

NATIONAL SWIMMING AND WATER SAFETY FRAMEWORK – AT A GLANCE

The National Swimming and Water Safety Framework aims to enable individuals to develop the skills, knowledge, understanding, attitudes and behaviours required to lead safe and active lives in, on and around a range of aquatic environments.

The Framework encourages participation from the early years and will be a catalyst for lifelong learning and participation in swimming and water safety. The Framework supports a structured and consistent understanding of swimming and water safety education across Australia.

GUIDING PRINCIPLES

These six principles underpin the Framework.

01.

Everyone should have the opportunity to a swimming and water safety education

02.

Entry and progression may occur at different stages and rates through the Framework

03.

The Framework is adaptable to support achievement

04.

Structured programs are essential; however, aquatic play and recreation are also important

05.

Learning should transition skills and knowledge to a range of aquatic environments and water-based activities

06.

The language of the Framework aims to be accessible for all facilitators, educators and parents

INTENDED USE

Guides those who influence learning opportunities and are responsible for developing, providing or selecting a swimming and water safety program.



Government



Education Sector



Swim Schools



**Swimming and Water
Safety Teachers**



Parents



Individuals

ELEMENTS

Together, these interrelated elements support holistic swimming and water safety education.



Knowledge and Understanding



Skills and Abilities



Attitudes and Behaviours

STRANDS

These key learning areas reflect a broad and balanced curriculum of swimming and water safety.



HAZARDS AND PERSONAL SAFETY



ENTRY AND EXIT



FLOTATION



SWIMMING



UNDERWATER



LIFESAVING



RESCUE



SURVIVAL SEQUENCE

STAGES

The development stages that an individual can progress through as they build confidence and competence in swimming and water safety.

Fundamental Stage



At this stage an individual may have limited or no experience in swimming and water safety.

Acquisition Stage



At this stage an individual is building on the foundation skills through practice and working towards developing the minimum competencies to be safer in and around water.

Application Stage

At this stage an individual is extending their skill level competency to safely participate in a range of aquatic activities in varying aquatic environments.

You can find more information on the Framework here:

<https://www.royallifesaving.com.au/programs/national-swimming-and-water-safety-framework>



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