



Kicking Back

Edition 125 | October 2023
Telephone: 08 8981 5036
Email: nt@rlssa.org.au



Patron: His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory and Ms Ruth Jones

President: Randall Cook



MISSION, VISION AND STRATEGY



Royal Life Saving is dedicated to turning everyday people into everyday community lifesavers.

We achieve this through education, training, health promotion, risk management, research, sport and advocacy.

Mission: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

Vision: To build a healthy, strong and safe aquatic community through access to water safety education and training.

Strategy: Our People, Our Lifestyle, our Water

Be Safe : In, on and around water from the RLSSANT Management Committee

Join
Now!



ROYAL LIFE SAVING
NORTHERN TERRITORY



2023/2024 MEMBERSHIP

Mission: To prevent loss of life and injury in the community
with an emphasis on the aquatic environment.

Vision: To build a healthy, strong and safe aquatic community
through access to water safety education and training.



Benefits include:

- Limited edition gift pack
- 5% discount on courses
- Monthly Newsletter
- Invitations to functions



ROYAL LIFE SAVING
NORTHERN TERRITORY



2023 Family Christmas Party

You and your family are invited to attend the
DARWIN

2023 Royal Life Saving NT Family Christmas Party

WHERE: Goldfishbowl Swim School
44 Toupein Road Yarrawonga

WHEN: Saturday 25 November 2023

TIME: 1-3pm

Dress code: Christmas Spirit and Royal Blue theme

Please **RSVP** by Wednesday 22 November 2023 as
Santa will be dropping in with presents for the
children

Email: finacent@rlssa.org.au

RLSSA NT – Executive Committee





ROYAL LIFE SAVING
NORTHERN TERRITORY



2023 Family Christmas Party

You and your family are invited to attend the

ALICE SPRINGS

2023 Royal Life Saving NT Family Christmas Party

WHERE: Alice Springs Aquatic & Leisure Centre

WHEN: Wednesday 15 November 2023

TIME: 3.30 – 5.30pm

Dress code: Christmas Spirit and Royal Blue theme

Please **RSVP** by Monday 13 November 2023 as
Santa will be dropping in with presents for the
children

Email: finacent@rlssa.org.au

RLSSA NT – Executive Committee





Call (08) 8931 1000

Goldfishbowl Swim School

"Where the Water is Warm and the Teachers are Cool"

The Only Fully Covered, Temperature Controlled Pool in Palmerston

The Goldfishbowl Team came together in the school holidays on 2 October for a professional development session covering pool water testing, customer service, first aid and emergency scenarios.

Thanks to all attended for a fun morning of sharing knowledge and learning!



AQUASUMMIT

On 21-22 October the Australian Leisure Management's AquaSummit was held in Sydney. The AquaSummit brings together the world's experts in aquatic exercise and we were fortunate to be a part of this worthwhile summit.



INLAND WATERWAYS DEVELOPMENT PROGRAM

On 4 October Remote Services Manager, Naomi Briggs travelled to Maningrida with RLSSA Chief Executive Officer Justin Scarr and RLSSA General Manager – Capability & Industry, RJ Houston along with RLSSA NT Board Members, Rod Cremona and Joe De Luca.

Part of the **Inland Waterways Development Program**, the **Lures, Life Jackets and Life Saving** community event set out to raise awareness around water and boat safety and highlight what to do before heading out on the water. Boat safety kits were distributed to the community, thanks to Community Benefit funding.

Thank you also to stakeholders in community - West Arnhem Regional Council, Maningrida Emergency Response Group, Maningrida Police and NT Marine Safety for their support and input into the wonderful day.



INLAND WATERWAYS DEVELOPMENT PROGRAM



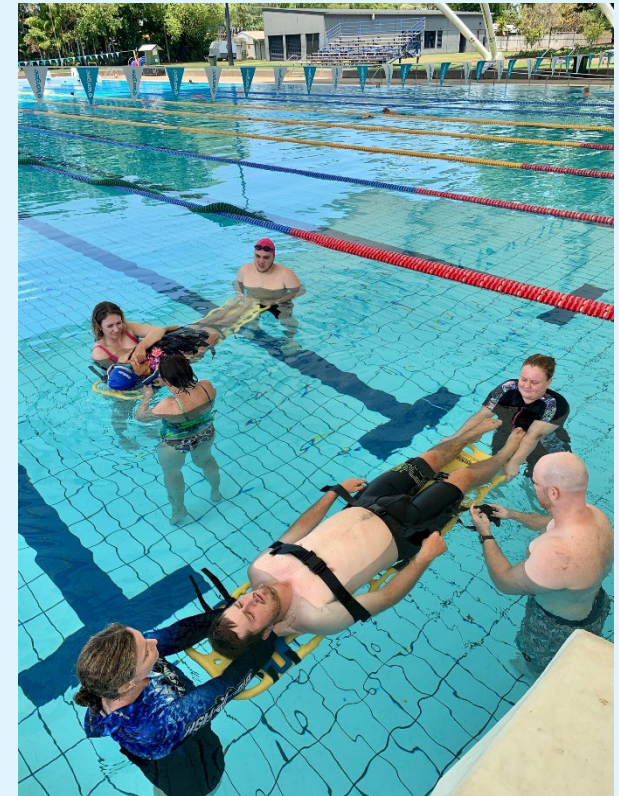
TRAINING

October saw a bumper month of training courses delivered across the NT. Trainer Helen conducted Bronze Medallion courses for ACHPER and STARS organisations on 12 & 18 October.



TRAINING

The first weekend in October was all about Pool Lifeguard training. The two-day course was the final session for Darwin “Take the Plunge” participants. Local lifeguards joined the course on day one to update their qualifications. Congratulations to all participants.



TRAINING

On 28 & 29 October we travelled to Jabiru Pool for Bronze Medallion training.
Congratulations and well done to all participants.



Take the Plunge!



Terms and conditions apply.

Limited places – enquire early to avoid missing out.

Contact Royal Life Saving NT's Training Manager today to check your eligibility.

Email: trainingmanagernt@rlssa.org.au

Take the Plunge – Teach a Skill for life program is about creating employment pathways in the aquatic industry across the Northern Territory.

Using Vocational Education and Training, the program focuses on identified skills shortages in Swim Teachers and Pool Lifeguards.

Through the Northern Territory Governments Pre- employment program, eligible participants may have the cost of their Pool Lifeguard and Swim Teacher training fully funded.

The program is running at the following locations:

- **Tennant Creek | November**

AUSTSWIM



From Tennant Creek to Darwin
AUSTSWIM courses rolled out across
the NT this month including Infant and
Access and Inclusion extension
courses.

Congratulations to all participants.



INDIGENOUS ADVANCEMENT STRATEGY

The IAS Team travelled to Areyonga from 23 -27 October to deliver Swim, Survive and Strive lessons to the community. It was awesome to see the swimming and rescue skills that were developed during the visit.



POOL LIFESAVING

Pool Lifesaving returned to Parap Pool on 11 October. It was great to see so many new faces as well as returning squad members.

There's an exciting buzz in the air as the athletes gear up for the Australian Pool Lifesaving Championships in January.

Come down and check it out!



POOL LIFESAVING

Come and try Pool Lifesaving. Held at Parap Pool on Wednesdays during school terms from 5.30-6.30pm. Increase your fitness and learn technical skills in swimming and competition lifesaving under the guidance of our qualified coaches.



Junior Pool Lifesaving Squad

Recommended for ages 8+ with the ability to swim 50m without stopping

Pool Lifesaving Competition Squad

Recommended for ages 13+ following a swimming ability assessment

Adult Fitness & Fun

Adults of all ages and swimming abilities welcome

For further information please contact Laura at Royal Life Saving Society NT

P: 8981 5036

E: sportnt@rlssa.org.au

2023/2024 Pool Lifesaving Membership \$10.00

Fee structure:

New members - **\$100** (10 sessions and club shirt)

Returning club members - **\$50** (10 session pass)

WATER SAFETY UNIT

The Team visited Stuart Park Preschool on 23 October to share water safety messages and stories with the children. Thanks to the Preschool Staff for supporting our water safety messages to the children.



 **The Water Safety Unit** 

TRAINING CALENDAR DARWIN



Bronze Medallion

8.30am-4.30pm

18th November

9th December

Bronze Medallion Update

8.30am-12.30pm

18th November

9th December

Resuscitation Courses

2-4pm

9th November

7th December

First Aid Online + Practical Assessments

Online learning + 4-hour practical Assessment

2-6pm

9th November

7th December

First Aid Child Care & Education

Online learning + 5-hour practical Assessment

2-7pm

9th November

7th December

Face to Face First Aid

Workplace training can be requested



Bookings

Royal Life Saving NT

ABN 57 939 760 839 - RTO 0859

GPO Box 1229, Darwin NT 0801

Phone: 08 8981 5036 Website: nt.training.royallifesaving.com.au



TRAINING CALENDAR REGIONAL



Resuscitation

Batchelor: 11th November 8.30-11.30am
Alice Springs: 14th December 12-2pm

Bronze Medallion

8.30am-4.30pm

Batchelor: 11th November

First Aid Online + Practical Assessments

Online learning + 4-hour practical Assessment

Alice Springs: 14th December 12-5pm

Bronze Medallion Update

Batchelor: 11th November 8.30am-12.30pm

First Aid Child Care & Education

Online learning + 5-hour practical Assessment

Alice Springs: 14th December 12-5pm

Face to Face First Aid

Workplace training can be requested



Bookings

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AUSTSWIM Courses



**Teacher of Swimming
and Water Safety**
8.30am-4.30pm

Darwin
11th & 12th November

**Teacher of Infant
and Preschool Aquatics**
8.30am-4.30pm

Tennant Creek
7th November

**Teacher of Access
and Inclusion**
8.30am-4.30pm

Tennant Creek
8th November



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WATER SAFETY

AWARENESS PROGRAM



EMERGENCY CARE SESSIONS 2023

Bookings are essential

PARAP

Royal Life Saving NT

77 Ross Smith Ave, Parap (Blue building)

Monday 20th November 5-6pm

Monday 21st November 9-10am

Saturday 25th November 9-10am

PALMERSTON

Palmerston Child & Family Centre

2 Brennan Court, Farrar

Tuesday 22nd November 4.30-5.30pm

Wednesday 23rd November 9-10am

ALICE SPRINGS

Birth & Beyond Parent Resource Centre

10/89 Fan Arcade, Alice Springs

Monday 27th November 10-11am

Monday 11th December 10-11am

Are you in another location?

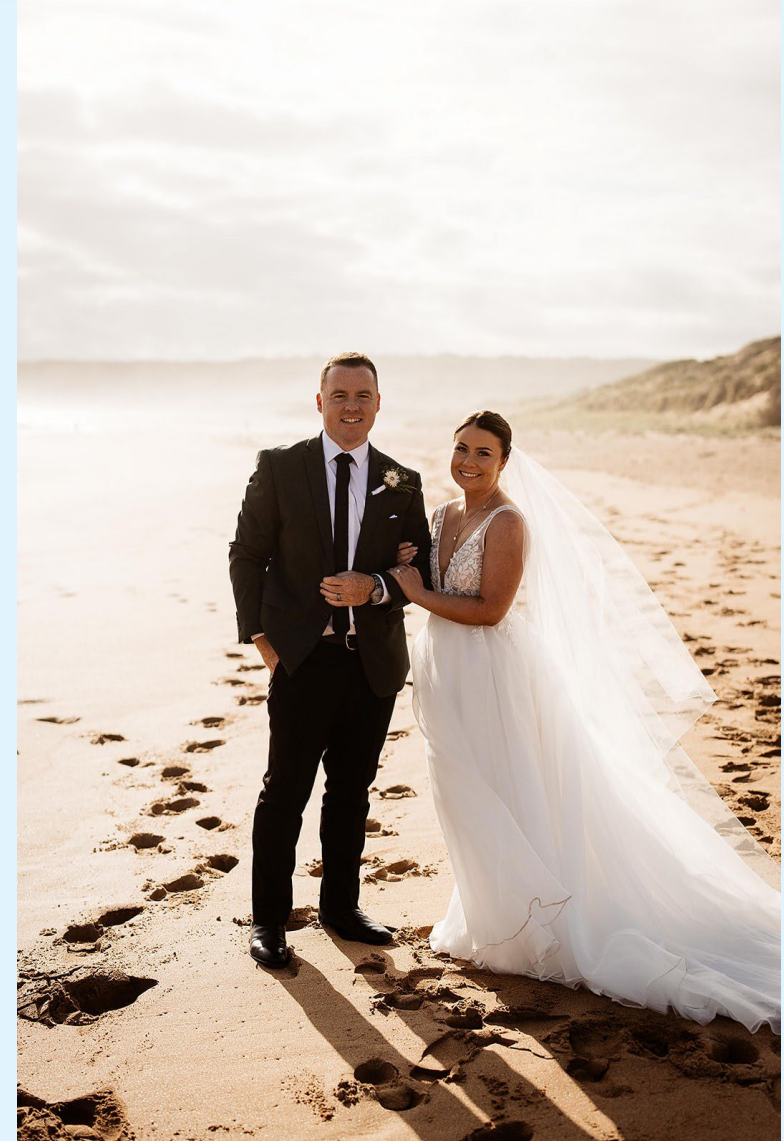
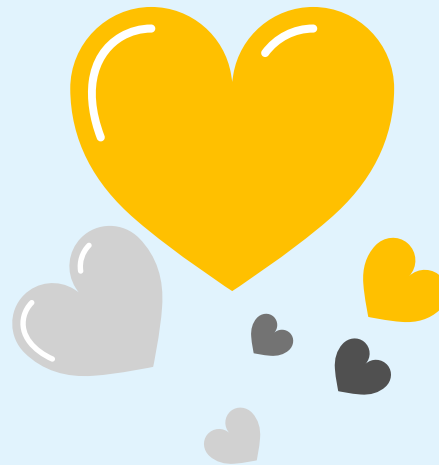
Email us at wsap@rlssa.org.au to help us assist you with your enquiry

CONGRATULATIONS



Congratulations to our Water Safety Awareness Program officer, Kate and her husband Doug on the occasion of their marriage on 14 October.

Our very best wishes to you both for a life together filled with love, laughter and good health!





ROYAL LIFE SAVING
NORTHERN TERRITORY

WANTED **SWIMMING TEACHERS**



Are you looking for casual work?

Royal Life Saving – NT are looking for motivated individuals to assist in delivering the Swim and Survive program in Darwin & Palmerston. You will receive excellent casual hourly rate, flexible working hours during the school term and work in a fun & enjoyable environment.

Experience preferred but not essential.

Training will be provided, if necessary, with flexible payment plans available upon employment.

Please contact Laura Withers on 8981 5036 or watersafety@rlssa.org.au for more information.

Don't forget to follow our new Facebook page
@RoyalLifeSavingNorthernTerritory



"Our People, Our Lifestyle, Our Water"



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NORTHERN TERRITORY