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KEEP WATCH

3 TO 5 YEARS
PREVENT YOUR CHILD FROM DROWNING

Prevent drowning of 3 to 5 year olds:
ACTIVELY SUPERVISE
RESTRICT ACCESS TO WATER
WATER AWARENESS CLASSES
PARENTS LEARN CPR

EVERYONE CAN BE A LIFESAVER



Royal Life Saving
ROYAL LIFE SAVING SOCIETY - AUSTRALIA





Ten children between the ages of 3 and 5 years drown every year in Australia. Almost 50% of all drowning deaths occur in home swimming pools. Boys in this age group are twice as likely to drown than girls.

Restricting access to water, particularly in homes with swimming pools or easy access to water is vital. Correctly install and regularly maintain pool fencing and create a safe play area near the home. These years are a good time to enrol in learn to swim classes.

ACTIONS TO PREVENT YOUR 3-5 YEAR OLD FROM DROWNING INCLUDE: (✓)

- Always actively supervise children around water
- Supervising adult should always be within arms' reach of the child in and around water
- Ensure pool fence is correctly installed, regularly maintained & gate is never left open
- Create a safe play area to restrict a child's access to water around the home
- Enrol your child in water familiarisation lessons and learn to swim classes
- Establish simple rules such as no going near water without an adult
- Learn CPR. Enrol in a course or update your skills

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