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**KEEP
WATCH**

12-36 MONTHS
PREVENT YOUR CHILD FROM DROWNING

Prevent drowning of 12-36 month olds:

ACTIVELY SUPERVISE

RESTRICT ACCESS TO WATER

**ESTABLISH RULES
AROUND WATER**

PARENTS LEARN CPR

EVERYONE CAN BE A LIFESAVER



Royal Life Saving
ROYAL LIFE SAVING SOCIETY - AUSTRALIA





Every year 29 children between the ages of 12 and 36 months drown in Australia. Many occur in a few seconds when parents and carers are distracted. Active adult supervision is essential in protecting your child from drowning.

Over 50% of all drowning deaths occur in home swimming pools posing the greatest drowning risk. Children commonly access the pool through a faulty fence, a propped open gate or by climbing on objects such as a table or BBQ.

ACTIONS TO PREVENT YOUR CHILD 12-36 MONTHS FROM DROWNING INCLUDE: (✓)

- Always actively supervise children around water
- Supervising adult should have physical contact or be within arms' reach of the child
- Ensure pool fence is correctly installed, regularly maintained & gate is never left open
- Create a safe play area to restrict a child's access to water around the home
- Establish simple rules such as no going near water without an adult
- Enrol your child in water familiarisation lessons
- Learn CPR. Enrol in a course or update your skills
- Empty buckets and containers that can hold water around the home

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NSW GOVERNMENT

**For more information visit
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