



KICKING BACK

September 2025



ROYAL LIFE SAVING
NORTHERN TERRITORY

EDITION #146



Welcome to the September edition of Kicking Back.

September is always a special month at Royal Life Saving NT. From Splashfest and Water Safety Week to our Annual General Meeting and Trainer's Workshop it's been a month to remember! Keep reading to catch up on all the highlights.



Bronze Medallion at Alice Springs Aquatic & Leisure Centre



Splashfest at Darwin Waterfront



Boof the Barra at Storytime

MISSION, VISION AND STRATEGY

MISSION: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

VISION: To build a healthy, strong and safe aquatic community through access to water safety education and training.

STRATEGY: Our People, Our Lifestyle, our Water

Patron: His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory and Ms Ruth Jones.

President: Randall Cook

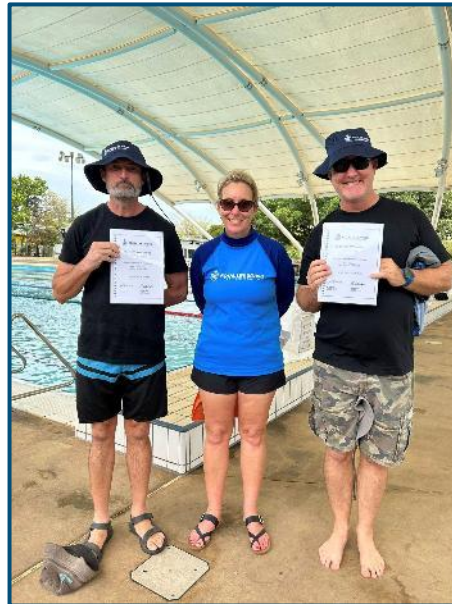
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Government**

TRAINING



On 12 September the 21st annual Trainer's Workshop was held at Parap Pool with Royal Life Saving NT Trainers gathering from across the Territory to share knowledge and update qualifications in Bronze Medallion, Pool Lifeguard and First Aid Courses.

The annual training excellence awards were also presented. Congratulations to all the winners!



TRAINING



From 14 -21 September Royal Life Saving NT travelled to the Red Centre to deliver aquatic rescue training to staff and community members in Alice Springs and surrounding communities. Great work to all participants!



Pool Lifeguard Update at Alice Springs Aquatic & Leisure Centre on 16 September



Bronze Medallion with the team from Voyages at Yulara on 17 September



Bronze Medallion at Alice Springs Aquatic & Leisure Centre on 19 September



Pool Lifeguard at Alice Springs Aquatic & Leisure Centre from 19-21 September

UPCOMING COURSES



Bronze Medallion or Update

Darwin | 25 October 8:30am-4:30pm
(update course 8:30am-12:30pm)

Pool Lifeguard

Darwin | 10, 11, 12 October 8:30am-4:30pm
Darwin | 12 October 8:30-4:30pm (update)

First Aid (online learning + practical assessment)

Darwin | 18 November 2-7pm (update)

In-house group training available on request

- Face-to-face First Aid
- Swim Teacher Rescue Award
- Hydrotherapy Rescue Award



Royal Life Saving NT
ABN 57 939 760 839 - RTO 0859
GPO Box 1229, Darwin NT 0801
RTO Provider #0859

Book Now



trainingmanagernt@rlssa.org.au



<https://nt.training.royallifesaving.com.au>



Royal Life Saving Northern Territory



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OUR PEOPLE



Our Annual General Meeting was held on 12 September. Thank you to all our wonderful Members who were in attendance in person and via Zoom. Congratulations to all award recipients for your contribution to water safety in the Northern Territory.



Top L-R: Matilda Stones - Trainer of the Year, Laura Withers - Volunteer of the Year, Asheton Bayard-Hewitt - Trevor Cawthorne Memorial Award, NT Swim School - WSAP Provider of the Year.



Bottom L-R: Alice Springs Aquatic & Leisure Centre - Swim & Survive Partner of the Year, Pam Dillon - Swim & Survive Swim Teacher of the Year. Alice Doyle and Loki Nicolson – RLSSA National Award



SPLASHFEST



Water Safety Week festivities kicked off on 14 September with Splashfest at the Darwin Waterfront. Thank you to all the wonderful stakeholders, families and entertainment for creating a fun and exciting atmosphere for the opening event of the week! Keep scrolling for image gallery.







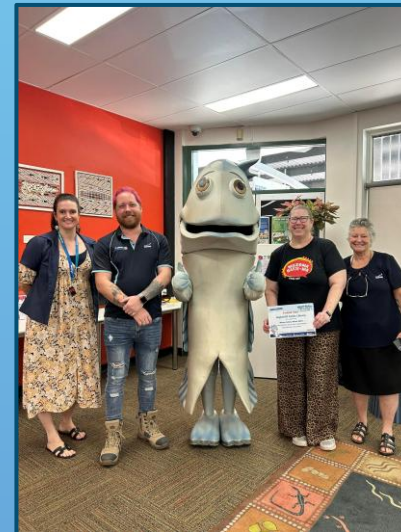
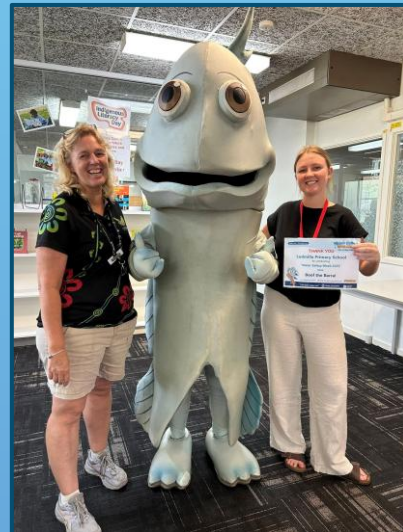
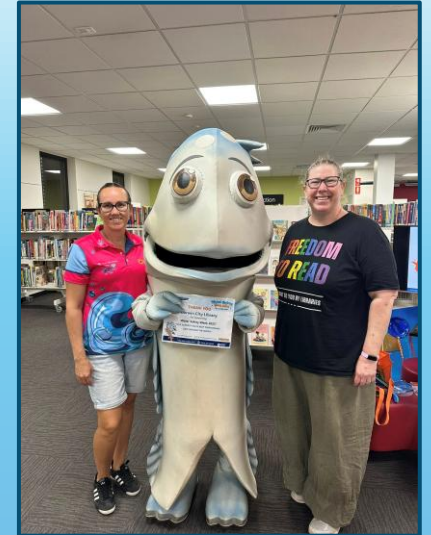


Water Safety Week

Boof had a wonderful time during Water Safety Week visiting schools and story time at Darwin and Palmerston Libraries.

Special thank you to the following schools and libraries helping share our water safety messages:

Casuarina Library, Darwin Library, Karama Library, Nightcliff Library, Palmerston Library, Ludmilla Preschool, Ludmilla Primary School and Parap Preschool.



AQUAFEST



Aquafest splashed down at SWELL Palmerston to close out Water Safety Week with Boof the Barra and water safety activities, sausage sizzle, face painting and more! Special thanks to City of Palmerston and the Northern Territory Government. Keep scrolling for more from the fun-filled day!





OUR PLACES



During Water Safety Week Royal Life Saving NT visited Pularumpi School, Milikapiti School and Murrupurtiyanuwu Catholic Primary School to celebrated Water Safety Week with the students and teachers. Celebrations included, First Aid and CPR training as well as Water Safety Education sessions and Lifesaving activities.





Goldfishbowl Swim School



Pool Life Saving training commenced on October 6, now with extra sessions including two held at the Goldfishbowl Swim School! Are you up for the challenge? Why not come along and give our fantastic sport a try? Attend as many or as few sessions as you would like per week.

Session times:

Monday, 5.30-6.30pm | Casuarina Pool

Tuesday, 4.30-5.30pm | Goldfishbowl Swim School

Wednesday, 5.30-6.30pm | Parap Pool

Thursday, 4.30-5.30pm | Goldfishbowl Swim School

Junior Pool Life Saving Squad

Recommended ages 8+ with the ability to swim 50 metres

Pool Life Saving Competition Squad

Recommended ages 13+ with a swimming ability assessment

Cost: \$100 per term + \$10 2025/2026 Pool Life Saving Membership.

NTG Sport Vouchers are accepted.

For more info or to enrol email nt@rlssa.org.au or call Lou 0408 857 758



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Splashfest at Darwin Waterfront