



Photo of the Month:
Well done to our Cool
Seniors

KICKING BACK

August 2026

EDITION #155



Welcome to the August edition of Kicking Back.



Farewell to our wonderful Miss Julie



Our Swim Teachers putting their best foot forward



Cool Seniors Month launch in Darwin

MISSION, VISION AND STRATEGY

MISSION: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

VISION: To build a healthy, strong and safe aquatic community through access to water safety education and training.

STRATEGY: Our People, Our Lifestyle, our Water

Patrons: His Honour the Honourable David Connolly and Ms Susan Brosnan OLY

President: Randall Cook

OUR PEOPLE



It's Membership renewal time, have you renewed yours?

Remember your membership is much more than a monthly newsletter, it's a commitment to making our communities safer around water! Every member makes a difference!

Membership RLSSA NT 2026/2027
[2026.2027-RLSSA-Membership-Form.pdf](#)



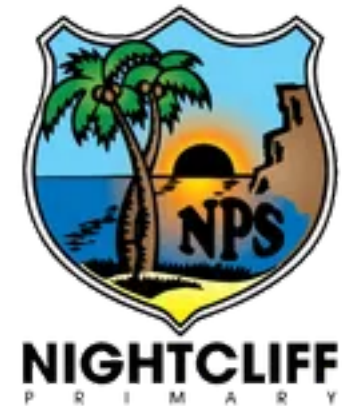


Year 1 – 3 students from Leanyer School completed their Swim & Survive program from 10 – 20 August at Casuarina Aquatic and Leisure Centre. Our Team confirmed that many new skills were learnt including some fantastic starfish floats as demonstrated by our Swim Teachers themselves!

Transition to year 6 students from Holy Family Primary School participated in their Swim & Survive program from 10 – 20 August at Casuarina Aquatic and Leisure Centre. Our Swim Teachers loved seeing the progress of the students over the two-week program.



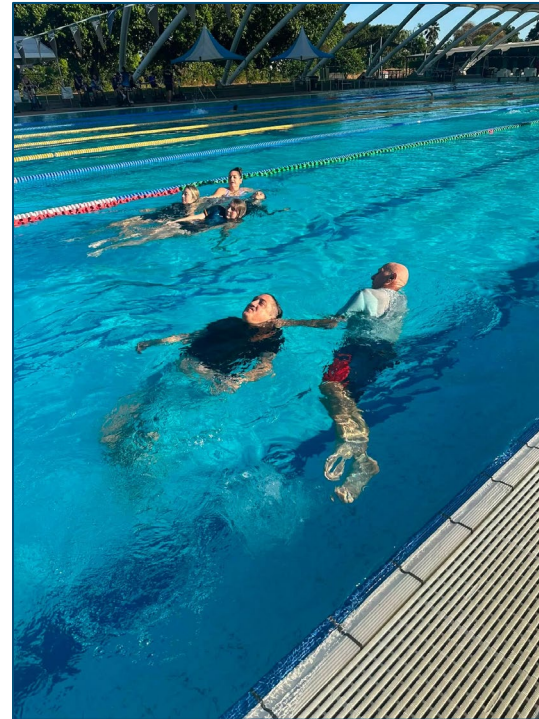
Years 2 – 6 students from Nightcliff Primary completed their 10-day Swim & Survive program at Nightcliff Pool on 7 August. Well done to all the students on their achievements throughout the fun filled program!



OUR PEOPLE



Well done to all the participants who completed their Bronze Medallion update training at Parap Pool on 8 August.
Community Lifesavers ready to go!



OUR PEOPLE



32 Nightcliff High School students in Year 9 and 10 completed their First Aid training throughout the month of August. Well done to our school-based trainer, Lisa Svara on coordinating and bringing the training together for the students. Congratulations everyone!

UPCOMING COURSES - DARWIN



Bronze Medallion or Update

Darwin | 24 October 8.30am – 4.30pm
14 November 8.30am – 4.30pm
(update course 8:30am-12:30pm)

Pool Lifeguard

Darwin | 10 & 11 October 8.30am -5pm

Pool Lifeguard Update

Darwin | 3 October 8.30am – 5.30pm

In-house group training available on request

- Face-to-face First Aid
- Swim Teacher Rescue Award
- Hydrotherapy Rescue Award



Royal Life Saving NT
ABN 57 939 760 839 - RTO 0859
GPO Box 1229, Darwin NT 0801
RTO Provider #0859

Book Now



trainingmanagernt@rlssa.org.au



<https://nt.training.royallifesaving.com.au>



Royal Life Saving Northern Territory



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UPCOMING COURSES - AUSTSWIM

AUSTSWIM TSW

90.5% of our graduates get jobs

ENROL NOW!

TEACHER OF SWIMMING AND WATER SAFETY

📅 Saturday 21 & Sunday 22 November 2026

🕒 8:30am - 5:00pm

📍 Royal Life Saving NT Office

PARAP, NT

AUSTSWIM

Become a qualified swim teacher!

The AUSTSWIM Teacher of Swimming and Water Safety course is the essential qualification for anyone wanting to teach swimming and water safety in Australia. It equips you with the practical skills, knowledge and confidence to deliver safe, effective swimming lessons and water safety education to students in a variety of aquatic environments.

Enrol today by visiting:

[Teacher of Swimming and Water Safety | SISSS00132 | AUSTSWIM](#)

OUR PEOPLE



We are very pleased to share with you that we have partnered with the Duke of Edinburgh's International Award Australia to become a Duke 4Sport Partner. We look forward to working with this partnership to better equip young Australians to succeed and make positive impacts on their workplaces and communities.

Proud to support

**THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD**

AUSTRALIA



OUR COMMUNITY



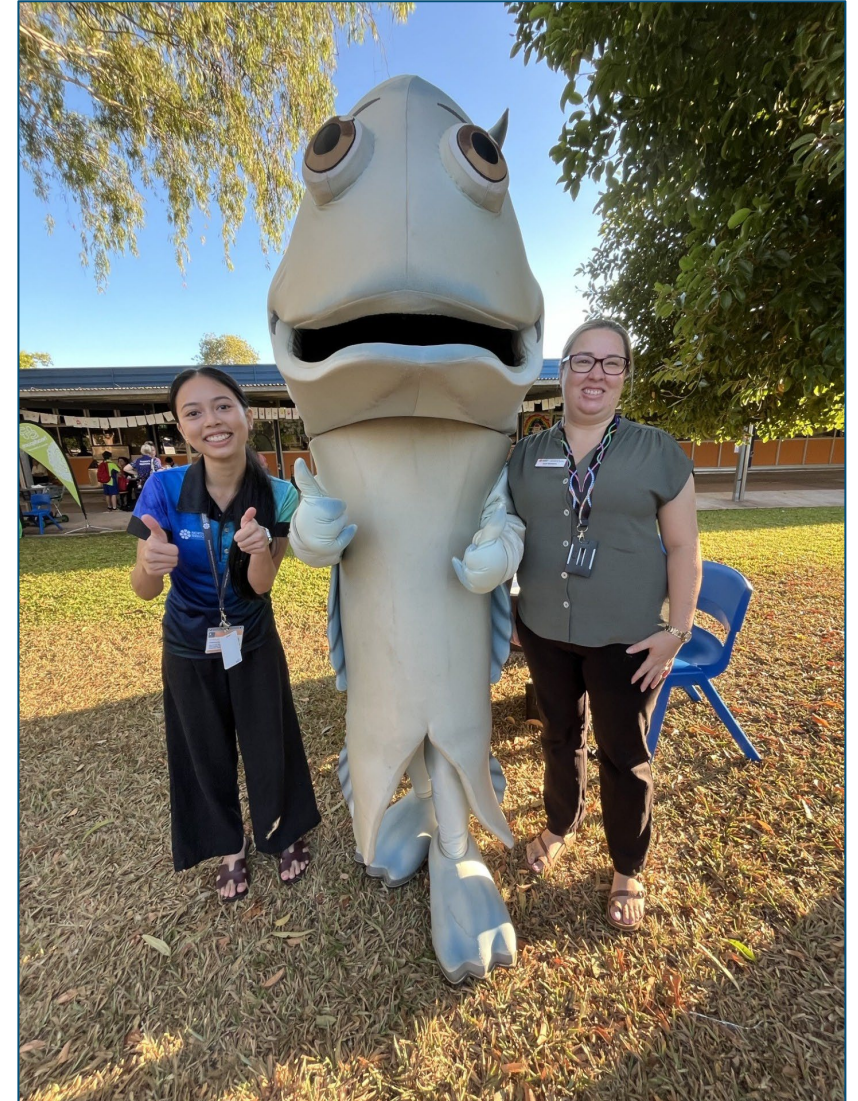
As a part of the Darwin Festival, the Teddy Bears Picnic is held each year. We were thrilled to attend this event once again on 9 August to share water safety messages to parents and carers. This event is a great opportunity to remind families about the Water Safety Awareness Program and the Learn to Swim vouchers for their children aged under 5.



OUR COMMUNITY



On 6 August we were pleased to attend the Wagaman Primary School Wellbeing Day. This was a great event which engaged the school community, stakeholders and community groups in the health and wellbeing of the community. Boof the Barra was on hand to greet all participants at the event.



OUR COMMUNITY



On 30 August we attended a family fun afternoon at the Nightcliff Pool.

This was a wonderful opportunity for us to showcase our sport of Pool Lifesaving to community members. Participants were able to try using the sport equipment including obstacles and manikin tow.

Many thanks to Ed Smelt MLA, Member for Nightcliff for inviting us to participate in this event.



OUR COMMUNITY



The Seniors Morning Tea was held on 19 August to celebrate Seniors Month and our wonderful Senior Territorians. We were thrilled to be a part of this event and enjoy the morning with some very familiar faces.

A huge thank you to the Honourable Lia Finocchiaro, Chief Minister of the Northern Territory and the Honourable Jinson Charls MLA for hosting this event.



OUR PEOPLE



Our Cool Seniors Program was held every Friday throughout the month of August incorporating the Grey Medallion and WETS (Water Exercise Tropical Style).

Congratulations to all our participants on their achievements and a special mention to our Patrons, His Honour the Honourable David Connolly and Ms Sue Brosnan OLY for finding time in their busy schedules to participate in the program.





Goldfishbowl Swim School



Term 4 bookings are now open!

Term 4 runs from 5 October until 13 December.

Visit our website to make your booking or download our app!

[learn to swim darwin, swimming lessons Darwin](https://www.learntoswimdarwin.com.au/)



How to book in at the Goldfishbowl Swim School



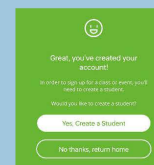
<https://www.learntoswimdarwin.com.au/>



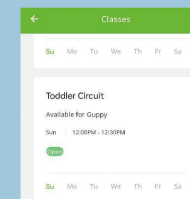
- Download IclassPro**
You can download it using the App store or Google play



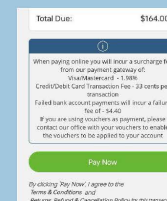
- Create an account for yourself**
Enter your details, not your child's.
The organisation is **goldfishbowl**



- Create an account for your child/ren**
Make sure you read and understand the policies before accepting



- Find an available class that suits you**
Our staff are always happy to assist you with finding the right time or level



- Pay lesson Fee**
If paying through the app, full payment is required. If using **vouchers** send them through to **gfish2@bigpond.com** before proceeding with payment so they can be taken off the total payment

Any enquires please contact us

Phone: 8931 1000
Email: gfish2@bigpond.com



Goldfishbowl Swim School



From 4 – 27 August, students of Rosebery Primary School completed their Swim & Survive program at the Goldfishbowl Swim School.

It was a fun filled four weeks of learning and skill building with many students achieving great results.

Our Swim Teachers were rewarded for their efforts by the students presenting them with hand made thank you cards at the conclusion of the program.

Well done to the Staff and students of Rosebery Primary School!





Goldfishbowl Swim School



The Holiday Intensive Program is a five-day program designed to give children extra practise, confidence and skill development through daily 45-minute lessons.

This intensive program is suitable for children aged from 5 years to 12 years.

\$110 for the 5-day program.

If you are using Sports Vouchers as payment, please email them through to us
gfish2@bigpond.com

Bookings can be made via our website
[learn to swim darwin, swimming lessons
Darwin](http://learn to swim darwin, swimming lessons Darwin)

HOLIDAY INTENSIVE

Swim — and — SURVIVE

5-Day Intensive 45-Minute Lessons

Monday 28th September to Friday 2nd October



WATER SAFETY AWARENESS PROGRAM

Help your child build essential water safety skills.

Follow the steps below to obtain access to the government funded swimming vouchers – this program is for children under the age of five

Step 1 – Apply for the WSAP Program

Register your child online:

<https://nt.gov.au/leisure/sport/sport-and-swim-vouchers/learn-to-swim-vouchers-for-your-child/water-safety-awareness-program-registration-form>

Step 2 – Receive Your WSAP voucher Number

You will receive a unique WSAP voucher number.

📌 Keep this in a safe place — it stays the same for your child **until they turn 5.**

Step 3 – Complete the Emergency Care Session

Complete the online Emergency Care Session to receive a one-off \$50 Water Safety Awareness Program voucher. The link to this session will be emailed to you along with your child's Water Safety Awareness Program Voucher Number *(please allow five business days from submitting your application)*

Step 4 – Apply for Learn to Swim Vouchers

Families can apply for \$100 Learn to Swim vouchers twice per year until their child turns 5:

<https://grantsnt.nt.gov.au/grants/learn-to-swim-semester-1-jan-to-may-2026>

You will require your Water Safety Awareness Program Voucher Number to complete this application.

👤 These vouchers can be used to help cover the cost of children's swimming lessons and can be used in conjunction with the once off \$50 Water Safety Awareness Program Voucher.

Email wsap@rlssa.org.au for further information

183

children aged 0-4
years drowned over
the past ten years



**SUPERVISE
CHILDREN**



NATIONAL AQUATIC INDUSTRY WORKFORCE



Have you considered how stress, conflict or workplace culture can impact the wellbeing of aquatic industry staff?

Recent workforce insights have shown that aquatic facility workers experience higher rates of occupational violence and aggression (OVA) and that staff deal with an estimated 2,500 incidents of abuse each year.

Royal Life Saving has developed an online module which introduces aquatic facility staff to the fundamentals of identifying, managing and reducing psychosocial hazards in the workplace

Learn more about the Psychosocial Safety in the Aquatic Industry online module [here](#)

CONNECT WITH US



Connect with us



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royallifesaving.com.au

Farewell to our wonderful Miss Julie