

Kicking Back

Edition 115

November/December 2021

Telephone: 08 8981 5036

Email: nt@rlssa.org.au

Patron: Her Honour the Honourable
Vicki O'Halloran AM

Administrator of the Northern
Territory and Mr Craig O'Halloran

President: James Sheridan



Proudly sponsored by
 Northern Territory
Government



Merry Christmas

MISSION, VISION AND STRATEGY



Royal Life Saving is dedicated to turning everyday people into everyday community lifesavers.

We achieve this through education, training, health promotion, risk management, research, sport and advocacy.

Mission: *To prevent loss of life and injury in the community with an emphasis on the aquatic environment.*

Vision: *To build a healthy, strong and safe aquatic community through access to water safety education and training.*

Strategy: *Our People, Our Lifestyle, our Water*

Be Safe : In, on and around water from the RLSSANT Management Committee

Royal Life Saving NT Christmas message

The Executive Board of Royal Life Saving NT wishes all Territorians a Safe and Happy Christmas and New Year.

Please look after each other while you are in, on and around water.

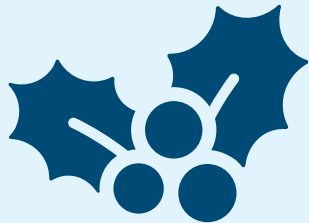
Please practice these Top 5 Water Safety Tips:

- *Always supervise children around water*
- *Avoid alcohol around water*
- *Wear a lifejacket when boating and fishing*
- *Avoid going alone*
- *Know the conditions*



OFFICE CLOSURE

*Our Office will be closed from 18th December 2021
and re-open on the 6th of January 2022.*



Royal Life Saving NT wish you all a Safe and Merry Christmas! Remember to #KeepWatch and #MakeTheRightCall to ensure your family and friends are safe this festive season

Join
Now!



ROYAL LIFE SAVING
NORTHERN TERRITORY

2021/2022 MEMBERSHIP

*Mission: To prevent loss of life and injury in the community
with an emphasis on the aquatic environment.*

*Vision: To build a healthy, strong and safe aquatic community
through access to water safety education and training.*

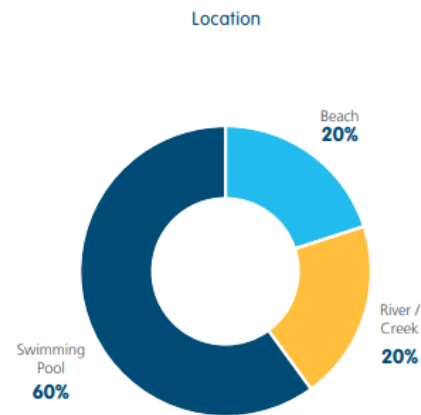
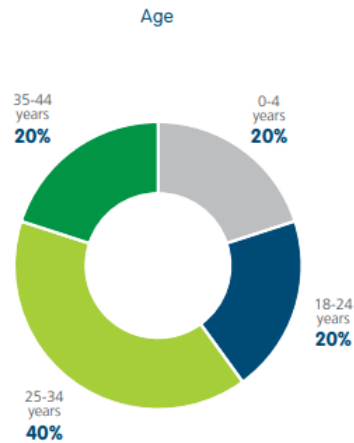


Benefits include:

- Limited edition gift pack
- 5% discount on courses
- Monthly Newsletter
- Invitations to functions

NATIONAL DROWNING REPORT 2020/21

5
↓ 44%
Northern Territory



Sadly 5 Territorians lost their lives to drowning during 2020/21.

The National Drowning Report is now available.

To explore it in more detail, follow the link below

<https://bit.ly/3BRAQtW>



ANNUAL REPORT 2020/2021

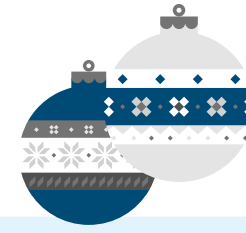


Thank you to our members, volunteers and staff who helped Royal Life Saving NT provide water safety and lifesaving services across the Northern Territory this year.

Please read, relax and enjoy our 2020/2021 Annual Report now available on our website:

www.royallifesaving.com.au/nt

COMMUNITY – Our People

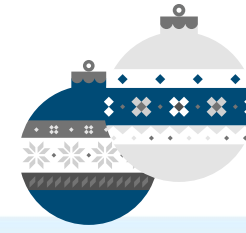


Royal Life Saving NT would like to congratulate Marianne of Marianne's Private Swimming School on 43 years at Alawa Crescent! A truly remarkable milestone, her private home swimming pool has held swimming lessons for 43 years teaching families through generations! Around 100,000 students and so many wonderful memories! Marianne has sold to downsize at another location, still continuing her passion for teaching.

Thank you and Congratulations Marianne, for making a difference in the community by providing so many with water safety knowledge and vital skills in the water. All the best for your next chapter!



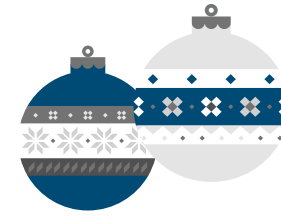
COMMUNITY – Our People



What a wonderful way to finish off 2021 by celebrating our members at the annual Royal Life Saving NT Members Christmas party on December 8. Santa, lucky door prizes and carols were all part of a wonderful afternoon spent with our amazing members who are an integral part of the organization. A special thank you to the Honorable Kate Worden MLA who joined the festivities and to all the members who attended. Merry Christmas!



COMMUNITY – Our People



The Swim and Survive teachers Christmas party was held on December 9. It was great to see everyone together looking festive after a huge year on pool deck. Thank you for your continuous enthusiasm and dedication to teaching children across the NT, vital swimming and water safety knowledge!

We hope everyone has a fantastic break and look forward to seeing you in 2022!



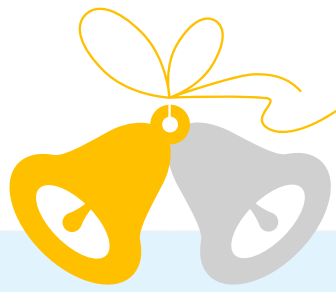
PROGRAMS



Congratulations to all the families who completed 6 weeks of Swim & Survive during the Sunday Lifesaving and Little Royals Programs at the Nightcliff Pool. Thank you to the Honorable Natasha Fyles MLA for joining us to present the children with their certificates!



PROGRAMS



Swim
and
SURVIVE



ROYAL LIFE SAVING
NORTHERN TERRITORY

It is never too late to learn to swim or improve on current technique. Participants of the Adult Learn to Swim program should be so proud of themselves for their tremendous effort over the past 6 weeks. We can't wait to see them again in February next year!

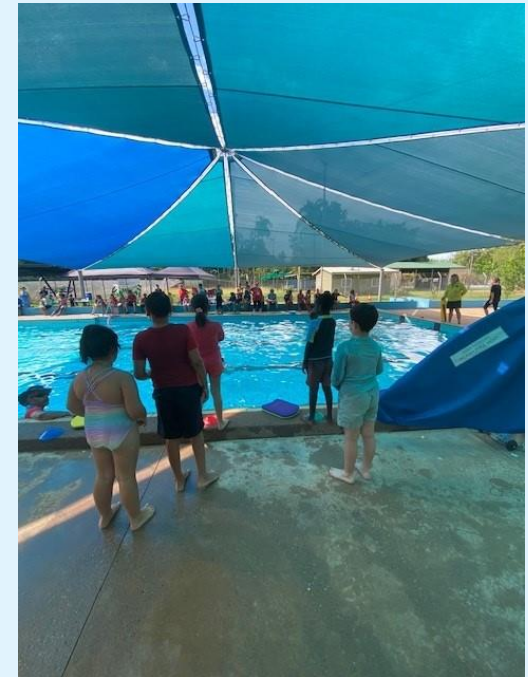
Email programsnt@rlssa.org.au if you are interested in joining the February program.



PROGRAMS



Batchelor Area School participated in their swimming program from November 29 until December 10. The students showcased the skills they had learnt over the two weeks, in a pool life saving carnival on December 10. It was fun filled day and even Mr Shirley became involved, participating with the students. Well done to everyone from the Batchelor Area School!



PROGRAMS



Are you looking for fun activities for the school holidays that will teach your child life skills?
Enroll your child for VACSWIM today!

VACSWIM

17 – 21 January 2022

Ages 5 years and up

For more information email programsnt@rlssa.org.au or call 8981 5036

STAY OUT OF PIPES AND DRAINS

The Wet Season is here, Territorians are being urged to stay out of pipes and drains!



#STAYSAFETHISWET #STAYOUTOFPIPESANDDRAINS

INDIGENOUS ADVANCEMENT STRATEGY



It was action stations at Tennant Creek pool on November 2!
Participants enjoyed swimming tips & techniques with Dillon & the Team.
Lifesaving skills were practiced with the line throw & rescue a friend activities
being a favourite.



INDIGENOUS ADVANCEMENT STRATEGY

Barkly Swimming Carnival was held on November 4 and Royal Life Saving NT were proud to be involved in this amazing event. Congratulations to Elliot School who won the carnival by 1 point from Canteen Creek. Coen & Tyler took out the line throw in 12 seconds. Shakana & Korenzo won the rescue a friend in 13 seconds. Davin & Lyndell won the Male & Female Lifesaver of the meet. Congratulations to all the participants and organisers on a fantastic day.



INDIGENOUS ADVANCEMENT STRATEGY



Members of Nauiyu Community – Daly River completed their Pool Lifeguard and Bronze Medallion courses on November 16 & 18. Thank you for your commitment to ensure the pool is a safe place to swim!

INDIGENOUS ADVANCEMENT STRATEGY



Swim
and
SURVIVE



Swim, Survive & Strive visited Nauiyu Community –
Daly River from November 15-19.

Thank you to the students of St Francis Xavier &
Woolianna School, for making our time in the water so
much fun!



INDIGENOUS ADVANCEMENT STRATEGY



It has been a great week of training, November 23 – 26 with community members from Ngukurr who travelled into Darwin to complete First Aid, Bronze Medallion and Pool Lifeguard courses. They are now ready to go home and share their skills with family and the community in addition to opening the Ngukurr pool for swimming!



INDIGENOUS ADVANCEMENT STRATEGY



Thanks to the Santa Teresa community for a great week of Bronze Medallion training November 29 – December 2. Future pool assistants in action!



INDIGENOUS ADVANCEMENT STRATEGY



Community members across the Tiwi Islands completed their First Aid training courses on November 29 and December 2. Great stories were shared and discussion on how their new skills will help keep family and friends safe in an emergency. Thank you to everyone who participated from Pirlangimpi and Wurrimiyanga communities.

INDIGENOUS ADVANCEMENT STRATEGY

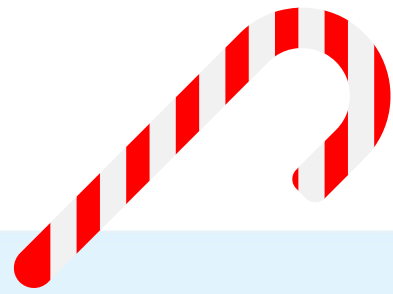
Students from Our Lady of the Sacred Heart Thamarrurr Catholic College in Wadeye were in the water for their Swim, Survive & Strive lessons from December 6-10. Well done to everyone for being swimming superstars!





The final AUSTSWIM Teacher of Swimming & Water Safety course for 2021 was held in Darwin on November 13 & 14. Well done to all who completed their training!
Welcome to the aquatic industry!

SPORT



ROYAL LIFE SAVING
NORTHERN TERRITORY

It was a fantastic pool lifesaving session on November 10 in Darwin. Congratulations to the athletes from the Darwin Club who have graduated to the Junior Squad! Your commitment, determination & efforts at every training session, is what emerging leaders & champions are made of! We are delighted to welcome Cohen, Catie, Sophia & Blair to the Junior squad!

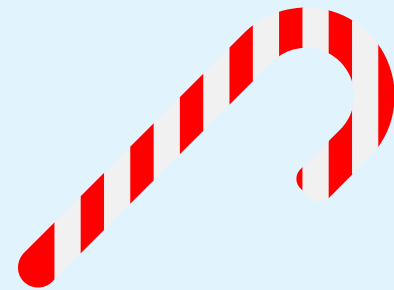


SPORT



Our Alice Springs Club pool lifesaving athletes enjoyed their Christmas party on November 24 celebrating the start of the festive season with a training session followed by a sausage sizzle!

Thank you to the athletes, their parents and coaches, Naomi and Dom for a great 2021 season. We look forward to seeing you all next year!



SPORT



It was a fantastic finish to pool lifesaving training for the Darwin Club on December 2. The athletes completed their last times for the season and put into practice all the skills they had learned through the semester. You all should be very proud of all your accomplishments. New skills were finessed, improvements in fitness but the highlight was the team work and friendships that were created! Congratulations to our Lifesaver of the Season awardees - Deacon Higgins & Holly Bencsevich.



KEEP WATCH



**KEEP
WATCH**
TO PREVENT DROWNING



ROYAL LIFE SAVING
NORTHERN TERRITORY



Remember the key messages:

👍 Supervise 👍 Restrict 👍 Teach 👍 Respond

🌊 The Water Safety Unit 🌊

Boof visited Kentish Lifelong Learning and Care Centre incorporating Yilli Rreung on November 4. Boof had a great time meeting the children. Thanks to the amazing Carers for organising this visit.





WATER SAFETY

AWARENESS PROGRAM



EMERGENCY CARE SESSIONS 2021

Bookings are essential

PARAP

Royal Life Saving NT
77 Ross Smith Ave, Parap (Blue building)
2022

Monday 17th January 5-6pm
Tuesday 18th January 9-10am

Monday 21st February 5-6pm
Tuesday 22nd February 9-10am

PALMERSTON

Palmerston Child & Family Centre
2 Brennan Court, Farrar
2022

Wednesday 19th January 4:30-5:30pm
Thursday 20th January 9-10am

Wednesday 23rd February 4:30-5:30pm
Thursday 24th February 9-10am



ALICE SPRINGS

Birth & Beyond Parent Resource Centre
10/89 Fan Arcade Alice Springs 0870
2022 dates TBC

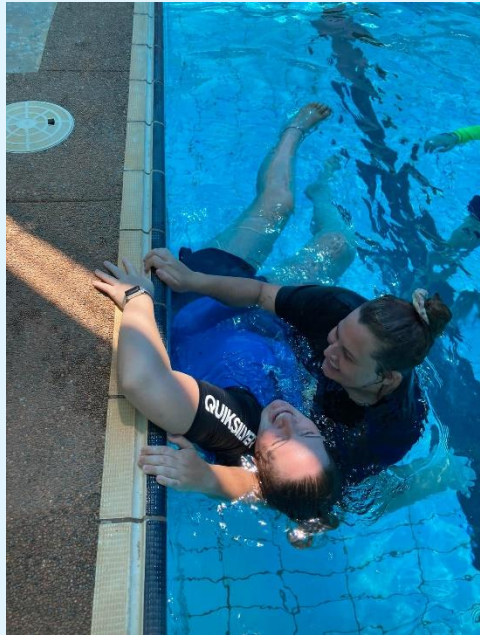


Are you in another location? Call to find out how you can attend an
Emergency Care Session 08 8981 5036

TRAINING



Thank you to Coomalie Community Government Council for organizing Bronze Medallion update training on November 13 at Batchelor Pool. What a knowledgeable group of people, well done everyone!



TRAINING



Members of the Darwin Stingers Masters Swim Club completed their CPR training on November 19.

It was fantastic to have some legends of the Darwin aquatic scene complete their training with us.

TRAINING CALENDAR DARWIN



Resuscitation Courses

February 10, 2pm – 4pm
March 10, 2pm – 4pm
April 7, 2pm – 4pm
May 12, 2pm – 4pm
June 9, 2pm – 4pm

Pool Lifeguard

February 26 & 27, 8.30am – 4.30pm

Pool Lifeguard Update

February 2, 8.30am – 4.30pm
February 3, 12pm – 8pm
February 5, 8.30am – 4.30pm

Bronze Medallion Courses

January 19, 8.30am – 4.30pm
February 19, 8.30am – 4.30pm
March 26, 8.30am – 4.30pm
May 7, 8.30am – 4.30pm

Bronze Medallion Update

January 18, 3.30pm – 7.30pm
February 23, 3.30pm – 7.30pm
March 23, 3.30pm – 7.30pm
April 28, 3.30pm – 7.30pm

First Aid Online + Practical Assessments *Online learning + 4 hour practical Assessment*

February 10, 2pm – 6pm
March 10, 2pm – 6pm
April 7, 2pm – 6pm
May 12, 2pm – 6pm
June 9, 2pm – 6pm

First Aid Child Care & Education *Online learning + 5 hour practical Assessment*

February 10, 2pm – 7pm
March 10, 2pm – 7pm
April 7, 2pm – 7pm
May 12, 2pm – 7pm
June 9, 2pm – 7pm

Face to Face First Aid *Workplace training can be requested*



Bookings

Royal Life Saving NT
ABN 57 939 760 839 - RTO 0859
GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: nt.training.royallifesaving.com.au



TRAINING CALENDAR REGIONAL & REMOTE



Resuscitation Courses

Alice Springs: 27th January 12pm – 2pm
Jabiru: 15th February 12pm – 2pm
Katherine: 12th March 12pm – 2pm
Tennant Creek: 5th April 12pm – 2pm
Batchelor: 12th November 8.30am – 10.30am

Bronze Medallion Courses

Alice Springs: 29th January 8.30am – 4.30pm
Jabiru: 16th February 8.30am – 4.30pm
Katherine: 12th March 8.30am – 4.30pm
Tennant Creek: 6th April 8.30am – 4.30pm
Batchelor: 12th November 8.30am – 4.30pm

First Aid Online + Practical Assessments *Online learning + 4 hour practical Assessment*

Alice Springs: 27th January 12pm – 4pm
Jabiru: 15th February 12pm – 4pm
Tennant Creek: 5th April 12pm – 4pm
Katherine: 3rd November 12pm – 4pm

Pool Lifeguard

Alice Springs: 12th & 13th February 8.30am – 4.30pm
Jabiru: 17th & 18th February 8.30am – 4.30pm
Tennant Creek: 7th & 8th April 8.30am – 4.30pm
Katherine: 5th & 6th November 8.30am – 4.30pm

Bronze Medallion Update

Alice Springs: 20th January 8.30am – 12.30pm
Jabiru: 16th February 8.30am – 12.30pm
Katherine: 12th March 8.30am – 12.30pm
Tennant Creek: 6th April 8.30am – 12.30pm
Batchelor: 12th November 8.30am – 12.30pm

First Aid Child Care & Education *Online learning + 5 hour practical Assessment*

Face to Face First Aid *Workplace training can be requested*

Pool Lifeguard Update

Alice Springs: 26th February 8.30am – 4.30pm
Jabiru: 18th February 8.30am – 4.30pm
Tennant Creek: 8th April 8.30am – 4.30pm
Alice Springs: 7th November 8.30am – 4.30pm
Katherine: 13th March 8.30am – 4.30pm



Bookings

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AUSTSWIM TRAINING CALENDAR

Teacher of Swimming and Water Safety Darwin

12th & 13th February 8.30am – 4.30pm
20th & 21st August 8.30am – 4.30pm
12th & 13th November 8.30am – 4.30pm

Alice Springs

19th & 20th February 8.30am – 4.30pm

Katherine

17th & 18th September 8.30am – 4.30pm

Teacher of Infant and Preschool Aquatics Darwin

20th February 8.30am – 4.30pm
22nd October 8.30am – 4.30pm

Alice Springs

6th March 8.30am – 4.30pm

Katherine

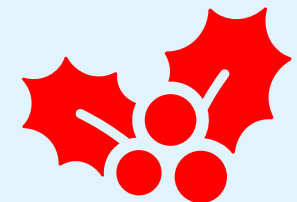
26th November 8.30am – 4.30pm



Bookings

Royal Life Saving NT
ABN 57 939 760 839 - RTO 0859
GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: nt.training.royallifesaving.com.au



JOB OPPORTUNITIES

Alice Springs Town Council are looking for enthusiastic new team members to join the Aquatic and Leisure Centre.

Current vacancies include:

- Full time Programs/Instructor Assistant
- Full time Pool Operations Assistant
- Full time/Permanent /Part time/Casual/ Pool Lifeguards and Swim Instructors

Contact pfranklin@asalc.com.au or visit <https://alicesprings.nt.gov.au/council/opportunities/jobs> for more information.





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NORTHERN TERRITORY