PALMERSTON

Palmerston Child & Family Centre
2 Brennan Court, Farrar

Wednesday 20th October 4:30-5:30pm
Thursday 21st October 9-10am
Wednesday 17th November 4:30-5:30pm
Thursday 18th November 9-10am

ALICE SPRINGS

Birth & Beyond Parent Resource Centre
10/89 Fan Arcade Alice Springs 0870

Monday 18th October 10am
Tuesday 19th October 10am
Saturday 23rd October 10am

INDIGENOUS ADVANCEMENT STRATEGY

It was great to get back in the water at the Pirlangimpi Pool from September 6-10.
Thank you to the wonderful students of Milikapiti School who joined us for the Swim, Survive
& Strive Program



VOLUNTEER OPPORTUNITIES

Check out this volunteer opportunity with our colleagues at the YMCA. If you are interested contact 0498 663 211 or email remotepools.nt@ymca.org.au



Create meaningful change

Become a Remote Pools volunteer today

The Remote Pools Program is a YMCA community health program aimed at improving the physical and emotional wellbeing of remote communities in Kintore, Santa Teresa & Areyonga.



Operating safe and secure pools for all; building much needed water safety awareness, training & tuition in remote communities.



Promoting healthy behaviours and reduce issues around chronic illnesses and infectious diseases.



Bringing communities together, providing a fun and safe place to connect with each other and cool down in the summer heat.

Volunteer positions



Pool lifeguard



Swim teacher



Pool coordinator

Enquire today:

remotepools.nt@ymca.org.au

0498 663 211

www.nt.ymca.org.au

AQUATICS 4 LIFE PROGRAM

September 1 was National Health & Physical Education Day. This marked the start of our Aquatics 4 Life Program. The Year 11 Darwin High School students enjoyed session one of the program with survival skills and stroke correction. Thank you to Achper Northern Territory for their support of this eight week program.



TRAINING

The Annual Trainers Workshop started on September 3.
A wonderful time for all our Trainers to come together, update their qualifications and share their experiences over the past 12 months.
Thanks to all our Trainers for their dedication to Royal Life Saving NT



TRAINING

Well done to the Team from Southern Cross Care for updating their First Aid qualifications on September 14. It was fantastic to see your dedication to maintaining your skills!



TRAINING

What a group of legends!
Congratulations to the Bronze
Medallion participants in Darwin
on September 29. Thanks for
spending your day with us at the
pool!



TRAINING CALENDAR DARWIN



Resuscitation Courses

14th October 2pm - 4pm
11th November 2pm – 4pm

Pool Lifeguard

2nd & 3rd October 8.30am-4.30pm

Pool Lifeguard Update

6th October 12.00pm -8.00pm
7th October 8.30am-4.30pm
9th October 8.30am-4.30pm

Bronze Medallion Courses

16th October 8.30am-4.30pm

Bronze Medallion Update

13th October 3.30pm -7.30pm

First Aid Online + Practical Assessments

Online learning + 4 hour practical Assessment

14th October 2pm – 6pm
11th November 2pm – 6pm

First Aid Child Care & Education

Online learning + 5 hour practical Assessment

14th October 2pm – 7pm
11th November 2pm – 6pm

Face to Face First Aid

Workplace training can be requested



Bookings

Royal Life Saving NT
ABN 57 939 760 839 - RTO 0859
GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: nt.training.royallifesaving.com.au



TRAINING CALENDAR REGIONAL & REMOTE



Resuscitation Courses

Tennant Creek: 27th October 8.30am -10.30am
Katherine: 4th November 12pm – 2pm
Batchelor: 13th November 8.30am – 10.30am
Nhulunbuy: 25th November 8.30am – 10.30am

Pool Lifeguard

Alice Springs: 2nd & 3rd October 8.30am-4.30pm
Tennant Creek: 29th & 30th October 8.30am – 4.30pm
Katherine: 6th & 7th November 8.30am – 4.30pm
Nhulunbuy: 27th & 28th November 8.30am – 4.30pm

Pool Lifeguard Update

Alice Springs: 7th November 8.30am – 4.30pm
Tennant Creek: 31st October 8.30am – 4.30pm
Katherine: 7th November 8.30am – 4.30pm
Nhulunbuy: 28th November 8.30am – 4.30pm

Bronze Medallion Courses

Alice Springs: 1st October 8.30am – 4.30pm
Tennant Creek: 28th October 8.30am -4.30pm
Katherine: 5th November 8.30am – 4.30pm
Batchelor: 13th November 8.30am – 4.30pm
Nhulunbuy: 26th November 8.30am – 4.30pm

Bronze Medallion Update

Alice Springs: 1st October 8.30am – 12.30pm
Tennant Creek: 28th October 8.30am – 12.30pm
Katherine: 5th November 8.30am – 12.30pm
Batchelor: 13th November 8.30am – 12.30pm
Nhulunbuy: 26th November 8.30am – 12.30pm

First Aid Online + Practical Assessments

Online learning + 4 hour practical Assessment
Alice Springs: 30th September 8.30am – 12.30pm
Tennant Creek: 27th October 8.30am – 12.30pm
Katherine: 4th November 12pm – 4pm
Nhulunbuy: 25th November 8.30am – 12.30pm

First Aid Child Care & Education

Online learning + 5 hour practical Assessment
Alice Springs: 30th September 8.30am – 1.30pm

Face to Face First Aid

Workplace training can be requested



Bookings

Royal Life Saving NT
ABN 57 939 760 839 - RTO 0859
GPO Box 1229, Darwin NT 0801



Phone: 08 8981 5036 Website: nt.training.royallifesaving.com.au



"Our People, Our Lifestyle, Our Water"

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