



KICKING BACK

October 2025



ROYAL LIFE SAVING
NORTHERN TERRITORY

EDITION #147



Welcome to the October edition of Kicking Back.

This month was all about getting out into the community! From visits to Ngukurr and Borroloola, to celebrating 'National Wear Your Lifejacket to Work' Day in Tennant Creek plus Swim & Survive programs with schools across the Territory, October was full of fun, learning, and lifesaving action. Keep reading to catch up on all the highlights!



National 'Wear your Lifejacket to Work' Day



City of Palmerston Children's Week



Royal Life Saving NT at Borroloola

MISSION, VISION AND STRATEGY

MISSION: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

VISION: To build a healthy, strong and safe aquatic community through access to water safety education and training.

STRATEGY: Our People, Our Lifestyle, our Water

Patron: His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory and Ms Ruth Jones.

President: Randall Cook

Proudly sponsored by
**Northern Territory
Government**

From 27-29 October students from Pularumpi and Milikapiti Schools participated in a Swim and Survive program with Royal Life Saving NT at Casuarina Aquatic and Leisure Centre. Students developed swimming and rescue skills, learned key survival techniques, and built water safety knowledge with plenty of proud moments gaining confidence in and around the water. The program wrapped up with a pool lifesaving carnival, giving students the chance to showcase their new skills in action.

A huge thank you to the wonderful staff from both schools for their support and enthusiasm.



OUR PLACES



From 13 – 17 October Royal Life Saving NT conducted Swim and Survive programs for students from schools in the Big Rivers Region. Manyallaluk, Nitjpurru (Pigeon Hole) and Wugularr Communities travelled to Katherine to participate in swimming and water safety lessons before an interschool swimming carnival on the final day.

Check out more photos from the fantastic week on the next page.



Swim
and
SURVIVE



OUR PLACES



From 2 -5 October Royal Life Saving NT travelled to Borroloola Community to deliver the Indigenous Advancement Strategy. Members of the community were trained in First Aid and Pool Lifeguard qualifications.



OUR PLACES



From 20-24 October Royal Life Saving NT travelled to Ngukurr Community to deliver the Indigenous Advancement Strategy. It was a fantastic week spent with the Communities of the Roper Gulf delivering CPR, First Aid, Bronze Medallion and Pool Lifeguard courses. Our trainers ran an aqua exercise class at the pool and spent a morning at Urapunga School, talking all things water safety with their amazing students! A huge thank you to YNT, Remote Pools Project, and staff at Ngukurr Pool for your support this week!



OUR PEOPLE



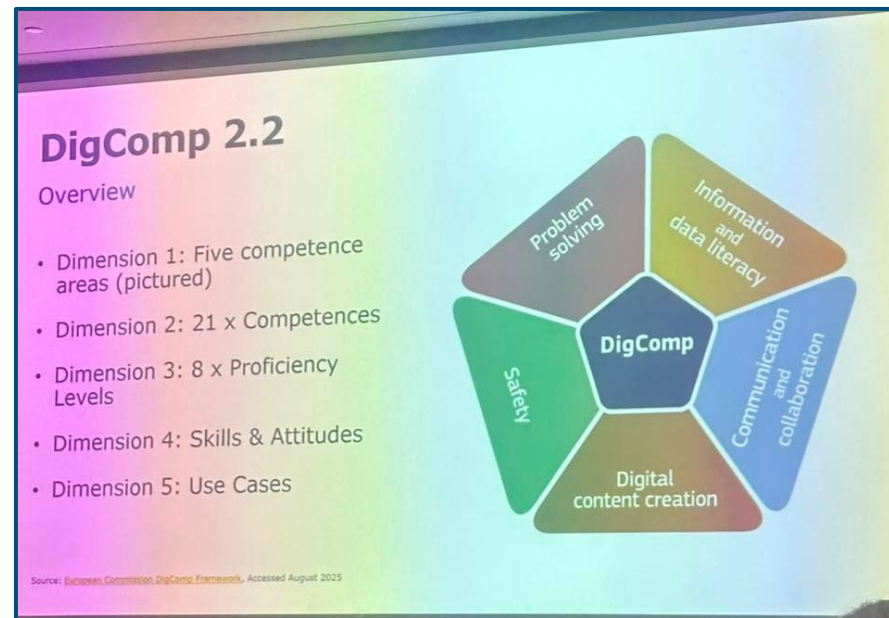
Staff and community members across the Territory got into the spirit for National 'Wear Your Lifejacket to Work' Day, held as part of National Safe Boating Week. It was great to see Tennant Creek Mayor Sid Vashist setting a great example for the community and in Darwin, our Swim and Survive teachers proudly wore their lifejackets during lessons to help share the campaign's important messages. Check out some of the highlights from across the NT below, a great reminder that no matter where you are, lifejackets save lives!



OUR PEOPLE



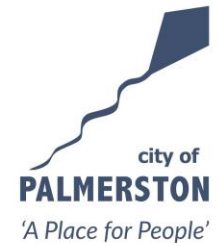
On 30 -31 October the National Vet Conference was held. We were proud to be a part of this valuable two day conference. A fantastic two days of listening, learning and growing our RTO.



The Water Safety Unit



On 21 October the Water Safety Unit Team was thrilled to be part of City of Palmerston's National Children's Week Event, joining local families for a fun-filled day of community connection and learning. Families had the chance to meet Boof the Barra and chat with the team about the NT Water Safety Awareness Program, which helps parents and carers keep their little ones safe around water. Thanks to everyone who stopped by! It was wonderful to share important water safety messages.



UPCOMING COURSES



Bronze Medallion or Update

Darwin | 15 November 8:30am-4:30pm
(update course 8:30am-12:30pm)

CPR

Darwin | 18 November 2-4pm

First Aid (online learning + practical assessment)

Darwin | 18 November 2-6pm

First Aid Education & Childcare (online

learning + practical assessment)

Darwin | 18 November 2-7pm

In-house group training available on request

- Face-to-face First Aid
- Swim Teacher Rescue Award
- Hydrotherapy Rescue Award



Royal Life Saving NT
ABN 57 939 760 839 - RTO 0859
GPO Box 1229, Darwin NT 0801
RTO Provider #0859

Book Now



trainingmanagernt@rlssa.org.au



<https://nt.training.royallifesaving.com.au>



Royal Life Saving Northern Territory



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Goldfishbowl Swim School



From 3-13 October the Goldfishbowl Swim School welcomed Howard Springs Primary School to the pool for their first Swim & Survive program. Across the eight-day program, students embraced every challenge building confidence in the water, learning vital safety skills, and having plenty of fun along the way! It's was fantastic to have Howard Springs Primary on board, and we look forward to seeing them again in future programs.





POOL LIFESAVING



Pool lifesaving made a splash throughout October at the new sessions running at Casuarina Aquatic and Leisure Centre and Parap Pool and the Goldfishbowl Swim School. These additional training opportunities are giving more swimmers the chance to test their skills and build confidence.

A big thank you to our dedicated coaches, Carly and Dylan, for leading the sessions and inspiring the next generation of lifesavers.

Training is held each Monday at Casuarina Pool and Wednesday at Parap Pool. Come along and see what pool lifesaving is all about. For more information, email goldfishbowl@rlssa.org.au.



Pool lifesaving.
It's more than just a sport.





NATIONAL AQUATIC INDUSTRY WORKFORCE



Key insights from the National Aquatic Industry Workforce Report 2025 emphasise the importance of the National Aquatic Workforce Framework to:

- Promote the breadth of industry roles and attract a diverse workforce
- Retain and develop workers through clear career pathways
- Strengthen leadership capability and development
- Streamline professional development and reaccreditation systems and requirements

Employers are encouraged to share the available pathways and align training and development plans to support the over 50% of workers who want a long-term career in the industry.

Explore the National Aquatic Workforce Framework [here](#).
Learn more about the National Aquatic Industry Workforce Report [here](#).



ROYAL LIFE SAVING
NORTHERN TERRITORY



2025 Family Christmas Party

You and your family are invited to attend the

2025 Royal Life Saving NT Family Christmas Party

WHERE: Royal Life Saving NT

77 Ross Smith Ave Parap

WHEN: Friday 21 November 2025

TIME: 4pm-6pm

Dress code: Christmas Spirit and Royal Blue theme

Please **RSVP** by Wednesday 19 November 2025 as
Santa will be dropping in with presents for the
children

Email: finacent@rlssa.org.au

RLSSA NT – Executive Committee





CONNECT WITH US

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Ngukurr Community Pool