



Kicking Back

Edition 124 | September 2023

Telephone: 08 8981 5036

Email: nt@rlssa.org.au

Proudly sponsored by
 Northern Territory
Government

*Patron: His Honour Professor the Honourable Hugh
Heggie PSM, Administrator of the Northern Territory and
Ms Ruth Jones*

President: James Sheridan

 **ROYAL LIFE SAVING**
NORTHERN TERRITORY

SUPPORTED BY
 Australian Government

MISSION, VISION AND STRATEGY



Royal Life Saving is dedicated to turning everyday people into everyday community lifesavers.

We achieve this through education, training, health promotion, risk management, research, sport and advocacy.

Mission: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

Vision: To build a healthy, strong and safe aquatic community through access to water safety education and training.

Strategy: Our People, Our Lifestyle, our Water

Be Safe : In, on and around water from the RLSSANT Management Committee

Join
Now!



ROYAL LIFE SAVING
NORTHERN TERRITORY



ROYAL LIFE SAVING
NORTHERN TERRITORY

2023/2024

MEMBERSHIP

Mission: To prevent loss of life and injury in the community
with an emphasis on the aquatic environment.

Vision: To build a healthy, strong and safe aquatic community
through access to water safety education and training.



Benefits include:

- Limited edition gift pack
- 5% discount on courses
- Monthly Newsletter
- Invitations to functions

AGM

Our Annual General Meeting was held on 1 September. Thank you to all our wonderful Members who were in attendance – in person and via Zoom – and congratulations to all the award recipients for your contribution to water safety in the Northern Territory.

From our youngest Members to our most senior Members, it was a wonderful evening celebrating the achievements of the organisation over the 2022/2023 year.



Our People

Congratulations to our award recipients of 2022/2023



Volunteer of the Year
Carly McLuckie



**Trevor Cawthorne
Memorial Award**
Joe Deluca



Trainer of the Year
Aaron Dalglish



**Media Making a
Difference Award**
ABC Radio Alice Springs

Our People

Congratulations to our award recipients of 2022/2023



WSAP Provider of the Year
Travelling Tadpoles,
Nhulunbuy



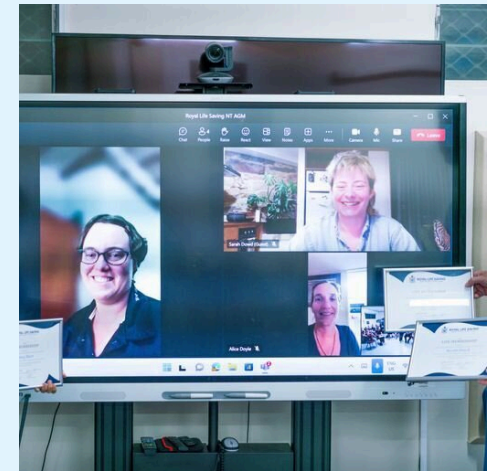
Swim & Survive Swim
School of the Year
Triple S



Swim & Survive AUSTSWIM
Swim Teacher of the Year
Belinda Lawther



Life Membership
Margaret Morris



Life Membership
Alice Doyle
Penny Hart
Sarah Dowd

Our People



On 5 September we celebrated the outstanding service of Daphne Read AO for 20 years of leading the NT Water Safety Advisory Council. Thank you Daph, you are our inspiration.

Thank you, Hon Kate Worden MLA, for hosting this acknowledgement of Daphne's service.



WE CELEBRATED **WATER SAFETY WEEK** ACROSS THE NORTHERN TERRITORY WITH A WEEK OF FREE FAMILY FUN FROM SEPTEMBER 17-23



FREE FAMILY EVENTS

Water Safety **WEEK 2023**

Be water safety wise!

**Sunday 17th - Saturday 23rd
SEPTEMBER**

**Darwin • Palmerston • Katherine
Tennant Creek • Alice Springs**

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**Splashfest • Water Safety Activities  
Story Reading with Boof the Barra  
Pool Lifesaving Carnivals • Aquafest**

 **The Water Safety Unit** 

 **ROYAL LIFE SAVING**  
NORTHERN TERRITORY

 Proudly supported by  
**NORTHERN  
TERRITORY  
GOVERNMENT**





Water Safety Week festivities kicked off on 17 September with SplashFest at Darwin Waterfront. Thank you to all the wonderful stakeholders, families and entertainment for creating a great atmosphere for the opening event of the week! A very special mention to Larrakia Nation for their Welcome to Country.





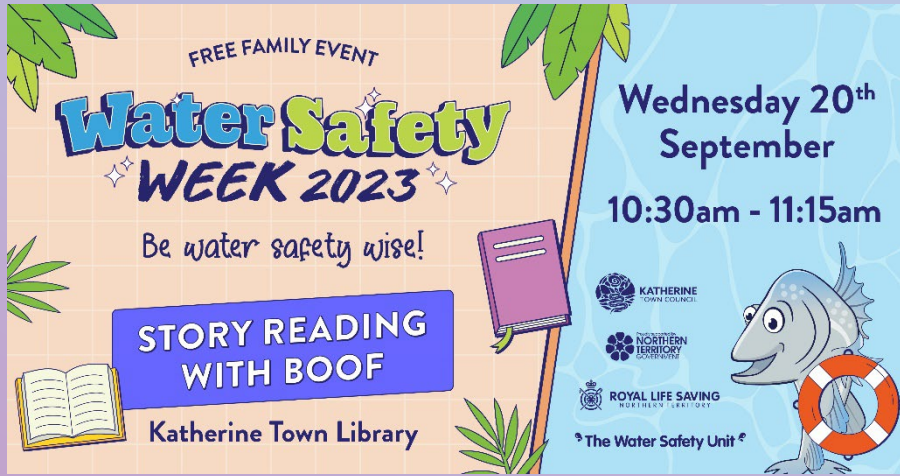












On 20 September Boof enjoyed a trip to Katherine to bring Water Safety Week celebrations to the people of Katherine and Tindal. Thanks to everyone for joining in and making us feel welcome! It was a fun filled day.





Boof had a wonderful time during Water Safety Week visiting school assemblies, libraries and catching up with members of the community.







On 23 September Boof the Barra celebrated AquaFest, the closing event of Water Safety Week. Boof visited the Goldfishbowl Swim School and Berry Springs Nature Park it was great to see families enjoying both aquatic locations.

Thank you to everyone who entered our snap a photo with Boof competition.





# Pool Lifesaving

Congratulations to all athletes who competed in the Masterclass Series #2 carnival on 16 September.

A special shout-out to our 'Lifesavers of the Series'- Peta and Samantha!  
Wonderful effort by all athletes!  
See you in Term Four!

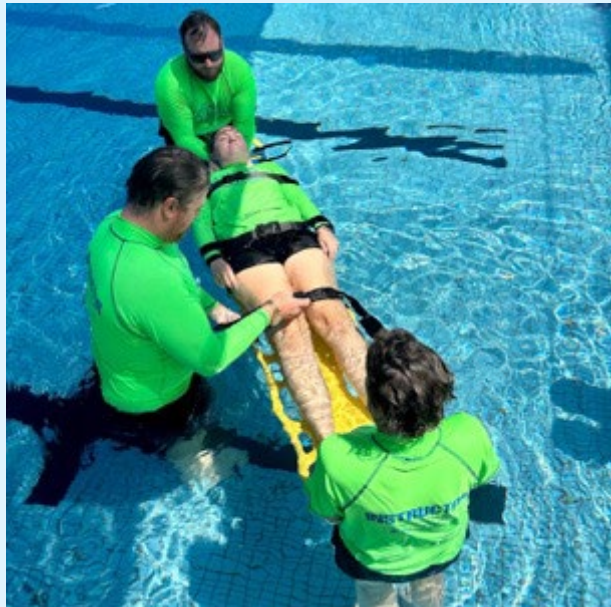




# Trainer's Workshop

On 1 September the 19<sup>th</sup> Annual Trainer's Workshop was held at Nightcliff Pool.

Our trainers updated their first aid, oxygen resuscitation, bronze medallion and pool lifeguard qualifications. Thank you to all who attended, it's so valuable to get together and share knowledge. Bring on the 20<sup>th</sup> anniversary next year!





# Training

Bronze Medallion training was conducted at Parap Pool on 9 September. Congratulations and well done to the newest group of rescue ready Territorians.





# Pool Lifesaving

Pool Lifesaving sessions are back! Commencing 11 October at Parap Pool, 5.30-6.30pm. Increase your fitness and learn technical skills in swimming and competition lifesaving under the guidance of our qualified coaches.



## **Junior Pool Lifesaving Squad**

Recommended for ages 8+ with the ability to swim 50m without stopping

## **Pool Lifesaving Competition Squad**

Recommended for ages 13+ following a swimming ability assessment

## **Adult Fitness & Fun**

Adults of all ages and swimming abilities welcome

For further information please contact Laura at Royal Life Saving Society NT

P: 8981 5036

E: [sportnt@rlssa.org.au](mailto:sportnt@rlssa.org.au)

## **2023/2024 Pool Lifesaving Membership \$10.00**

### **Fee structure:**

New members - **\$100** (10 sessions and club shirt)

Returning club members - **\$50** (10 session pass)



# Take the Plunge!



**Terms and conditions apply.**

**Limited places – enquire early to avoid missing out.**

**Contact Royal Life Saving NT's Training Manager today to check your eligibility.**

**Email: [trainingmanagernt@rlssa.org.au](mailto:trainingmanagernt@rlssa.org.au)**

Take the Plunge – Teach a Skill for life program is about creating employment pathways in the aquatic industry across the Northern Territory.

Using Vocational Education and Training, the program focuses on identified skills shortages in Swim Teachers and Pool Lifeguards.

Through the Northern Territory Governments Pre-employment program, eligible participants may have the cost of their Pool Lifeguard and Swim Teacher training fully funded.

The program is running at the following locations:

- **Tennant Creek** | October & November



# Training Calendar Darwin



## Bronze Medallion

8.30am-4.30pm

14<sup>th</sup> October

18<sup>th</sup> November

9<sup>th</sup> December

## Bronze Medallion Update

8.30am-12.30pm

14<sup>th</sup> October

18<sup>th</sup> November

9<sup>th</sup> December

## Resuscitation Courses

2-4pm

12<sup>th</sup> October

9<sup>th</sup> November

7<sup>th</sup> December

## Pool Lifeguard

8.30-4.30pm

7<sup>th</sup> & 8<sup>th</sup> October

## Pool Lifeguard Update

8.30am-4.30pm

7<sup>th</sup> October

## First Aid Online + Practical Assessments

*Online learning + 4-hour practical Assessment*

2-6pm

12<sup>th</sup> October

9<sup>th</sup> November

7<sup>th</sup> December

## First Aid Child Care & Education

*Online learning + 5-hour practical Assessment*

2-7pm

12<sup>th</sup> October

9<sup>th</sup> November

7<sup>th</sup> December

## Face to Face First Aid

*Workplace training can be requested*



## Bookings

Royal Life Saving NT

ABN 57 939 760 839 - RTO 0859

GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: [nt.training.royallifesaving.com.au](https://nt.training.royallifesaving.com.au)





# Training Calendar Regional



## Resuscitation

Tennant Creek: 25<sup>th</sup> October 2.30-4.30pm  
Batchelor: 11<sup>th</sup> November 8.30-11.30am  
Alice Springs: 14<sup>th</sup> December 12-2pm

## Pool Lifeguard

**8.30am-4.30pm**

Tennant Creek: 26<sup>th</sup> & 27<sup>th</sup> October

## Pool Lifeguard Update

**8.30am-4.30pm**

Tennant Creek: 27<sup>th</sup> October

## Bronze Medallion

**8.30am-4.30pm**

Tennant Creek: 25<sup>th</sup> October  
Batchelor: 11<sup>th</sup> November

## Bronze Medallion Update

Tennant Creek: 25<sup>th</sup> October 1-4pm  
Batchelor: 11<sup>th</sup> November 8.30am-12.30pm

## First Aid Online + Practical Assessments

***Online learning + 4-hour practical Assessment***

Tennant Creek: 25<sup>th</sup> October 2.30-5.30pm  
Alice Springs: 14<sup>th</sup> December 12-5pm

## First Aid Child Care & Education

***Online learning + 5-hour practical Assessment***

Alice Springs: 14<sup>th</sup> December 12-5pm

## Face to Face First Aid

*Workplace training can be requested*



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# AUSTSWIM Courses



**Teacher of Swimming  
and Water Safety**  
8.30am-4.30pm

**Teacher of Infant  
and Preschool Aquatics**  
8.30am-4.30pm

**Teacher of Access  
and Inclusion**  
8.30am-4.30pm



**Tennant Creek**  
23<sup>rd</sup> October 12-5pm  
24<sup>th</sup> October 8.30am-5.30pm

**Tennant Creek**  
7<sup>th</sup> November

**Tennant Creek**  
8<sup>th</sup> November

**Darwin**  
11<sup>th</sup> & 12<sup>th</sup> November



## Bookings

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# **WATER SAFETY**

## **AWARENESS PROGRAM**



## **EMERGENCY CARE SESSIONS 2023**

Bookings are essential

### **PARAP**

**Royal Life Saving NT**

**77 Ross Smith Ave, Parap (Blue building)**

Tuesday 17<sup>th</sup> October 9-10am

Saturday 21<sup>st</sup> October 9-10am

Monday 20<sup>th</sup> November 5-6pm

Monday 21<sup>st</sup> November 9-10am

Saturday 25<sup>th</sup> November 9-10am

### **PALMERSTON**

**Palmerston Child & Family Centre 2 Brennan  
Court, Farrar**

Wednesday 18<sup>th</sup> October 4.30-5.30pm

Thursday 19<sup>th</sup> October 9-10am

Tuesday 22<sup>nd</sup> November 4.30-5.30pm

Wednesday 23<sup>rd</sup> November 9-10am

### **ALICE SPRINGS**

**Birth & Beyond Parent Resource Centre 10/89 Fan Arcade Alice Spring**

Monday 27<sup>th</sup> November 10-11am

Monday 11<sup>th</sup> December 10-11am

Are you in another location?

Email us at [wsap@rlssa.org.au](mailto:wsap@rlssa.org.au) to help us assist you with your enquiry





**ROYAL LIFE SAVING**  
NORTHERN TERRITORY

# **WANTED** **SWIMMING TEACHERS**



## **Are you looking for casual work?**

Royal Life Saving – NT are looking for motivated individuals to assist in delivering the Swim and Survive program in Darwin & Palmerston. You will receive excellent casual hourly rate, flexible working hours during the school term and work in a fun & enjoyable environment.

**Experience preferred but not essential.**

Training will be provided, if necessary, with flexible payment plans available upon employment.

Please contact Laura Withers on 8981 5036 or [watersafety@rlssa.org.au](mailto:watersafety@rlssa.org.au) for more information.



