

Australian Pool Lifesaving Championships 2013 - 18/01/2013 to 20/01/2013**Session Report**

Session: 1 Day 1 - Fri 18 Jan

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 180 Seconds / Manikin Carry +15 Seconds

Round	Event
Finals	1 Men Under 14 100 Obstacles
Finals	2 Women Under 14 100 Obstacles
Finals	3 Men 30 & Over 100 Obstacles
Finals	4 Women 30 & Over 100 Obstacles
Finals	5 Men Under 16 200 Obstacles
Finals	6 Women Under 16 200 Obstacles
Finals	7 Men Under 19 200 Obstacles
Finals	8 Women Under 19 200 Obstacles
Finals	9 Men Open 200 Obstacles
Finals	10 Women Open 200 Obstacles
Finals	11 Mixed Under 16 4x50 Obstacles Relay
Finals	12 Mixed Under 19 4x50 Obstacles Relay
Finals	13 Men Open 4x50 Obstacles Relay
Finals	14 Women Open 4x50 Obstacles Relay
Finals	15 Men Under 14 100 Manikin Carry
Finals	16 Women Under 14 100 Manikin Carry
Finals	17 Men Under 14 10 Line Throw
Finals	18 Women Under 14 10 Line Throw
Finals	19 Men Under 16 200 Superlifesaver
Finals	20 Women Under 16 200 Superlifesaver
Finals	21 Men Under 19 200 Superlifesaver
Finals	22 Women Under 19 200 Superlifesaver
Finals	23 Men Open 200 Superlifesaver
Finals	24 Women Open 200 Superlifesaver
Finals	25 Men Under 14 50 Manikin Carry
Finals	26 Women Under 14 50 Manikin Carry
Finals	27 Men Under 14 50 Manikin Tow
Finals	28 Women Under 14 50 Manikin Tow
Finals	29 Men Open 100 Rescue Medley
Finals	30 Women Open 100 Rescue Medley

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Session: 2 Day 2 - Sat 19 Jan

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 180 Seconds / Manikin Carry +15 Seconds

Round	Event
Finals	31 Men Under 16 100 Manikin Tow
Finals	32 Women Under 16 100 Manikin Tow
Finals	33 Men Under 19 100 Manikin Tow
Finals	34 Women Under 19 100 Manikin Tow
Finals	35 Men Open 100 Manikin Tow
Finals	36 Women Open 100 Manikin Tow
Finals	37 Men 30 & Over 100 Manikin Tow
Finals	38 Women 30 & Over 100 Manikin Tow
Finals	39 Mixed Under 16 4x50 Medley Relay
Finals	40 Mixed Under 19 4x50 Medley Relay
Finals	41 Men Open 4x50 Medley Relay
Finals	42 Women Open 4x50 Medley Relay
Finals	43 Mixed Under 16 4x25 SERC Relay
Finals	44 Mixed Under 19 4x25 SERC Relay
Finals	45 Mixed Open 4x25 SERC Relay
Finals	46 Men Under 16 180 CPR
Finals	47 Women Under 16 180 CPR
Finals	48 Men Under 19 180 CPR
Finals	49 Women Under 19 180 CPR
Finals	50 Men Open 180 CPR
Finals	51 Women Open 180 CPR

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Session: 3 Day 3 - Sun 20 Jan

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 180 Seconds / Manikin Carry +15 Seconds

Round	Event
Finals	52 Men Under 16 100 Manikin Carry
Finals	53 Women Under 16 100 Manikin Carry
Finals	54 Men Under 19 100 Manikin Carry
Finals	55 Women Under 19 100 Manikin Carry
Finals	56 Men Open 100 Manikin Carry
Finals	57 Women Open 100 Manikin Carry
Finals	58 Men 30 & Over 100 Manikin Carry
Finals	59 Women 30 & Over 100 Manikin Carry
Finals	60 Men Under 16 12 Line Throw
Finals	61 Women Under 16 12 Line Throw
Finals	62 Men Under 19 12 Line Throw
Finals	63 Women Under 19 12 Line Throw
Finals	64 Men Open 12 Line Throw
Finals	65 Women Open 12 Line Throw
Finals	66 Men 30 & Over 12 Line Throw
Finals	67 Women 30 & Over 12 Line Throw
Finals	68 Men Under 16 50 Manikin Carry
Finals	69 Women Under 16 50 Manikin Carry
Finals	70 Men Under 19 50 Manikin Carry
Finals	71 Women Under 19 50 Manikin Carry
Finals	72 Men Open 50 Manikin Carry
Finals	73 Women Open 50 Manikin Carry
Finals	74 Men 30 & Over 50 Manikin Carry
Finals	75 Women 30 & Over 50 Manikin Carry
Finals	76 Mixed Under 16 4x25 Manikin Carry Relay
Finals	77 Mixed Under 19 4x25 Manikin Carry Relay
Finals	78 Men Open 4x25 Manikin Carry Relay
Finals	79 Women Open 4x25 Manikin Carry Relay
Finals	80 Mixed Open 8x50 Fin Relay