



KICKING BACK

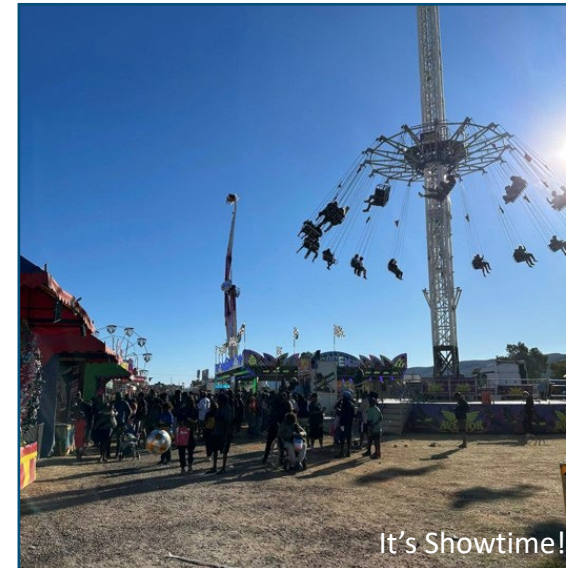
July 2025

EDITION #144



Welcome to the July edition of Kicking Back.

July was a very special month as we celebrated 60 years of Royal Life Saving in the Northern Territory. World Drowning Prevention Day was recognised globally on 25 July, and the Team travelled the regional show circuit from Alice Springs to Darwin, and in between, sharing water safety messages with Territorians young and old.



MISSION, VISION AND STRATEGY

MISSION: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

VISION: To build a healthy, strong and safe aquatic community through access to water safety education and training.

STRATEGY: Our People, Our Lifestyle, our Water

Patron: His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory and Ms Ruth Jones.

President: Randall Cook

Proudly sponsored by
 Northern Territory
Government



OUR PEOPLE

Board Members, Staff, Volunteers and Members of Royal Life Saving NT attended Government House on 21 July for a wonderful evening celebrating 60 years of lifesaving in the Northern Territory.

Thank you to His Honour the Honourable Professor Hugh Heggie, Administrator of the Northern Territory and Ms. Ruth Jones for hosting the event acknowledging the commitment and dedication of some Members to water safety education and drowning prevention.

Congratulations to all the award recipients. Head to our Facebook page for more photos captured by Nakita Pollock Photography.



OUR PEOPLE



Congratulations to Floss Roberts who was awarded the NT Administrator's Medal Award for 2024 on 21 July at Government House. This is an excerpt of Floss's citation:

Floss Roberts is an amazing person and an inspirational leader who sets an outstanding example for her staff, members and the community. She is known to everyone in swimming and water safety across the NT and is well-respected and loved. She brings energy, unwavering determination and a make-it-happen attitude to her work.

Executive Director and Public Officer since 2006, Floss demonstrates exceptional commitment to RLSSANT's mission of preventing loss of life and injury in the aquatic environment and promoting safe participation in water-related pursuits.

Floss strengthens RLSSANT's operations, ensuring a sustainable business and respected community organisation. She shows commitment above and beyond the call of duty, volunteering hundreds of hours annually to support community events, pool lifesaving clubs, fundraising activities and the management committee.

In 2019–20 Floss led a review of the NT School Swimming Program, trialling a new model to cut costs and minimise disruption for schools while raising the competency of students. The collaboration with Education created an exciting option for children in upper primary school and linked water safety, life skills and team building.

Floss' commitment to the water safety industry is outstanding. Since 2014, she contributes to advocacy, research and collaboration with NT organisations to on the Water Safety Advisory Council to: reduce the number of children under the age of five years drowning; ensure school swimming and water safety programs; and implement strategies to combat drowning in the NT.

OUR PEOPLE



Pam Dillon



Petina Franklin



Daphne Read AO



ACHPER NT
Received by Fiona Ness

Award Recipients



Melaleuca Refugee Centre
Received by
Belinda Peacocke & Liam Sommers



Anita Newman



Penny Hart



Jill Dowd

OUR PEOPLE



Award Recipients



Not pictured: Kate Conway

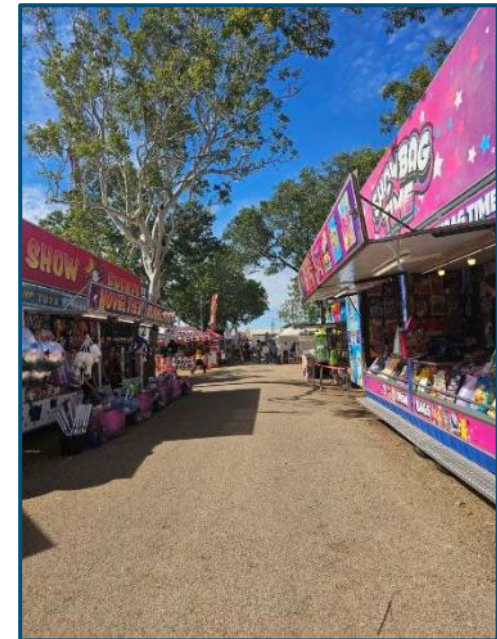
OUR LIFESTYLE



From the Red Centre to the Top End, Royal Life Saving NT was out and about in July spreading water safety messages with stalls at Tennant Creek, Alice Springs, Katherine and Darwin shows.

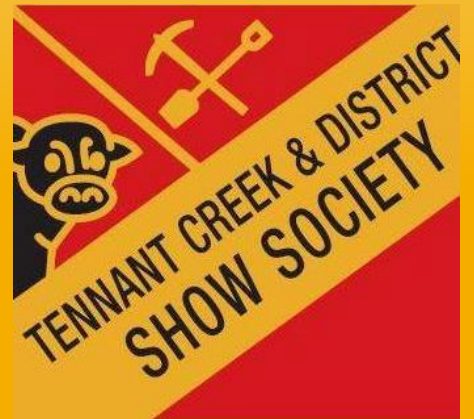
A huge thanks to everyone who stopped by to say hello, share stories and take part in the fun. It was a joy connecting with communities and continuing our mission to keep everyone safe in, on and around the water.

Check out the highlights from each location in the pages that follow!



THE Alice Springs SHOW









It was an honour to wrap up the show circuit by being awarded a third-place ribbon for our community stall display at the Darwin Show.

Congratulations to the Country Women's Association Darwin and the Royal Flying Doctor Service on first and second place. Very prestigious company to be amongst, we are very proud!





WORLD DROWNING PREVENTION DAY

This year World Drowning Prevention Day fell on Darwin Show Day. Thank you to everyone who stopped by to chat with us.

Your stories were very special, and we are grateful to those who shared such personal experiences with us!

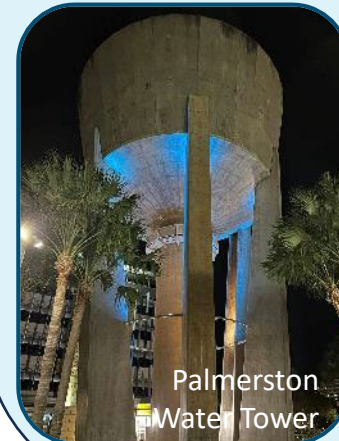


In honour of World Drowning Prevention Day landmarks across Darwin and Palmerston were lit up blue on 25 July.

Many thanks to City of Palmerston and Darwin Waterfront for their contribution to this important day.



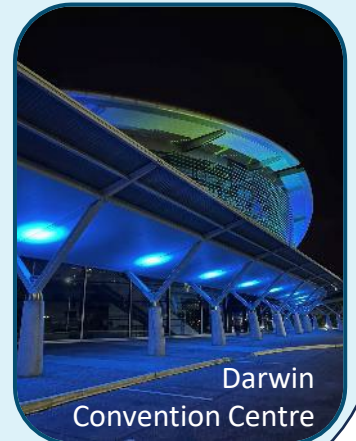
Palmerston
Recreation Centre



Palmerston
Water Tower



Frances
Light Pole



Darwin
Convention Centre

World
Drowning
Prevention
Day 25 July

Anyone can drown,
no one should.



Goldfishbowl Swim School



On 8 July Goldfishbowl Swim School and Swim and Survive instructors gathered for an in-service to prepare for Term 3. The session refreshed Team members on values, policies and procedures before a fitness test and Swim Teacher Rescue Award (STRA) update including CPR. Well done everyone!





On 9 July, Royal Life Saving NT welcomed Swim and Survive partners to a dedicated forum and hands-on workshop. The forum provided a valuable opportunity to connect, ask questions and discuss their Swim and Survive framework.

The day wrapped up poolside at Parap, with a practical session focused on water safety skills and how to effectively weave them into lessons. It was a fantastic chance to catch up with our partner swim schools and strengthen our shared commitment to teaching vital swimming and water safety skills across the Territory.



OUR PLACES



From 11 July to 15 July Royal Life Saving NT travelled to Kalkarindji Community 554 kilometers south of Darwin as part of Indigenous Advancement Strategy funding. First Aid training was delivered to Kalkarindji School staff, students, and local community organisations.

The training also included students completing the Junior First Aid course. Introduced last year, the Junior First Aid course is designed specifically for primary school students and covers basic resuscitation and first aid.



OUR PLACES



While in Kalkarindji, Royal Life Saving NT also delivered water safety talks to younger members of the community. Although there's no swimming pool in Kalkarindji, the region is home to many natural waterholes and swimming spots. Building water safety awareness from an early age, including the Aqua Code, these sessions help children understand how to stay safe around water, wherever they may swim.



UPCOMING COURSES



Bronze Medallion or Update

Darwin | 9 August 8:30am-4:30pm
(update course 8:30am-12:30pm)

Resuscitation

Darwin | 26 August 2-4pm
Alice Springs | 28 August 3.30-5:30pm

First Aid (online learning + practical assessment)

Darwin | 26 August 2-6pm

First Aid Childcare (online learning + practical assessment)

Darwin | 26 August 2-7pm

In-house group training available on request

- Face-to-face First Aid
- Swim Teacher Rescue Award
- Hydrotherapy Rescue Award



Royal Life Saving NT
ABN 57 939 760 839 - RTO 0859
GPO Box 1229, Darwin NT 0801
RTO Provider #0859

Book Now



trainingmanagernt@rlssa.org.au



<https://nt.training.royallifesaving.com.au>

Royal Life Saving Northern Territory



8981 5036

Join
Now!



2025/2026 MEMBERSHIP

Mission: To prevent loss of life and injury in the community
with an emphasis on the aquatic environment.

Vision: To build a healthy, strong and safe aquatic community
through access to water safety education and training.



Benefits include:

- Limited edition gift pack
- 5% discount on courses
- Monthly Newsletter
- Invitations to functions

Royal Life Saving Society (Australia) NT Branch Inc Notice of Annual General Meeting

Friday 12th September 2025

Annual General Meeting of

Royal Life Saving NT

Venue: 77 Ross Smith Ave Parap

Date: Friday 12th September 2025, 6-7pm

Details: Agenda, Previous Minutes, Board Nominations and Audited Financial Statements are available from the Public Officer, email froberts@rlssa.org.au

Current financial members will be emailed the AGM documents. A TEAMS meeting will be available for Members who can not make it in person.

A Member-Q with 60-year Diamond Jubilee celebrations will precede the AGM from 5-6pm with nibbles and drinks

Please RSVP by 5th September 2025

Email: nt@rlssa.org.au

Phone: 8981 5036





CONNECT WITH US

Connect with us



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royallifesaving.com.au

City of Palmerston Recreation Centre